Human ApoD, an apolipoprotein up-regulated in neurodegenerative diseases, extends lifespan and increases stress resistance in Drosophila

Julien Muffat*,†, David W. Walker*‡§, and Seymour Benzer*¶

*Division of Biology, California Institute of Technology, Pasadena, CA 91125; and †University of Paris VI Pierre et Marie Curie, Paris 75006, France

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Apolipoprotein D (ApoD) expression increases in several neurological disorders and in spinal cord injury. We provide a report of a physiological role for human ApoD (hApoD): Flies overexpressing hApoD are long-lived and protected against stress conditions associated with aging and neurodegeneration, including hyperoxia, dietary paraquat, and heat stress. We show that the fly ortholog, Glial Lazarillo, is strongly up-regulated in response to these extrinsic stresses and also can protect in vitro-cultured cells in situations modeling Alzheimer’s disease (AD) and Parkinson’s disease (PD). In adult flies, hApoD overexpression reduces age-associated lipid peroxide accumulation, suggesting a proximal mechanism of action. Similar data obtained in the mouse [Ganforfonna, M.D., et al., (2008) Apolipoprotein D is involved in the mechanisms regulating protection from oxidative stress. Aging Cell 10.1111/j.1474-9726.2008.00395.] as well as in plants (Charron et al., personal communication) suggest that ApoD and its orthologs play an evolutionarily conserved role in response to stress, possibly managing or preventing lipid peroxidation.

Apolipoprotein D (ApoD) is a small, soluble lipid carrier found in most human tissues, but especially in glia of the nervous system (1–4). The protein is highly conserved among mammals, and close homologs also can be found in plants and bacteria, implying an important basic function. ApoD is elevated in many pathological situations, including Alzheimer’s disease (AD), Parkinson’s disease (PD), stroke, schizophrenia, and bipolar disorder (5–11). In AD, it can be found in amyloid plaques within the brains of patients (12). It is up-regulated 500-fold at the site of the sciatic nerve crush injury in the rat (13, 14). In vitro evidence indicates that it can carry membrane lipids, such as arachidonic acid and sterols (15–18), and may be involved in the clearance and/or repair of damaged membranes, perhaps quenching harmful material released by neurons and glial cells in response to damage or recruiting lipids to expanding membranes. In the etiology of many of the disorders in which ApoD is elevated, oxidative stress is thought to play an important part (19, 20). For example, in AD, β-amyloid (Aβ42) is known to produce free radicals and hydrogen peroxide, which can in turn damage surrounding cells (21), causing an accumulation of lipid peroxides and protein carbonylation adducts. Recently, mitochondrial oxidative stress also has been implicated in the genesis of hyperphosphorylated τ, another canonical feature of AD (22).

In an unbiased screen to identify genes that protect Drosophila against hyperoxia (100% O2), we discovered that transgenic overexpression of a fly ortholog of ApoD, Glial Lazarillo (GLaz), could protect against a range of extrinsic stresses and extend the lifespan (23). The relatively high level of homology between human ApoD (hApoD) and GLaz led us to propose GLaz as a fly model of ApoD [see supporting information (SI) Fig. S1] (24, 25). We asked whether this effect of GLaz overexpression could provide insight into the role of ApoD up-regulation in neurological disorders because, to date, no correlation had been established between high ApoD levels and protection against degeneration. In the first part of this article, we demonstrate, in our transgenic system, that hApoD can protect Drosophila under stress conditions relevant to pathological processes and extend the lifespan. Overexpression of hApoD also reduces the age-related accumulation of lipid peroxides.

We show that, in adult flies, extrinsic stressors also induce GLaz expression, reinforcing the notion that GLaz, the fly ortholog of ApoD, also is part of a canonical stress response. Moreover, GLaz overexpression in Drosophila S2 cell cultures can protect against Aβ42-induced cytotoxicity and paraquat, suggesting that the elevation of ApoD in AD or PD may play a role in salvaging neurons under oxidative stress. This study looks at the targeted effects of overexpressed hApoD on stress resistance and longevity in a model organism.

