Complexin II plays a positive role in Ca\textsuperscript{2+}-triggered exocytosis by facilitating vesicle priming

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SNARE-mediated exocytosis is a multistage process central to synaptic transmission and hormone release. Complexins (CPXs) are small proteins that bind very rapidly and with a high affinity to the SNARE core complex, where they have been proposed recently to inhibit exocytosis by clamping the complex and inhibiting membrane fusion. However, several other studies also suggest that CPXs are positive regulators of neurotransmitter release. Thus, whether CPXs are positive or negative regulators of exocytosis is not known, much less the stage in the vesicle life cycle at which they function. Here, we systematically dissect the vesicle stages leading up to exocytosis using a knockout-rescue strategy in a mammalian model system. We show that adenral chromaffin cells from CPX II knockout mice exhibit markedly diminished releasable vesicle pools (comprising the readily and slowly releasable pools), while showing no change in the kinetics of fusion pore dilation or morphological vesicle docking. Overexpression of WT CPX II—but not of SNARE-binding-deficient mutants—restores the size of the releasable pools in knockout cells, and in WT cells it markedly enlarges them. Our results show that CPXs regulate the size of the primed vesicle pools and have a positive role in Ca\textsuperscript{2+}-triggered exocytosis.

Properly regulated exocytosis is important for the release of neurotransmitters and hormones from membrane-delimited vesicles. Secretory vesicles must dock at the plasma membrane and then undergo priming or maturation to become “readily releasable”—that is, competent to fuse rapidly with the plasma membrane in response to a Ca\textsuperscript{2+} trigger. It is generally accepted that exocytosis is mediated by SNARE proteins, whose function is fine tuned through interaction with other proteins (1). Three SNARE proteins comprise the minimal machinery underlying vesicle fusion: one vesicle membrane protein synaptobrevin (also called VAMP: vesicle-associated membrane protein) and the two plasma membrane proteins, syntaxin and SNAP-25 (2–4). These 3 proteins form a stable 4-helical bundle called the SNARE core complex that drives intracellular membrane fusion. Although in vitro studies have shown that these 3 SNARE proteins alone suffice to fuse the membranes of artificial liposomes, the rate of such fusions is orders of magnitude slower than fusion in regulated exocytosis, which takes place on a millisecond time scale (5, 6), indicating that additional factors are involved in fast regulated secretion.

Complexin (CPX) is a small neuronal protein that binds very rapidly (≈5 \times 10\textsuperscript{10} M\textsuperscript{-1}s\textsuperscript{-1}) and with a 1:1 stoichiometry and high affinity to the SNARE core complex (7–12), which is indicative of a regulatory role in fast exocytosis. Four CPX isoforms have been identified in vertebrates, CPX I - IV (13). They all are enriched particularly in the nervous system, where they exhibit a differential distribution, but some CPXs are also found in other tissues (7, 13). The function of CPXs in regulated exocytosis is still a matter of controversy. Several early studies indicated that CPXs play a negative role in regulated exocytosis. Injection of recombinant CPX II caused depression of release, presynaptic injection of anti-CPX II antibody into Aphyis baccal ganglia neurons stimulated neurotransmitter release (14), and overexpression of CPX I or CPX II in PC12 cells was reported to suppress acetylcholine (ACH) release (15). More recent studies showed that cell–cell fusion of cells that express SNAREs facing extracellularly is inhibited by CPX (16–18) and that overexpression of a synaptobrevin CPX fusion protein, which is thought to cause high presynaptic levels of CPX, inhibits synaptic transmission (19). The inhibitory role of CPX was further supported by the result that spontaneous release was increased in the Drosophila neuromuscular junction where CPX was knocked out (20). In addition, data on bovine chromaffin cells overexpressing CPX II were interpreted to indicate a role of CPXs in the regulation of fusion pore dynamics (21). Taken together, these data led to the notion that CPXs play an inhibitory role in fusion by clamping SNARE complexes.

