The G305 star-forming complex: embedded massive star formation discovered by Herschel Hi-GAL

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ABSTRACT
We present a Herschel far-infrared study towards the rich massive star-forming complex G305, utilizing PACS 70, 160 μm and SPIRE 250, 350, and 500 μm observations from the Hi-GAL survey of the Galactic plane. The focus of this study is to identify the embedded massive star-forming population within G305, by combining far-infrared data with radio continuum, H2O maser, methanol maser, MIPS and Red MSX Source survey data available from previous studies. By applying a frequentist technique we are able to identify a sample of the most likely associations within our multiwavelength data set, which can then be identified from the derived properties obtained from fitted spectral energy distributions (SEDs). By SED modelling using both a simple modified blackbody and fitting to a comprehensive grid of model SEDs, some 16 candidate associations are identified as embedded massive star-forming regions. We derive a two-selection colour criterion from this sample of log (F70/F500) ≥ 1 and log (F160/F350) ≥ 1.6 to identify an additional 31 embedded massive star candidates with no associated star formation tracers. Using this result we can build a picture of the present-day star formation of the complex, and by extrapolating an initial mass function, suggest a current population of ≈2 × 10⁴ young stellar objects (YSOs) present, corresponding to a star formation rate (SFR) of 0.01–0.02 M⊙ yr⁻¹. Comparing this resolved SFR, to extragalactic SFR tracers (based on the Kennicutt–Schmidt relation), we find that the star formation activity is underestimated by a factor of ≥2 in comparison to the SFR derived from the YSO population.

Key words: methods: statistical – stars: formation – H II regions – infrared: ISM.

1 INTRODUCTION

The G305 star-forming complex is one of the most massive and luminous star-forming regions in the Galaxy (Clark & Porter 2004; Hindson et al. 2010), centred on the two optically visible open clusters Danks 1 & 2 (Danks et al. 1984), and the Wolf–Rayet star WR 48a. Located inside the Scutum–Crux arm within the Galactic plane at l = 305°, b = 0°, and found at a distance of ~4 kpc, it has a projected diameter of ~30 pc, and an estimated age of some 3–5 Myr (Clark & Porter 2004). Coincident with G305 are numerous signposts of massive star formation, some of which are located on the periphery of the central cavity, such as infrared (IR) hotspots, compact and ultracompact (UC) H II regions, H2O, OH and methanol masers (Urquhart et al. 2007; Hindson et al. 2010).

We define a massive star as a star with sufficient mass to produce detectable radio emission associated with a H II region (i.e. M > 8 M☉). They play a key role in the Universe; their presence has a profound effect on the stellar and planetary formation process, while also on the physical, chemical and morphological structure of galaxies (Kennicutt 2005). Their ultraviolet (UV) radiation output ionizes the surrounding interstellar neighbourhood providing the principle source of heating in the interstellar medium (ISM), while also having an impact on subsequent star formation. Through...
various process, such as stellar winds and supernovae, their mechanical energy output serves as the energy and momentum inputs to the surrounding ISM, helping to sculpt the structure and energetics of the ISM, and hence in host galaxies (Zinnecker & Yorke 2007).

Though they are important, in the shaping and evolution of their host galaxies, the physics of the formation and evolution of massive stars is unclear. First, there is the issue of high dust extinction making direct observation difficult; sites of massive star formation tend to be embedded within very opaque cloud cores, which suffer from visual extinction greater than 100 mag (Bally et al. 2005). Related to this also is the fact that massive stars are predominantly found to form within dense, stellar clusters (de Wit et al. 2005). In all, this makes for a particularly difficult challenge in being able to study the origins of massive stars.

Fig. 1 underlines the dynamic morphology of the region, with the central location Danks 1 & 2 and WR 48a thought to be the main source of energy input and the driving force behind the expansion and clearing of the central diffuse H II region in the complex (Clark & Porter 2004). The suggestion is an interaction between the centrally embedded sources and the surrounding cloud, with an occurrence of ongoing massive star formation being located in the hot dust emission sites (seen in blue in Fig. 1) on the periphery of the central cavity. With the presence of numerous and different epochs of star formation in one location, and the relative close proximity, the G305 star-forming complex affords us an exceptional opportunity to study the nature of massive star formation, and investigate the environmental impact this may have on the formation of future generations of stars (Elmegreen & Lada 1977; Elmegreen 2002).

This paper follows in a series of previous studies of massive star formation within the G305 star-forming complex. Previously, Hindson et al. (2010) have focused on the reservoir for star formation within the region through observations of NH3 emission, while tracing sites of active star formation through H2O maser emission. To complement this, Davies et al. (2012) have recently carried out a near-IR study of the two central open clusters Danks 1 & 2, while current work has focused on identifying compact radio emission that is indicative of UC H II regions towards G305 (Hindson et al. 2012).

In this paper, we present a far-IR study of the G305 complex using Herschel (Pilbratt et al. 2010), in conjunction with radio continuum, H2O maser, methanol maser, MIPS and Red MSX Source (RMS) survey data, with the aim of identifying sites of embedded massive star formation. In this study we are able to resolve the embedded population within G305, since the Herschel far-IR observations are unaffected by dust, and combined with mid-IR data, constrain the luminosities of individual young stellar objects (YSOs). By incorporating the luminosities of the embedded massive star-forming population with the initial mass function (IMF), we are able to determine the star formation rate (SFR) of G305 and investigate the star formation history of the region. This resolved, Galactic SFR can then be compared to extragalactic SFR indicators to test whether the two regimes are consistent with one another, and identify where fundamental differences may lie (Heiderman et al. 2010; Lada, Lombardi & Alves 2010).