Results

Generation of hApoD Transgenic Flies. We generated two independent lines carrying hApoD cDNA under the control of GAL4-binding sites (UAS) by using a gateway-modified pUASt expression vector. In the line UAS-hApoD1, hApoD cDNA is fused with Venus Fluorescent Protein (VFP) cDNA at its C terminus, whereas in UAS-hApoD2, hApoD cDNA is fused with a C-terminal HA (influenza hemagglutinin) tag. Both insertions map to the third chromosome. In both lines, there is a GAL4-dependent increase in the amount of hApoD mRNA (Fig. 14) when driven by the ubiquitous driver Daughterless-GAL4 (Da). This mRNA was not detected in control flies (w1118) (data not shown), but there was some weak transcription in heterozygous flies lacking the driver. Fig. 1B displays the green fluorescence (at 485 nm) induced by Da on UAS-hApoD1 (Fig. 1B Lower), confirming that the C-terminus fusion allows proper folding of VFP. Da/+ flies are not fluorescent (data not shown), whereas UAS-hApoD1/+ flies have a low background level of fluorescence, consistent with the leaky transcription detected by RT-PCR. Fig. 1C shows Da/UAS-hApoD2 overexpressing the hApoD-HA fusion. Staining with an anti-HA primary antibody, followed by a FITC-conjugated secondary antibody (Fig. 1C Lower), reveals expression of the HA tag in a GAL4-dependent fashion. Although we know from the RT-PCR result that some hApoD-HA is transcribed, no fluorescent signal was observed in


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To whom correspondence may be addressed. E-mail: julien@caltech.edu or davidwalker@ucla.edu.

‡Present address: Department of Physiological Science, University of California, Los Angeles, CA 90095.


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UAS-hApoD/H11001 flies (Fig. 1C Upper) probably because of the lower detection sensitivity of this protocol.

hApoD Overexpression Extends Normal Lifespan in Drosophila. In humans, hApoD is known to be up-regulated with age possibly in response to accumulated damage (7). We used the ubiquitous Da to strongly drive expression of UAS-hApoD transgenes in the whole organism. By using the fact that GAL4 expression is reduced at lower temperatures (26), expression was minimized during early development by raising the larvae and pupae at 18°C on standard food (27). Crosses of w1118 to either transgene or driver were used as genetic controls and also raised at 18°C on standard food. For all genotypes, we raised adult flies on standard food at 25°C and followed their survival. Flies overexpressing hApoD (Da/UAS-hApoD1) had 40% longer median lifespans (Fig. 2A) than the longest-lived control (UAS-hApoD1/H11001). For UAS-hApoD2, the median lifespan was increased by 41% (Fig. 2B). In each case, maximum lifespan also was improved.

Overexpression of hApoD Protects Drosophila Against Various Extrinsic Stresses. We next exposed the hApoD transgenic flies and their genetic controls to 100% O2 for their entire adult lives in the paradigm originally used to isolate GLaz as a stress-resistance gene. As previously shown (28), such an exposure, for normal flies, results in mitochondrial damage consistent with elevated oxidative stress, as well as apoptotic muscle degeneration and death within a week. This treatment can be considered to be a model of accelerated pathological aging. Flies overexpressing UAS-hApoD1 (Da/UAS-hApoD1) throughout adult life lived on average 36% longer than the longest-lived control (UAS-hApoD1/H11001) under hyperoxia (Fig. 3A). Da/UAS-hApoD2 flies lived 25% longer than UAS-hApoD2/H11001 flies (Fig. 3B) under the same conditions. Maximum lifespans also were improved significantly.

Next, we assessed whether hApoD overexpression increases resistance to dietary paraquat, which is thought to target complex I of the mitochondrial respiratory chain, thereby producing deleterious reactive oxygen species. Paraquat has been used to model PD (29). When hApoD was overexpressed in flies exposed to 20 mM paraquat (see Materials and Methods), there was a 40% longer median survival on paraquat in Da/UAS-hApoD1 flies (Fig. 4A).

**Fig. 1.** Generation of two hApoD transgenic lines by using the UAS/GAL4 system. (A) RT-PCR shows hApoD driven by Da in each strain compared with control strains. (B) Horizontal cryosection through Da/UAS-hApoD1 shows strong, ubiquitous green VFP signal (the red color is due to cuticle autofluorescence). Normal signal is seen in UAS-hApoD1/H11001 control flies. (C) Horizontal cryosection through Da/UAS-hApoD2, which carries the HA-tag. Green fluorescence (FITC) reveals the presence of hApoD, stained by HA antibody, in most tissues (less intense than the VFP marker).