Other studies, however, indicate that CPXs play a positive role in regulated exocytosis. In pancreatic β-cells, insulin secretion is enhanced by overexpressing CPX I, and decreased by silencing CPX I expression with RNA interference (22). In mast cells, a knockdown of CPX II also led to suppressed secretion (23). CPX I/II double knockout neurons displayed dramatically reduced neurotransmission, associated with a change in the apparent Ca\textsuperscript{2+} sensitivity of exocytosis (24). And distinct domains of CPX are recently proposed to have different functions (25). Thus, the role of CPX remains to be clarified (26).

For the present study, we used mouse adrenal chromaffin cells, a well-characterized and extensively used model system for studying Ca\textsuperscript{2+}-triggered exocytosis, and applied several methods to dissect out the role of CPXs in the stages of regulated exocytosis from vesicle docking to fusion pore formation. Our data demonstrate that CPX II has a positive role in fast vesicle exocytosis by regulating the size of the primed vesicle pools.

Results

CPX Isoform Expression. Chromaffin cells secrete catecholamine through the fusion of large dense core vesicles (LDCVs) with the plasma membrane, employing the same conserved SNARE-based fusion machinery that also mediates synaptic transmitter release by clustering SNARE complexes.


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from neurons. Because there are 4 CPX isoforms in vertebrates, CPX I-IV (13), an important advantage of chromaffin cells is that they express only one major CPX isoform, CPX II, and knockout of CPX II does not up-regulate the expression of other CPX isoforms or alter the expression level of other presynaptic proteins (Fig. 1).

When we started colonies (24) with heterozygous CPX II+/−-breeding pairs, the offspring showed the expected Mendelian assortment of genotypes (33 CPX II+/−, 60 CPX II+/+, 30 CPX II−/− in 20 randomly picked litters), indicating that gestation was not terminated prematurely in CPX II−/− or CPX II+/− embryos. CPX II−/− mice appeared normal when young and were able to reproduce. The cultured chromaffin cells of CPX II−/− and CPX II+/− animals showed no morphological difference and had similar cell size, as measured by basal membrane capacitance (4.82 ± 0.13 pF, n = 29 CPX II+/+ cells; 5.02 ± 0.18 pF, n = 30 CPX II−/− cells).

**Single Amperometric Event Characteristics in CPX II−/− Cells.** Because CPXs bind to the assembled SNARE core complex (7), and SNARE proteins are known to play a role in the behavior of the fusion pore (27–30)—the aqueous pore that initially connects the vesicle lumen and extracellular space during exocytosis—we tested whether the kinetics of fusion pore dilation is altered in the CPX II−/− chromaffin cells. We used amperometry, an electrochemical technique that directly reports the kinetics and amount of catecholamine release from individual vesicles. Our results show that, for all of the parameters examined, there is no robust difference between CPX II−/− and CPX II+/+ mouse chromaffin cells (Fig. 2), indicating that CPX does not affect the fusion pore formation and dilation step of Ca2+-triggered exocytosis, or its effect is very subtle.

**Secretion Triggered by Trains of Depolarizations.** To examine whether other secretory steps are compromised in CPX II−/− chromaffin cells, we next applied the method of membrane capacitance measurement, an approach for monitoring changes in the membrane surface area of the entire plasma membrane at millisecond time resolution. We applied a train of 8 100-ms depolarizations separated by 100-ms intervals (Fig. 3A), and recorded the capacitance increase (∆Cm) (Fig. 3C), to obtain a measure of the secretory function and dynamics. Although the total Ca2+ influx was the same for CPX II−/− and CPX II+/+ cells (Fig. 3B and F), the total capacitance increase was significantly smaller in CPX II−/− cells (Fig. 3 C and G). The most significant differences in ∆Cm occurred during the earlier depolarizations, whereas the ∆Cm in response to later depolarizations, especially to the 7th and 8th depolarizations, were indistinguishable (Fig. 3E). The selective reduction in the response to the earlier depolarizations of the train is consistent with a function of CPX II in rendering vesicles release-ready, thereby increasing the size of the releasable vesicle pools.