The present study serves as an example of how Herschel data can be applied to Galactic star-forming regions, such as G305, in order to identify the high-mass stellar content of such complexes, and how the star formation activity can be inferred from this population. Following from this, a comprehensive YSO counting approach, similar to that conducted by Povich et al. (2011) for the Carina complex, will be conducted to tackle the incompletenesses present at the intermediate- and low-mass range in a following paper by the authors. By combining Spitzer GLIMPSE (Benjamin et al. 2003) and

Figure 1. Three-colour (blue = 70, green = 160 and red = 350 µm) Herschel Hi-GAL image of the giant H II region G305. The 70 µm emission corresponds to hot dust emission (≥40 K), while the 350 µm emission emanates from more cold dust (≤20 K). The positions of both Danks 1 & 2 (circles), and WR 48a (cross) are overplotted.
VISTA VVV (Minniti et al. 2010) data alongside our present data sets, we aim to conduct a complete census of the YSO population of G305, studying the physical parameters of these sources, their evolutionary stage and spatial distribution within the complex.

This paper is organized into the following sections. In Section 2 we present and discuss the details of the observations and the data analysis. In Section 3 we present methods to identify sources detected in the far-IR through consideration of their spectral energy distribution (SED). In Section 4 we present our discussion and place G305 in context with other star-forming regions, and in Section 5 we summarize our results.

2 OBSERVATIONS AND DATA ANALYSIS

2.1 Herschel Hi-GAL

The Herschel Infrared GALactic plane survey (Hi-GAL; Molinari et al. 2010b) is an Open Time Key Project on-board the ESA Herschel Space Observatory (Pilbratt et al. 2010), mapping a 2° wide strip of the inner Galactic plane, in the longitudinal range $|l| \leq 60°$ and latitude range $|b| \leq 1°$. The survey takes advantage of the PACS (Poglitsch et al. 2010) and SPIRE (Griffin et al. 2010) cameras operating in parallel mode, scanning the sky in a raster fashion at a rate of 60 arcsec$^2$, while PACS and SPIRE acquire data simultaneously. The survey has a total angular resolution, $\theta$, of 10 arcsec $\leq \theta$ $\leq$ 30 arcsec across five photometric bands at 70 and 160 $\mu$m with PACS and 250, 350 and 500 $\mu$m with SPIRE. The overall aim is to catalogue star-forming regions and study cold structures across the ISM. Using the broad spectral coverage available, the intention is to study the early phases of star formation, with particular focus on providing an evolutionary sequence for the formation of massive stars within the Galactic plane.

The catalogue of compact IR sources for the G305 region is obtained using the CUrvature Thresholding EXtractor (CUTEX) code highlighted by Molinari et al. (2011). The detection technique considers the curvature properties of astronomical images, rather than source detection through signal intensity, by building a ‘curvature’ image from the observed image using double differentiation in four separate directions. The advantage of this approach is that resolved, compact sources are easily detected, while the diffuse thermal emission from cold dust associated with the foreground is greatly reduced. Photometry estimates of candidate sources are then performed by fitting an elliptical two-dimensional Gaussian with an underlying planar inclined plateau.

The completeness of the IR source catalogue is estimated using a simulated field of some 1000 artificial sources, initially at 250 $\mu$m, comprising both a compact dust component (such as YSO envelopes, or dense molecular cores or clumps) and the diffuse emission present towards the Galactic plane (Molinari et al. 2010a). In all, source recovery rate is found to be 90 per cent for sources of peak fluxes of 0.2 Jy pixel$^{-1}$ (equivalent to approximately 5σ), with peak fluxes being within 30 per cent of their input value in 80 per cent of recovered input sources (Molinari et al. 2011).

Identifying each source within the five different bands is obtained considering their basic positional association, starting with source extraction at the longest of the observed wavelengths, i.e. at 500 $\mu$m. From this first band, an association is established with the next band (i.e. 350 $\mu$m) if a source is present within a search radius that corresponds to the Herschel beam size at the longer of the two considered wavelengths, in this case a radius of 18.1 arcsec at 500 $\mu$m. In the case where multiple associations are found, the closest one is kept. This is more frequent at 70 $\mu$m (Elia et al. 2010). At this stage the flux contribution at longer wavelengths has not been split up into contributions from multiple associations at 70 $\mu$m; however, we find that 87 per cent of 500 $\mu$m sources are associated with a single 70 $\mu$m detection. Of the remaining 500 $\mu$m sources with multiple 70 $\mu$m associations, the majority are found to have the bulk of the 70 $\mu$m flux assigned to their primary 70 $\mu$m counterpart. We find only 3 per cent of 500 $\mu$m sources to have lost a fraction of 70 $\mu$m flux through multiple associations. This loss is deemed negligible, being of the order of 1.5 per cent of the total 70 $\mu$m flux.

Finally, the celestial coordinates assigned to the sources are those which correspond to the shortest wavelength association, which by definition will have the highest spatial resolution (Molinari et al. 2010a). As a result of this, in total some 3288 IR sources are detected across the G305 region in Hi-GAL; of these some 1913 sources are detected at 70 $\mu$m, 1658 at 160 $\mu$m, 1257 at 250 $\mu$m, 856 at 350 $\mu$m and 530 sources at 500 $\mu$m. Not all sources are detected in all wavebands, and this can be accounted for by either positional association failing, or that the flux obtained for a source in a particular band had been corrupted by factors such as source crowding, or confused background conditions (Molinari et al. 2010a).