**Fig. 2.** Overexpression of hApoD extends normal lifespan of Drosophila. Survival was recorded on standard food in normoxia at 25°C. (A) Da/UAS-hApoD1 flies had a 40% longer median lifespan than UAS-hApoD1/H11001 controls ($P<0.001$). Maximum lifespan also was improved by 20%. (B) Da/UAS-hApoD2 flies had a 41% longer median lifespan than UAS-hApoD2/H11001 controls ($P<0.001$). Maximum lifespan also was improved by 19%.

**Fig. 3.** Overexpression of hApoD protects against hyperoxia in Drosophila. Survival was recorded on standard food in 100% O2 at 25°C. (A) Da/UAS-hApoD1 flies had a 25% longer median lifespan than UAS-hApoD1/H11001 controls ($P<0.001$). Maximum survival also was improved by 20%. (B) Da/UAS-hApoD2 flies had a 20% longer median survival than UAS-hApoD2/H11001 controls ($P<0.001$). Maximum survival also was improved by 15%.
increased. All of the control fly genotypes were dead within 30 h, while the population were not affected. Heat stress was tested by exposing the flies in standard food vials to 37°C. (A) Da/UAS-hApoD1 flies had a median lifespan 35% longer than UAS-hApoD1/+ controls (Fig. S3A), and Da/UAS-hApoD2 lived on average 40% longer than UAS-hApoD2/+ controls at 37°C (Fig. S3B). In this case, maximum lifespan also increased. All of the control fly genotypes were dead within 30 h, whereas hApoD overexpressers survived to the 38-h mark.

**hApoD Overexpression Reduces Accumulation of Lipid Peroxides in Old Flies.** Lipid peroxides are formed when free radicals such as superoxide produced by mitochondria react with membrane and storage lipids (30). These lipid peroxides alter the normal properties of the membrane and impair cellular function. Their accumulation is a measure of oxidative stress (31), and we observed that lipid peroxides normally accumulate in wild-type Canton-S (CS) flies over the course of their life (data not shown). Here we report that hApoD appears to function, at least in part, by constraining lipid peroxides. Whereas control flies displayed a significantly increased lipid peroxide burden between days 4 and 40 of adult life, flies overexpressing hApoD1 or hApoD2 clearly accumulate less, maintaining the levels of younger flies (Fig. 4). These data do not address whether the reduction is at the level of generation of lipid peroxides or on their clearance.

**Up-Regulation of the Fly Ortholog of hApoD, GLaz, by Extrinsic Stress.** Given the up-regulation of hApoD in various diseases involving chronic stress, as in the degeneration seen in stroke, AD, or PD, we wondered whether individual stresses also would regulate expression of the fly ortholog in our model in situations of acute exposure and within a short timeframe.

Flies lacking GLaz are particularly sensitive to paraquat treatment (32), whereas flies overexpressing GLaz have enhanced resistance (J.M., unpublished data). Paraquat feeding can be viewed as a model of environmentally induced neurodegeneration. We compared, by quantitative real-time PCR (qRT-PCR), the levels of GLaz mRNA in flies fed paraquat plus sucrose to flies fed sucrose only over the course of 12 h (Fig. 5A). Even at the earliest time point of 2 h, GLaz was dramatically up-regulated, with a 7-fold induction over its normal level. This transcriptional induction decreased gradually, but was still up-regulated 3-fold at 12 h.

We subsequently performed qRT-PCR on GLaz mRNA on young wild-type flies (CS) exposed to 100% O2, compared with flies remaining under normoxic conditions. The transcript abundance of GLaz (Fig. S5B) is strongly regulated by hyperoxia exposure. Remarkably, the GLaz transcript signal rapidly increased 12-fold in the first 2 h and continued to be elevated 5-fold after 10 h.

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**Fig. 4.** hApoD overexpression reduces lipid peroxide accumulation in old Drosophila. Adult flies were maintained on standard food at 25°C. (A) Da/UAS-hApoD1 flies did not display any significant increase in lipid peroxide burden at 40 days of age, whereas control flies saw this burden increase 2-fold during the same period (***, P < 0.005, t test). (B) Similar results were found with the Da/UAS-hApoD2 flies compared with controls (***, P < 0.005, t test).