**Secretion Triggered by Flash Photolysis of Caged Ca2+.** The most direct approach to measure the size of the functional vesicle pools in chromaffin cells is to monitor the ∆Cm in response to a uniform and global step elevation of the cytosolic Ca2+ concentration ([Ca2+]i), achieved by photolysis of caged Ca2+ compounds. The multiphasic rising ∆Cm trace can be fitted with a triple exponential function (28), which provides quantitative information about the functional vesicle pools. The two fastest components correspond to the primed (releasable) vesicle pools, comprising the readily releasable pool (RRP) and the slowly releasable pool (SRP) (31).

We used the whole-cell patch clamp technique to load chromaffin cells with a caged Ca2+ compound (NE-EGTA), and monitored the capacitance change upon applying a ∼1 ms UV (UV) flash. Because at normal basal Ca2+ concentration (∼500 nM), exocytosis in CPX II−/− cells is too small for accurate kinetic analysis [supporting information (SI) Fig. S1], we increased the basal Ca2+ concentration to 1–3 μM in our experiments, which has been shown to increase equally both the RRP and SRP of the exocytotic burst but not to affect the release kinetics (32). Upon flashing, the [Ca2+]i was elevated to 15–20 μM (Fig. 4A). As expected (Fig. 4B), the capacitance response was multiphasic for CPX II−/− and CPX II+/+ cells. However, CPX II−/− cells had a much-reduced exocytotic burst, whereas their sustained phase was not significantly altered (Fig. 4B). As seen in Fig. 4D, the fast and slow burst phases were both reduced in amplitude in CPX II−/− cells, but their time constants were unchanged (Fig. 4B Inset and E), indicating that the kinetics of vesicle pool emptying is not affected by CPX II loss. The reduced capacitance response was confirmed to be due to reduced secretion (and not enhanced endocytosis) by simultaneous amperometry measurements of the release of oxidizable vesicle content. The time-integral of the amperometry measurements gave traces showing cumulative secretion, resembling those obtained by the capacitance method (Fig. 4C), however, without the potential confounding effects of overlapping endocytosis. These results confirmed that the size of the releasable vesicles pools is decreased in CPX II−/− cells.

![Fig. 1. CPXs expression.](image-url)
Rescue of Secretion in CPX II−/− Cells by Transducing CPX II. One concern about experiments with knockout mice is that the phenotype observed may be due not only to the absence of the deleted gene, but also to secondary and irreversible changes that do not directly reflect the loss of the eliminated gene product, such as compensatory changes that occur during development. We therefore tested whether expressing CPX II in CPX II−/− cells would rescue the diminished secretion. We generated Semliki Forest Virus (SFV) vectors encoding either CPX II-IRES-EGFP, which allows both CPX II and EGFP (enhanced green fluorescence protein) to be expressed separately in the same cell, or IRES-EGFP only (as control). EGFP serves as a marker of the infected cells that express CPX II. The expression of CPX II and EGFP was confirmed by immunocytochemical labeling with an antibody to CPX I/II (Fig. 5A). Fig. 5 and Fig. S2 illustrate that expression of CPX II in the knockout background rescued the decreased release, and that the time constants of the slow and rapid burst of the capacitance increase were not changed (Fig. S2).