2.2 Ancillary data

To complement our data set we utilize mid-IR, radio, H$_2$O and methanol maser data matched to the Hi-GAL far-IR data to broaden our view of the G305 complex, aiding in the consideration of the morphology, and star formation within the region.

We first make use of the 5.5 GHz radio continuum observations towards G305 using the Australia Telescope Compact Array (ATCA; Hindson et al. 2012) as a means to distinguish UC H II regions across the complex. A key method of detecting H II regions is through the associated radio emission; at wavelengths greater than 3 mm, thermal dust emission drops off, and the dominant detection is due to thermal free–free radio emission from the ionized gas in the inner region surrounding the massive star. The Lyman continuum photons that are emitted from the central star are balanced by recombination within the volume of ionized hydrogen, producing the detected radio emission. For this emission, stellar models suggest stars of spectral type B3 or earlier are capable of producing the required ionizing flux of Lyman continuum photons ($E > 13.6$ eV, i.e. 912 Å) (Crowther & Conti 2003). Such a spectral type is selected since the Lyman continuum flux then begins to rapidly drop off with decreasing effective temperatures (Panagia 1973).

To also locate areas of ongoing star formation, we employ both 22 GHz H$_2$O maser observations using the Australia Telescope National Facility (ATNF) telescope Mopra (Hindson et al. 2010) and the 6.7 GHz methanol maser observations of the Methanol Multi-Beam survey (Green et al. 2009; Caswell et al. 2010), with the Parkes 64-m radio telescope and follow-ups by the ATCA. Since their discovery, methanol masers have been recognized as one of the most distinct signposts of massive star formation (Menten 1991), and only found close to high-mass young stars (Minier et al. 2003). H$_2$O maser emission, on the other hand, has also been shown to provide a useful indicator of both low- and high-mass star formation, and are found to associate mainly with both hot molecular cores and UC H II regions (Furuya 2003).

Finally, we also make use of mid-IR data from both the RMS survey that aims to identify a large sample of genuine massive young stellar objects (MYSOs) and UC H II regions located throughout the Galactic plane (Urquhart et al. 2008), and the 24 $\mu$m point source catalogue from the Spitzer MIPS Galactic Plane Survey
(MIPSGAL) (Mizuno et al. 2008; Carey et al. 2009) which aims to identify all high-mass protostars located in the inner Galactic disc.

2.3 Identification procedure

Our aim is to identify a statistically reliable sample of counterparts to the Hi-GAL IR catalogue, by matching this catalogue to the ATCA radio, MMB, RMS, Mopra H2O maser and MIPSGAL catalogues. By using a frequentist technique, highlighted by Lilly et al. (1999), we can identify all associations found within G305, by establishing the probability that matches to Hi-GAL sources are not the result of a chance alignment. We approach this using a Monte Carlo method, with the technique outlined in the following subsection for the case of Hi-GAL IR and ATCA radio counterparts.

2.3.1 Association probabilities

Starting from the matching of both the Hi-GAL IR and ATCA radio catalogues, we need to consider the possibility of chance alignments and provide an estimate as to how reliable each individual match may or may not be. We therefore need to derive some statistical argument that considers the probability that a candidate compact radio source is indeed correctly identified within the search radius of the associated IR source. A method based on the positional coincidence, similar to that adopted by Downes et al. (1986) and Sutherland & Saunders (1992) is employed.

The necessity to work out a statistic which can inform whether an association is indeed true, or by chance can be shown by considering the ATCA radio data. A certain number of the 71 radio sources identified across the field will be accounted for by extragalactic background sources. We can estimate the total amount of background sources empirically from the extragalactic source count approach of Anglada et al. (1998). The number of background radio sources, \( N_{\text{Radio}} \), that would be expected to be observed given the region size, and frequency of observation is defined by

\[
N_{\text{Radio}} \simeq \left( \frac{\theta_1}{\theta_A} \right) 1.1 S_0^{-0.75},
\]

where \( \theta_1 \) is the diameter of our observed field, \( \theta_A \) is the full width at half-maximum (FWHM) of the primary beam (in arcmin) and \( S_0 \) is the sensitivity of the radio observations at 5.5 GHz. Using this approach, we find that some 60 ± 8 background sources in total should be detected across the G305 field (Hindson et al. 2012).

As an example, to explain the positional coincidence method, we use our identified IR–radio associations. For each association we calculate that for each ATCA compact radio source candidate with magnitude \( m \) at a distance \( r \) from the matched to the Hi-GAL IR source, there is a surface density \( N_g \) of radio sources brighter than \( m \) across the G305 field. We therefore obtain the mean number \( \mu \) of chance sources that are closer and brighter than the matched candidate ATCA radio source:

\[
\mu = \pi r^2 N_g.
\]

We utilize this statistic to suggest the fraction of sources within a sample size of \( n \), which we would expect to have an incorrect candidate association identified within a matching radius \( r \). In a sense, the probability of the association is

\[
P = [1 - \exp(-\mu)] \approx \mu \quad \text{for} \quad \mu \ll 1.
\]

From this, we find that if the \( P \)-statistic, \( P \ll 1 \) for an individual source, then that particular identified association is unlikely to be the result of a chance association.

![Figure 2. Distribution of \( P \)-statistics of identified associations (solid blue line), against the distribution of \( P' \)-statistics obtained from Monte Carlo associations (dashed red line).](image)

However, this statistic alone does not provide us with a firm argument to the reliability of associations; merely the chance that the particular source would have an association within the specific matching radius. Rather, a more reliable means to measure whether an individual association can be deemed correct is to compare the number of identifications in the total sample with a particular \( P \)-statistic, against the amount of associations, \( n_P \), that would have been expected from a randomized association between the IR and radio populations.