**Fig. 5.** Induction of GLaz mRNA in wild-type flies (CS) by extrinsic stress. Data represent fold increase in GLaz mRNA levels compared with flies in control conditions, assessed by qRT-PCR (t = 0, normoxia, standard food). (A) On 5% sucrose/20 mM paraquat, demonstrating a dramatic up-regulation of GLaz mRNA. Induction peaked at 7-fold after 2 h and decreased back to 3-fold after 12 h (control: t = 0, no paraquat). (B) In 100% O2 on standard fly food. GLaz mRNA induction peaked at 12-fold after 2 h and stabilized at 6-fold after 10 h. (C) At 37°C on standard fly food. GLaz mRNA was induced 4.5-fold at 2 h and remained up-regulated 2-fold after 4 h. During the time frame of each experiment, no death occurred. All values were normalized by using housekeeping genes rp49 and TBP as references (see Materials and Methods). Values are averages of three independent experiments ± SEM. Student’s t test performed on the Ct values yielded P values (***, P < 0.005).
Discussion

These observations are in agreement with a conserved regulation and function of ApoD and its homologs under stressful conditions. The results obtained with heat stress point to the well-recognized overlap in regulation of the oxidative stress response and the heat-shock pathway (35). More studies are needed to establish to what extent the expression of GLaz is under control of the heat shock or other stress-inducible pathways. Because many of the pathological situations where ApoD is up-regulated in mammals also are thought to involve oxidative stress and induction of the heat-shock pathway, this line of investigation is important. It also is intriguing to ask whether such direct stress responses can be observed in mammalian systems. In a recent study of mouse ApoD in cultured cells, the authors observed the induction of mouse ApoD by similar stress conditions (36), along with a thought-provoking translocation to the nucleus. Up-regulation of the plant ortholog (atTL) also is seen upon exposure to temperature stress. In a previous study of gene expression, changes after exposure of Drosophila to hyperoxia (37) alterations in GLaz expression were not found. However, a critical difference between that study and ours is that we looked for changes after very short exposures to hyperoxia, whereas they examined the gene expression after 7 days under hyperoxia. Note that the levels of induction of GLaz observed here are similar to the 7-fold overexpression we induced in flies using the UAS/GAL4 system in a previous study (23). That overexpression was beneficial to the organism over its entire life. The inductions we observe occur very early in a process that will eventually lead to death, whether by heat or oxidative stress.

In transgenic flies, we observe a remarkable increase in lifespan and multistress resistance in hApoD overexpressors. Independently of the results obtained for GLaz and the homology that rooted our interest, these results clearly indicate a beneficial function of hApoD and may explain its up-regulation in various disorders. Such an up-regulation may limit cumulative processes, typical of age-related disorders, such as lipid peroxidation, protein carbonylation, or DNA modifications. This may take effect by either accelerating recycling or preventing formation of adducts in the first place. Other lipocalins have been identified as direct scavengers of potentially harmful lipophilic molecules (38). Our results with Drosophila S2 cells support the idea that ApoD homologs also may protect cells in acute stress situations, providing a possible beneficial role for chronic ApoD secretion by astrocytes in the brains of patients with AD or PD and its acute secretion by glia in crushed peripheral nerves. As neurons strive to regenerate damaged neurites, glial cells known to express ApoD could provide local trophic support or sequester arachidonic acid, thereby tempering inflammation. The non-cell-autonomous aspect is exemplified by our cell culture results, where a majority of cells are protected regardless of whether they express the transgenes. In humans, lipoproteins produced outside of the nervous system do not pass the blood–brain barrier, therefore it is likely that glial cells would be the most important reservoir of ApoD in stressful conditions and could modulate the levels of this protein in the CSF.

We provide evidence that hApoD is more than a neutral bystander, let alone a deleterious actor, in pathological situations in an animal model. This article strongly suggests that induction of ApoD might be worthy of investigation as a possible therapeutic tool for a range of age-related diseases, including AD.

Materials and Methods

Drosophila Strains. Da-Gal4 (Da) was obtained from the Drosophila Stock Center (Bloomington, IN). The Drosophila strain white1118 was used in all control crosses, as the background for generation of transgenic lines, and to outcross (10 times) the driver line Da. CS flies were used as wild type for the...
GLaz mRNA-induction experiments. Male flies were used throughout the study.