Enhanced Secretion in CPX II+/+ Cells by Transducing CPX II. To investigate how overexpression of CPX II would affect secretion, we infected WT cells with the bicistronic SFV vector encoding CPX II-IRES-EGFP (WT CPXII), and compared the results with WT

Fig. 2. Characteristics of single amperometric events. (A) Experimental configuration of whole-cell patch clamp combined with amperometry, carbon fiber electrode (CFE). (B) Sample amperometry recording. The introduction of Ca2+ at 10 μM via the pipette triggers exocytotic events at such a frequency that the individual amperometric spikes, representing single-vesicle exocytosis, are well-separated. (C) Characteristics of a single amperometric event. (D–I) Cumulative distribution of single amperometric event characteristics. (Insets) Bar graphs show the mean ± SEM of corresponding parameters. A total of 49 WT cells (n = 49) from 6 animals (solid lines, WT) and 53 CPX II−/− cells (n = 53) from 6 animals (dashed lines, CPX II KO) were analyzed. Spikes (12–100) were recorded from each cell.

Fig. 3. Secretion triggered by trains of depolarizations. (A) Voltage protocol with eight 100-ms depolarizations. (B and C) Averaged ionic currents (B) and membrane capacitance response (C) from CPX II−/− (gray) and WT (black) cells. Cm before stimulus was subtracted. (D–G) Ca2+ influxes and ΔCm for each of the individual 8 depolarizations (D and E) and summed over all 8 depolarizations (F and G). Data were averaged from 26 experiments from 15 WT cells, 3 animals (n = 26, black), and from 20 experiments from 15 CPX II−/− cells, 3 animals (n = 20, white). Data are expressed as mean ± SEM. *, P < 0.01; **, P < 0.005; ***, P < 0.00005.
sponses in the trains of depolarizations (Fig. 3E) were not changed in CPX II−/− cells compared with WT cells, which suggests that the number of docked vesicles is probably not affected by CPXs (docked, unprimed vesicles are the precursor vesicles for resupply of the releasable vesicle pools; after depletion has occurred; a change in the number of precursor vesicles could lead to changes in the net rate of primed vesicle generation). To test this idea further, we performed electron microscopic analysis of the cultured CPX II−/− and CPX II+/− chromaffin cells. We found that the number and spatial distribution of LDCVs—in particular the number of membrane-apposed LDCVs—were indistinguishable between CPX II−/− and CPX II+/− cells (Fig. 6), indicating that vesicle biogenesis and morphological docking are not affected by lack of CPXs.

SNARE-Binding Is Required for the Function of CPX II. The data above show that CPX II increases the size of the releasable vesicle pools. To investigate if this function is related to its ability to bind the SNARE complex, we infected CPX II−/− cells with an SFV vector encoding CPX II with a double mutation K69A/Y70A, which effectively abolishes SNARE binding or CPX II with mutation D29V, which does not affect SNARE binding (Fig. S3) (25). Both mutants were in bicistronic vectors with IRES-EGFP. We then compared the secretion in the transduced cells with CPX II−/− cells transduced with only IRES-EGFP. Our results showed that CPX II D29V rescues the exocytotic burst, whereas CPX II K69A/Y70A does not (Fig. S4), indicating that SNARE binding is needed for complexin function.

Discussion

Our results showing that the fusion kinetics and the dilation of fusion pore are not affected by CPXs were somewhat surprising: A study (21) reported that overexpression of CPX II in bovine chromaffin cells changed the kinetics of fusion pore dilation. That study, however, did not report foot signals, perhaps due to the use of digitonin to permeabilize cell membranes—an approach that has been reported to eliminate foot signals (33). The positive role for vesicle priming is consistent with a role upstream of synaptotagmin 1, and the unaffected fusion kinetics and fusion pore dilation indicate that there is not an obligatory role of CPX downstream of calcium binding to synaptotagmin 1.