To do this, we run 5000 Monte Carlo simulations that follow the previous matching criteria between both Hi-GAL and ATCA catalogues, where the positions of each compact radio source have been randomized, with the only constraint being that they remain within the field. From these Monte Carlo results, we can then calculate the \( P' \)-statistic for each of the identified Monte Carlo candidate matches. By comparing the \( P \)-statistic of our associations to those \( P' \)-statistics from the randomized sample, we examine the ratio of sources with a particular value of \( P \) to the similar value of \( P' \) from the spurious identifications. If this ratio is high, i.e. there are many associations with a particular value of \( P \) compared to that of \( P' \), then we can mark that particular association as a secure identification. This is shown for a matching radius of 30 arcsec in Fig. 2.

2.3.2 Separation cut-off

A useful outcome from the use of \( P \)-statistics is that it allows for the determination of the separation cut-off for each data set; essentially the maximum matching radius at which one considers the majority of associations found to be reliable. The selection of the separation cut-off depends on several factors. Clearly a smaller cut-off gives rise to fewer counterparts, increasing the likelihood of missing a true counterpart. Conversely, a larger cut-off increases the risk of associating to a very bright but unrelated counterpart. From the \( P \)-statistics we are then able to derive the optimum matching radius for the data using the technique highlighted by Dye et al. (2009).
First, we match the Hi-GAL and ATCA data at a minimum matching radius of 1 arcsec. By then comparing the $P$-statistic of our associations to those $P$-statistics from the randomized sample, we examine the ratio of sources with a particular value of $P$ to the similar value of $P'$ from the spurious identifications. If this ratio is high, i.e. there are many associations with a particular value of $P$ compared to that of $P'$, then we can suggest that particular association as a secure identification. This process is stepped through, at intervals of 1 arcsec up to a maximum matching radius of 30 arcsec. As a result of this we are then able to compute a true and false ID rate as a function of separation.

The result is shown in Fig. 3, with the true ID rate, the false ID rate, and the separation between Hi-GAL and ATCA true associations in the G305 field shown as a function of the separation cut-off. From this we can see that the true ID rate levels out at 15 arcsec (with a total of 11 true associations), and only increases again at 25 arcsec onwards (with a further three true associations being found). These additional three true associations found at radii $\geq$25 arcsec correspond to Hi-GAL matches to the brightest ATCA radio sources found in the G305 field. In choosing the search radius, we wish to maximize the number of secure, unambiguous identifications and to minimize the number of real counterparts missed. It is not seemingly clear as to why there is a well-defined $P$-statistic peak at a lower matching radii, being due to faint, real radio identifications, contesting (in terms of low $P$-statistic) with rare, brighter sources, which are unrelated to the Hi-GAL source (such as background radio galaxies). By increasing our matching radius, any correct identifications will tend to drop off, with the levelling out in true identifications being balanced by those bright unrelated radio sources present; since they are very bright, their $P$-statistic tends to zero as soon as they are within the matching radius. Therefore allowing a matching radius well beyond 15 arcsec is not suggested, as the amount of secure associations tends to level out, while matches to contaminant radio sources will preserve the number of perceived true associations (Ivison et al. 2010).

We also note from Fig. 3 that the false ID rate only becomes noticeable for 15 arcsec onwards, with two possible false IDs found at 15 arcsec. Finally, the separation between Hi-GAL and ATCA true associations, shown in the open histogram, emphasizes the fact that the majority of true associations are found within a matching radius of $\leq$15 arcsec. The outcome of the matching procedure returns an optimal separation cut-off of 15 arcsec for the radio counterparts in the Hi-GAL field.

Suggesting that a radio source some 15 arcsec from an IR source is a secure match may seem counterintuitive, but two factors need to be taken into consideration: the Herschel beam size and the physical nature of the IR sources. Our goal is the identification of a sample of embedded massive star-forming regions that themselves are extended in nature, on average around 29 arcsec in size, and with the beam size some 18 arcsec at 250 μm (Traficante et al. 2011), a secure match within 15 arcsec is acceptable.

The approach is repeated for the MMB, RMS, H$_2$O masers and MIPS data sets, with the total number of associations found and the optimum matching radius shown in Table 1. The result of the technique is a statistically robust sample of true associations that have been identified over multiple data sets, which can later be investigated and analysed.

### 3 SPECTRAL ENERGY DISTRIBUTIONS OF SOURCES

To obtain estimates of the physical properties of our associations, the observed SEDs were fitted with first a simple modified blackbody, incorporating the Herschel Hi-GAL observations at 70, 160, 250, 350 and 500 μm. We then can obtain estimates of the bolometric luminosity of each association, by broadening the SED coverage with both the MSX 21 and MIPS 24 μm fluxes, and fitting to the grid of SED models from Robitaille et al. (2006). We find that the modified blackbody fails to reproduce the observed flux at $\lambda \leq 70$ μm; hence, associations with solely Herschel detections are best suited to modified blackbody fits. Those associations with detections at 21 and 24 μm, suggesting a warm embedded YSO, are more reliably reproduced with the Robitaille et al. (2006) SED models, which incorporate both the central embedded source and the surrounding envelope.