**Histochemistry.** Whole flies were frozen in OCT medium, and horizontal serial 10-μm cryosections were prepared. For VFP detection, the sections were immediately mounted in DAPI-glycerol and imaged by using a Zeiss Axiosimager with Apotome (10×). For HA detection, the sections were fixed in 4% paraformaldehyde, washed in PBS, incubated with a rabbit anti-HA primary (1:100), and stained with FITC-conjugated anti-rabbit (1:250). Control sections were stained with the secondary antibody alone.

**Lifespans.** All crosses, including controls, were performed at 18°C to minimize the effects of GAL4 during development. After eclosion, the adults were maintained at 25°C. For each lifespan experiment, at least 100 two-day-old males were separated from females while anesthetized in 100% N2. Then 20–30 flies were put in a single vial containing standard food (27) and transferred in frames with the HA fresh a vial, and the number of dead flies was recorded. Survival curves were analyzed by using the Graphpad Prism 4 software yielding P values from a log-rank test.

**Expression to Hyperoxia.** Two-day-old adult males, 20–30 flies per vial containing standard food, were maintained in a 28 × 28 × 24-inch Plexiglas enclosure at room temperature (22–24°C). O2 (100%) was passed through the box at a constant rate of 300 ml/min.

**Parachute Feeding.** For each experiment, at least 100 two-day-old flies, at 20–30 flies per vial, were transferred daily to fresh medium, and the number of dead flies was recorded approximately every 2 h. For controls, the vials contained 5 ml of 1% agar and 5% sucrose, whereas parachute vials contained the same food with 20 mM parachute added.

**Generation of Transgenic Flies.** hApoD cDNA was kindly provided by Elizabeth Thomas and J. Gregor Sutcliffe (University of California at San Diego, La Jolla, CA) in a pCDNA3.1 vector and amplified by PCR. The cDNA was then subcloned into an entry vector for the Gateway system (Invitrogen) using the TOPO system. Following the manufacturer's instructions, the cDNA fragments were recombined into a modified pUAS vector (Murphy Laboratory, Carnegie Institution, Washington, DC), putting the hApoD cDNA (without STOP codon) 3′ of UAS repeats. A 2× HA tag motif or UAS sequence. The purified vectors were sequence-verified and injected into w1118 embryos, and the w+ transformants were selected and mapped.

**qRT-PCR and RT-PCR.** Total RNA was extracted from 40 wild-type flies (CS) by using TRIzol reagent (Invitrogen). RNA concentration was measured with a Nanodrop spectrophotometer, and sample concentrations were normalized. The Retrospect kit (Ambion) was used according to the manufacturer’s instructions by using oligo-dT primers. For RT-PCR of hApoD and actin, primers were designed and the products were run on a 0.8% agarose gel. For qRT-PCR of GLaz, total cDNA from CS flies exposed to the various test conditions was amplified by using a set of primers specific for GLaz, giving 100-bp amplicon spanning the first intron–exon boundary of the gene. The controls were rp49 and TBPhased to normalize the cDNA amounts. SYBR green mix (Bio-Rad) was used to monitor DNA amount during the PCR for 40 cycles by using an iQ5 software yielding P values from a log-rank test.

**Exposure to Hyperoxia.** Two-day-old adult males, 20–30 flies per vial containing standard food (27) and transferred in frames with the HA fresh a vial, and the number of dead flies was recorded. Survival curves were analyzed by using the Graphpad Prism 4 software yielding P values from a log-rank test.

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**Lipid Peroxidation Assay.** We used the LPO-586 assay (OxiSelect Research) per the manufacturer’s instructions. Each sample consisted of 50 flies of each genotype and age in triplicates. Flies were homogenized in PBS with added butylated hydroxytoluene (preventing additional lipid peroxidation during sample preparation). After centrifuging insoluble components (13,000 g for 10 min), the clear supernatant was incubated with the assay reagents, and a blank was prepared incubating the same sample with acetonitrile instead. Again the incubated samples were spun down, and triplicate 250-μl aliquots of each sample were loaded onto a 96-well plate. Absorbance was read at 586 nm. Absorbance values of the blanks were subtracted from each sample value. A standard provided by the manufacturer was used to generate a standard curve and give a nanomolar concentration of malonyldialdehyde and 4-hydroxyxynonenal corresponding to the absorbances. All amounts were subsequently normalized to protein concentrations of each sample established by using a Bradford assay (Bio-Rad), yielding values in nmol/mg of total protein.

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