Interestingly, we do not see any spontaneous secretion events (spikes) or increase of kiss-and-run events [stand-alone foot, SAF (34)] in CPX II−/− chromaffin cells, when we perform continuous amperometric recordings for up to 20 min (Fig. S5). We also found no change in the vesicle distribution pattern or the vesicle number in the CPX II−/− cells (Fig. 6). These results do not support the simplest form of the recently proposed fusion clamp hypothesis (16, 18–20), where the removal of complexin alone suffices to trigger fusion. However, they do not rule out the possibility that complexin may function together with another protein as a negative clamp. Rather, our data agree with previous work in hippocampal synapses (24) and show that complexin has a net facilitating role during exocytosis at the vesicle priming step, where vesicles are made release-ready. This step seems to precede the possibly calcium-independent association of synaptotagmin with the release machinery (35).

The amino acid residues of the 4 α-helices of the SNARE core complex are aligned in register and in parallel and can be grouped into 16 layers from the N-terminal to the C-terminal, designated layer −7 to layer +8 (36). Studies of mutations at different layers have indicated that the SNARE complexes are partially zipped from N-terminal to C-terminal layer +4 or +5 during vesicle priming (37). Interestingly, crystallographic and NMR studies have shown that the region of CPX-SNARE interaction also extends to layer +4, and, furthermore, binding of CPXs stabilizes the SNARE complex (10). When viewed in this context, our findings are compatible with the idea that CPXs may, through SNARE binding,
stabilize the partially zippered SNARE conformation and the primed vesicle state.

Materials and Methods

Chromaffin Cell Culture and Virus Infection. Mouse breeding was started in the University of Southern California animal facility with CPX II KO mice. Original CPX mice were generated at the Max Planck Institute of Experimental Medicine, Göttingen, Germany (24). All animal care and experimental treatments were in accordance with USC guidelines for animal care and use. For genotyping, tail biopsies were taken from 1-week-old mice, processed according to standard procedures, and analyzed by PCR. Mice at 8–12 days of age were used for experiments and WT mice from the same litter were used as controls for the CPX II KO mice in all experiments. Mouse adrenal chromaffin cells were cultured as described in ref. 28. These cells were used at the third and 4th day after culture preparation for all studies reported. For rescue experiments, cells were infected with SFV as described in ref. 38 and cells were used between 15 and 30 h after SFV infection. Recombinant DNA vectors were made with standard molecular biology protocols.

Western Blot Analysis. SDS/PAGE and Western blot analysis were performed as described in ref. 13. Immunoreactive bands were visualized with ECL (GE Healthcare). The antibodies to CPX II recognizes both isoforms CPX I and II, but CPX I and CPX II can be distinguished based on their different size. Other antibodies are specific. All primary antibodies were from Synaptic Systems.

Cosedimentation Assays. Recombinant fusion proteins consisting of glutathione-S-transferase (GST) and WT or mutant CPX II were synthesized in E. coli using the pGEX-KG expression constructs (39). Recombinant proteins were purified on glutathion-agarose (Sigma) and used, immobilized on the resin, for cosedimentation assays. Crude synaptosomes from rat brain were solubilized at a protein concentration of 2 mg/ml in 150 mM NaCl, 10 mM Hepes (pH 7.4), 1 mM EGTA, 2 mM MgCl2, 1% Triton X-100, 0.2 mM phenylmethylsulfonyl fluoride, 1 μg/ml aprotinin, and 0.5 μg/ml leupeptin (solubilization buffer). After stirring on ice for 10 min, insoluble material was removed by centrifugation (10 min at 346,000 g of immobilized GST-fusion protein for 2 h at 4 °C. Beads were then washed 3 times with solubilization buffer, resuspended in SDS/PAGE sample buffer, and analyzed by SDS/PAGE and immunoblotting (40, 41). All primary antibodies were from Synaptic Systems.