#### 3.1 Modified blackbody fitting

In order to first be able to derive the basic physical properties for each of our associations such as dust temperature and emissivity index, it was necessary to model the SEDs with a modified blackbody. We are justified in taking the approach of a simple modified blackbody, since the wavelength coverage measured by both PACS

<table>
<thead>
<tr>
<th>Data set</th>
<th>True ID</th>
<th>False ID</th>
<th>Optimum matching radius (arcsec)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ATCA</td>
<td>11</td>
<td>2</td>
<td>15</td>
</tr>
<tr>
<td>MMB</td>
<td>14</td>
<td>2</td>
<td>15</td>
</tr>
<tr>
<td>RMS</td>
<td>9</td>
<td>2</td>
<td>5</td>
</tr>
<tr>
<td>H$_2$O masers</td>
<td>4</td>
<td>1</td>
<td>15</td>
</tr>
<tr>
<td>MIPS</td>
<td>500</td>
<td>63</td>
<td>10</td>
</tr>
</tbody>
</table>

![Figure 3](image-url) Distribution of radial offsets between Hi-GAL sources and ATCA radio counterparts (open histogram). The dashed line gives the expected cumulative number of false radio IDs as a function of the separation cut-off, while the dot–dashed line shows the cumulative number of true radio IDs for each separation cut-off. In this context, the optimum matching radius is found to be 15 arcsec.
and SPIRE traces the peak of the dust SED. Far-IR emission is due to large dust grains (15–100 μm), which are more stable and tend to dominate the total dust mass, while also tending to trace all phases of the ISM. Therefore, measurements in Hi-GAL will be most sensitive to temperature variations, while also providing an accurate tracer of the overall ISM column density.

Since we have an embedded massive star within a dust cocoon we cannot assume a blackbody, but rather a modified blackbody that takes into consideration the optical depth, and the dust emissivity, as clearly emission is not optically thick at all frequencies. Thus we adopt a modified blackbody fit to the SED of the form (Ward-Thompson & Robson 1990)

\[ F_\nu = \Omega B_\nu(T)(1 - e^{-\tau}) \text{ (Jy)}, \]

where \( \Omega \) is the effective solid angle of the source (in sr), \( B_\nu(T) \) is the Planck function, \( T \) is the dust temperature and \( \tau \) is the optical depth such that

\[ \tau = \left( \frac{\nu}{\nu_c} \right)^\beta, \]

where \( \beta \) is the dust emissivity index and \( \nu_c \) is the critical frequency at which \( \tau = 1 \).

The free parameters that are derived from the fit include the dust temperature, the dust emissivity index and the critical frequency. We also note that throughout the calculations each Herschel flux was assigned an uncertainty of 20 per cent, this being the calibration error.

Fitting was performed via a \( \chi^2 \) minimization, by considering the observed flux at each of the five Hi-GAL wavebands available for every individual association. The \( \chi^2 \) minimization was such that (Hunter et al. 2000)

\[ \chi^2 = \sum \left[ 1 - \left( \frac{F_{\nu,\text{model}}}{F_{\nu,\text{observed}}} \right) \right]^2, \]

where the ratio of the model flux to the observed flux is used to give equal weighting to each different wavelength regime.

With these parameters we can then derive the total (gas + dust) mass for each association using both the Herschel fluxes at 500 μm, and the corresponding free parameters derived from the minimum \( \chi^2 \) fit. We note that dust masses were calculated with an opacity \( \tau_{500 \mu m} \) since at this wavelength all sources were found to be optically thin, allowing for us to sample the dust at all depths. If dust masses were calculated at shorter wavelengths, where some sources were found to be optically thick, we would simply be tracing the dust distribution in the outer layers, and not in fact determining a total dust mass value. Therefore, by following the method highlighted in Hildebrand (1983),

\[ M = \frac{F_\nu D^2}{B_\nu(T)} C_\nu, \]

where \( D \) is the source distance, and \( C_\nu \) is the mass coefficient (a factor that combines dust opacity and gas-to-dust ratio) (Kerton et al. 2001):

\[ C_\nu = \frac{M_g}{M_d \kappa_\nu}, \]

where \( M_g \) is the gas mass, \( M_d \) is the dust mass and \( \kappa_\nu \) is the dust opacity. A value of the mass coefficient of \( C_\nu = 50 \) g cm\(^{-2}\) at 850 μm was initially chosen from those quoted in Kerton et al. (2001), assuming a gas-to-dust ratio of 100 and a dust emissivity index \( \beta \) of 2. This value was then scaled to a value at 500 μm, by adopting the value of \( \beta \) from the minimum \( \chi^2 \) fits, and assuming that

\[ C_\nu \propto \nu^{-\beta}. \]

Fig. 4 shows the result of the modified blackbody model SED fit for a sample of associations, with both the best-fitting model and those models deemed good fits from the criterion \( \chi^2/N_{\text{data}} \leq 2 \) (Povich et al. 2011) shown. Included are the corresponding free
parameters of the minimum $\chi^2$ fit, being the dust temperature, emissivity index and source opacity at 500 $\mu$m ($r_{500\mu m}$).

### 3.2 SED fitting

We next obtain estimates of the bolometric luminosity by fitting the observed SEDs with the grid of YSO model SEDs of Robitaille et al. (2006). Since the SEDs of embedded YSOs tend to peak at 100 $\mu$m, we require photometric data at $\lambda \geq 10$ $\mu$m (Mottram et al. 2011b; Povich et al. 2011); hence to broaden the SED coverage we incorporate the 21 and 24 $\mu$m fluxes obtained from MSX and MIPS. For these sources, the standard modified blackbody adopted earlier will fail to produce accurate SEDs at wavelengths $\lambda \leq 70$ $\mu$m, thus a multicomponent fit using the model SEDs of Robitaille et al. (2006) that are then fitted with the online SED-fitting tool of Robitaille et al. (2007), that are based on the YSO/disc/envelope models of Whitney et al. (2003) are employed.

The model grid of Robitaille et al. (2006) consists of some 200,000 model SEDs incorporating a vast range of possible evolutionary stages, from an embedded protostellar phase to pre-main-sequence stars with low-mass circumstellar discs. Fitting of models to the data is done by varying the visual extinction, $A_V$, for a number of distances $d$ between $d_{\text{min}}$ and $d_{\text{max}}$, in order to determine the optimum SED model and parameters set. A range of 0–20 is selected for the visual extinction (Leistra et al. 2005), while an averaged distance of 3.2–4.4 kpc derived from both the kinematic distance to G305 and the spectroscopic distance of Danks 1 & 2 is used (Davies et al. 2012). The optimum SED model is determined through linear regression, with the result shown in Fig. 5, where all models that fitted with a $\chi^2$ value satisfying $\chi^2 - \chi^2_{\text{best}} \leq 3 \times n_{\text{data}}$ are also shown.

The majority of sources, with no 21, 24 or 70 $\mu$m emission, have fitted SEDs that peak at wavelengths $\lambda \geq 160$ $\mu$m and are found to have an averaged temperature of $\approx 14$ K. Bontemps et al. (2010) characterize YSOs within the Aquila rift complex from pre-stellar sources on the presence of either a 24 or 70 $\mu$m counterpart, with this emission originating from warm dust within the inner regions of the YSO envelope. Moreover, such emission is unlikely the result of external heating from the interstellar radiation field producing a detectable 70 $\mu$m counterpart (Gianinni et al. 2012), making sources with 21, 24 or 70 $\mu$m emission likely protostellar sources. Indeed, Dunham et al. (2008) show that 70 $\mu$m emission is closely correlated to the overall luminosity of protostellar sources. Using these selection criteria, the suggestion is that these identified sources correspond to an earlier stage (possibly pre-stellar) that are poorly fitted by a protostar embedded in a dust envelope, and are more suited to a simple modified blackbody fit, yielding values of dust mass, temperature and emissivity index.

### 4 DISCUSSION

In this section we discuss the global distribution of the embedded massive star-forming population within the G305 complex and the general method of identification of this population, through the combination of the SED morphology and derived parameters. Using these identified sources, we are able to comment on the present-day star formation activity of G305, and place it into the context of Galactic star formation.

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Figure 5. Fits for two associations using the Robitaille et al. (2007) fitting technique. Black solid line represents the best-fitting model, with the grey solid lines showing all other models providing a good fit to the data. The black filled circles show the Hi-GAL and MSX/MIPS data with error bars shown.

#### 4.1 General properties of sources within G305

We first consider the global properties of G305 obtained from SED fitting, by both modified blackbody and Robitaille et al. (2006) YSO models, for each association identified within the G305 region. For our fitting we consider sources with detections of $N_{\text{data}} \geq 3$ as acceptable to fit an SED, since we have three free parameters in our modified blackbody fitting, sources with limited detections will unlikely produce a reliable SED; this leaves us with some 503 sources. From these fits, we deem sources with $\chi^2/N_{\text{data}} \leq 2$ (Povich et al. 2011), as having a reliably fitted SED, yielding a total of 359 well-fitted sources.

In Fig. 6 we present the distribution of the modified blackbody parameters of the dust temperature, dust emissivity index and the dust temperature, along with the bolometric luminosities obtained from Robitaille et al. (2006) model SED fitting. We find that dust temperatures lie within the range of 10–42 K, with a median value of $\approx 21$ K. For the dust emissivity index, a range between 0.8 and 2.8 is found, with the median of $\approx 1.8$. The bolometric luminosity is sampled between 10 and $10^4 L_\odot$, with a median of $\approx 300 L_\odot$, while the dust mass lies between 1 and $10^4 M_\odot$, with a median of $\approx 540 M_\odot$. 

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4.2 A far-IR selection criterion for embedded massive star formation

Previous studies that have attempted to distinguish a sample of MYSOs have relied on colour selection criteria based on IRAS data (Palla et al. 1991; Molinari et al. 1996; Walsh et al. 1997; Sridharan et al. 2002); however, these are restricted by selection effects, limitations in sensitivity and resolution, and also their incomplete Galactic coverage. The majority of these studies are biased in that they rely on bright IRAS sources that, with a resolution of 5 arcmin at 100 μm, are often found removed from the dense, confused regions along the Galactic plane where the majority of star formation is expected to be found. The result of these studies is a restricted sample that, due to selection issues, may not entirely represent the general MYSO population, making any extension to study massive star formation problematic (Urquhart et al. 2008).

It has been suggested that both the SED morphology and the bolometric luminosity can prove effective in determining a sample of embedded massive star-forming objects (Molinari et al. 2008b). With the bulk of the YSO emission being in the far-IR portion of the SED, due to cold dust (Molinari et al. 2008a), the Herschel Hi-GAL observations are ideal in accurately constraining the luminosity.

From the candidate associations identified, those sources found to have either a radio, MMB, H₂O maser, or RMS counterpart are known sites of massive star formation, tending to be luminous sources (i.e. > 10²⁷ L⊙). Using this subsample we are able to identify a sample of known embedded massive star-forming regions from the physical properties derived from, and morphology of, their SEDs (shown to peak at 100 μm, as shown in Fig. 5). We refer to this population of Hi-GAL sources that are associated with radio, MMB, H₂O maser or RMS counterparts as the embedded population. Added to this, we employ a selection cut in the bolometric luminosity of 10²⁷ L⊙ that corresponds to the minimum spectral type that we define as a massive star (i.e. M > 8 M⊙). In total we find some 16 candidate embedded massive star-forming regions that match these selection criteria; their respective properties and relative associations are shown in Table 2. We also note the location of these associations, shown in Fig. 7, with the majority being located in the hot dust locations along the periphery of the central cavity, suggesting an interaction between the central sources of Danks 1 & 2, and the surrounding material.