Electrophysiological Experiments. Conventional whole cell patch clamp recordings were performed with the EPC-9 amplifier and Pulse software package (HEKA Electronics) (42). A 3.5–4.5 MΩ sylgard-coated pipette was used. Capacitance was measured with the Lindau–Neher technique implemented as the “sine + dc” mode of the software lock-in expansion of Pulse, in which a 1-kHz, 70-mV peak-to-peak sinusoidal voltage stimulus is superimposed onto a constant holding potential of −80 mV (43). In all of the experiments the isolated chromaffin cells were in an extracellular solution containing 140 mM NaCl, 2.8 mM KCl, 10 mM Hepes, 1 mM MgCl2, 2 mM CaCl2, 2 mM glucose, pH adjusted to 7.2–7.4 and osmolality adjusted to 290–310. For the experiments where exocytosis was triggered by trains of depolarizations, the pipette solutions contained 10 mM NaCl, 145 mM glutamic acid, 10 mM Hepes, 1 mM MgCl2; tittered with 5 M GOH.
Amperometry. Carbon fiber electrodes were prepared as described in ref. 44 and coupled to a VA-10 amplifier (ALA Scientific Instruments). An 800-mV constant voltage was applied to the electrode relative to Ag/AgCl bath electrode. The amperometry recordings were low-pass filtered at 3 kHz and sampled at 10 kHz. The pipette solution contained: 10 mM NaCl, 50 mM glutamic acid, 1 mM MgCl2, 44 mM CaCl2, 60 mM HEDTA, titrate with 5 M CsOH to pH 7.2–7.4, add ATP/GTP 2 mM before use. Due to the great variability in the number of amperometric events per cell, we analyzed the data in a way that gave the contribution of each cell the same weight, regardless of the number of events for a given cell (45). For each cell and each parameter, we calculated a median value. Then we compared the mean values of the medians of CPX II and CPX II+ cells.

Photolysis of Caged Ca2+. Caged-Ca2+ experiments were performed as described in ref. 46 except the free calcium inside the pipette was adjusted to 1 μM. A UV flash was generated by a flash lamp (XF-10 xenon flash lamp system, flash bulb XBL-XF/10; Rapp Optoelektronik), and fluorescence excitation was generated by a monochromator (Polychrome V, TILL Photonic). These light sources were coupled into the epifluorescence port of an inverted Axiovert 100 microscope (Zeiss). Calcium dyes were excited at 350/380 nm and the emitted fluorescence was detected with a cascade camera (Cascade 512B; Photometrics) operated by Metافlor software (Universal Imaging). In vivo Ca2+ calibration was performed as described in ref. 32. 44 mM CaCl2, 60 mM HEDTA, titrate with 5 M CsOH to pH 7.2–7.4, add ATP/GTP 2 mM before use. Due to the great variability in the number of amperometric events per cell, we analyzed the data in a way that gave the contribution of each cell the same weight, regardless of the number of events for a given cell (45). For each cell and each parameter, we calculated a median value. Then we compared the mean values of the medians of CPX II+ and CPX II+ cells.

Electron Microscopy. For ultrastructural analysis, chromaffin cells were plated on collagen-coated coverslips. After 24 h, cells were fixed with 1.5–2.5% glutaraldehyde in 0.1 M phosphate buffer (pH 7.4), incubated on ice for 30 min, and washed thoroughly in phosphate buffer. Cells were postfixed for 1 h in 1% OsO4 in the dark and further washed. After dehydration through a series of ascending ethanol and propylene oxide, cells were incubated in 1:1 propylene oxide-Durcupan mix at room temperature and polymerized for 48 h at 60 °C in Durcupan. 50–70 nm ultrathin sections were collected on single-slot grids covered with a Formvar membrane, and contrasted with uranyl acetate and lead citrate solutions. Sections were observed under an LEO 912AB transmission electron microscope (Zeiss). Images were taken with a digital ProcScan CCD camera and analyzed with the AnalySIS software (Soft-Imaging-System, Olympus). The distance from the plasma membrane to the center of each LDCV was measured and the number of LDCVs observed was plotted against this distance.

Statistical Analysis. Unless specified, unpaired, 2-tailed Student’s t tests were used to analyze statistical significance. p < 0.05 was considered significant.

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