Based on this sample of 16 embedded massive star-forming regions, we are able to derive a two-colour selection criterion to identify the overall embedded population of the G305 complex. We find that the 70–500 and 160–350 μm colours are most sensitive to the embedded population, shown as asterisks in Fig. 8. As can be seen from Fig. 8, the embedded population are tightly confined to one area of the colour plot, and can be distinguished from the remaining G305 population, shown as circles. From this we suggest a far-IR colour selection criterion for embedded massive star-forming regions of log (F₂₁⁰/F₅⁰⁰) ≥ 1 and log (F₁₆₀/F₃₅₀) ≥ 1.6, yielding a further 31 embedded massive star candidates with no associated emission and luminosities > 10³⁰ L⊙, as shown in Fig. 8. From these 31 candidates we find the faintest source to have a peak 70 μm flux of 1.02 Jy pixel⁻¹, and compared to the 90 per cent recovery rate of sources discussed in Section 2.1, we do not expect any further more deeply embedded massive star-forming regions to be found within G305.

Currently, the nature of these 31 candidate embedded massive star-forming regions is unclear; from Fig. 8 these candidates are predominately found with bolometric luminosities of ≳ 10³¹ L⊙; however, at least three sources are found a luminosities > 10³⁰ L⊙ with no corresponding tracer of massive star formation. A lack of association with ATCA radio sources could be accounted for by localized noise found towards bright large-scale emission present with G305, confusing possible associations with real compact emission present (see Hindson et al. 2012; Section 2.2 for a detailed discussion of the ATCA data reduction process). Another possibility could be the strong variability of both methanol (Green et al. 2012) and water masers (Breen et al. 2010) to such an extent that they display no common features at the present epoch. Aside from the possible reasons for lack of associated tracers, this sample of candidates

\begin{table}[h]
\centering
\begin{tabular}{|c|c|c|c|c|c|c|}
\hline
Hi-GAL source index & β & T & r₅₀₀μm & M₆₅₃ & L₆₅₃ & Association(s) \\
\hline
938 & 1.0 & 35 & 20.1 & 4300 & 48.6 & MMB, H₂O maser \\
945 & 1.1 & 29 & 15.4 & 3900 & 7.95 & RMS \\
972 & 1.2 & 41 & 11.4 & 1200 & 20.8 & ATCA, MMB \\
1184 & 1.1 & 25 & 27.1 & 4700 & 11.1 & MMB \\
1800 & 1.4 & 35 & 29.4 & 3500 & 60.8 & ATCA, MMB, RMS \\
1804 & 1.0 & 32 & 24.8 & 5200 & 17.4 & ATCA \\
2114 & 1.7 & 24 & 1.29 & 200 & 2.91 & RMS \\
2513 & 1.2 & 29 & 9.14 & 3700 & 4.13 & MMB, RMS, MIPS \\
2212 & 1.1 & 23 & 14.3 & 4400 & 4.68 & RMS, MIPS \\
2363 & 1.1 & 27 & 14.2 & 3200 & 12.2 & ATCA, RMS \\
2383 & 1.0 & 36 & 20.0 & 1700 & 57.7 & ATCA, MMB, RMS \\
2627 & 1.4 & 28 & 4.18 & 1500 & 3.65 & MMB \\
2902 & 1.0 & 37 & 42.2 & 4200 & 48.6 & MMB \\
2923 & 1.1 & 24 & 16.1 & 3700 & 3.24 & MMB \\
2994 & 1.0 & 29 & 23.1 & 3900 & 7.95 & MMB, MIPS \\
3032 & 1.4 & 28 & 4.57 & 1500 & 3.75 & MMB, RMS \\
\hline
\end{tabular}
\caption{Derived physical properties for all identified embedded massive star-forming regions.}
\end{table}
4.3 The present-day star formation rate of the G305 complex

With a sample of embedded massive star-forming objects, one opportunity that is available is to study the recent star-forming history of the complex. Determining the SFR at a local level is crucial in determining the global Galactic SFR, helping to unveil any mechanisms that may lead to global scaling laws (Molinari et al. 2010b). The SFR, along with the IMF, expresses the population of massive stars within the Galaxy, and determines what the impact on the local environment is, such as the composition of the ISM, the rate of feedback from massive stars and the rate of conversion of gas into stars (Calzetti et al. 2010a).

Given our position within the Galactic disc, direct SFR indicators using optical/UV tracers will fail to reproduce an accurate SFR due to high-extinction rates of the dusty ISM. However, far-IR observations, unaffected by extinction, provide us with the ability to resolve the YSO population associated with H II regions, allowing constraints on the IMF and stellar ages, yielding a detailed SFR of Galactic H II regions (Chomiuk & Povich 2011).

A SFR derived from a resolved, YSO counting approach, or from that inferred from the total IR luminosity, has to assume a ‘steady-state’ approximation to reliably trace the star formation activity of the region. The assumption in these calculations is that both the rate of massive star formation and the rate that massive stars evolve off the main sequence are in approximate equilibrium (Krumholz, Dekel & McKee 2012). For this to be true, the requirement is that the age of the region be longer than that of the UV-emitting population used to trace the SFR (Kennicutt 1998). We show below that this is the case for a realistic star-forming time-scale.

4.3.1 The embedded massive star formation rate

With our sample of 16 identified embedded massive star-forming regions, and the further 31 embedded massive star candidates found, we are able to comment on the present star formation history of the G305 complex. If we make the assumption that for each embedded massive star-forming region identified, the most massive star present produces the majority of the bolometric luminosity and is also accompanied by a cluster of lower mass stars, we are able to scale the IMF accordingly; for our calculations, we adopt a simple IMF proposed by Salpeter (1955). By comparing the calculated bolometric luminosity for each candidate region found, to the luminosities calculated for a sample of MYSOs from Mottram et al. (2011a), we are then able to estimate the most massive star for each region.

In order to extrapolate the IMF from observed mass to lower mass, we are obliged to select both a lower and upper mass limit that all observed YSOs fall within the selected range. For our purposes we adopt a lower mass of 0.1 M⊙ and an upper limit of 50 M⊙, as used when calculating the Galactic SFR (Robitaille & Whitney 2010).

By adopting a Salpeter IMF, which best samples the high-mass tail of the IMF (Zinnecker & Yorke 2007), and assuming a constant SFR therefore, we arrive at ≈10^4 YSOs present, which
A similar approach has been taken in Hindson et al. (2012), using the identified UC H II population (some five identified in total) of G305 to derive an SFR, over the last 0.5 Myr, of 0.002–0.004 M⊙ yr⁻¹. This rate is considered a lower limit due to the incompleteness issues in the ATCA radio data, with a w-cut implemented to emphasize the compact, small-scale radio emission associated with UC H II regions. For comparison, Davies et al. (2012) have determined the SFR for the G305 complex over the last 5 Myr from the calculated age and mass of the two central open clusters Danks 1 & 2. The SFR was found to be ≈0.002–0.005 M⊙ yr⁻¹, which is comparable to our derived SFR from counting the embedded YSO population. However, taking our derived SFR of ≈0.01–0.02 M⊙ yr⁻¹, it is clear that the star formation activity of G305 has not remained constant over the last 5 Myr. If this were to be the case, then we would expect to observe some 75,000 M⊙ of stars to be observed within the complex, which is entirely not the case. The ‘collect and collapse’ model of star formation, proposed by Elmegreen & Lada (1977), requires a period of time after the formation of the central ionizing source(s) for material within the surrounding molecular clouds to be swept up by the expansion of the H II region. If this expansion continues for a sufficient time, the swept-up shell of material becomes self-gravitating and is then expected to fragment, entering a phase of collapse possibly leading to the formation of new stars. Following the approach taken by Dale, Bonnell & Whitworth (2007), who have calculated this ‘fragmentation time-scale’ for a uniform molecular cloud of pure molecular hydrogen, we take the ionizing photon flux of the G305 complex from Clark & Porter (2004) to estimate a similar timescale. We find that after the formation of Danks 1 & 2, there would be a delay of ≈2.4 Myr until the next generation of star formation occurred within the complex. This would support the scenario that the star formation within G305 was not continuous, but more likely characterized by punctuated star formation over the lifetime of the complex.

We find also that our derived SFR for G305 is comparable to other well-known massive star-forming complexes in the Galaxy, namely the Carina complex (Povich et al. 2011) and M17 (Chomiuk & Povich 2011). We stress that the derived SFR value is based on a small sample of high-mass stars, and has been extrapolated over a large range of stellar masses; when considering the lower mass stars present, their lifetimes may well be one to two orders of magnitude longer.

For completeness, the Galactic SFR is found to be ≈2 M⊙ yr⁻¹ (Chomiuk & Povich 2011; Davies et al. 2011), suggesting that a few tens to hundreds of G305 complexes are analogous to the entire SFR of the Milky Way. Using results from the Wilkinson Microwave Anisotropy Probe (WMAP), Murray & Rahman (2010) identify some 31 Galactic H II regions with an ionizing flux greater than that of G305, of which some 18 WMAP sources constitute over half the total Galactic ionizing flux. Just as the IMF is dominated by the more massive stars present, the Galactic SFR is probably dominated by the few rigorous star-forming regions present.

### 4.4 Alternative star formation rate indicators within G305

Clearly the value for the SFR derived from the population of embedded massive star-forming regions identified will be an upper limit, since we have assumed a power-law slope (i.e. Salpeter IMF), and, by extrapolating the IMF over a small sample of massive stars, have overestimated the total mass in stars. To this must also be added issues of completeness, and assuming a time-scale of ≈10³ yr will be unrepresentative of the intermediate- to low-mass YSOs present.

![Figure 8. Colour–colour plots of all Hi-GAL sources found in the G305 field (blue circles), and known sites of massive star formation (red asterisks). Dashed lines indicate the boundary of the region used for distinguishing sites of embedded massive star formation from other sources, at a luminosity of >10³ L⊙.](image)
However, the value should prove a good assumption for the upper limit, which can then be compared to other SFR tracers that are independent of the resolved massive stellar population within G305.

What is key here is that we are able to resolve the YSO population within Galactic H II regions, such as G305, and use both the IMF and stellar time-scales to derive an SFR. This can then be contrasted and calibrated to extragalactic emission tracers, such as the total IR luminosity, to determine whether Galactic SFRs are consistent with extragalactic SFR indicators. We next consider the SFR using tracers that are independent of the identified YSO population. Table 3 lists the calculated SFRs for G305 using numerous tracers, with reference to each approach.

4.4.1 The relation between star formation rate and molecular cloud mass

Recent work by Heiderman et al. (2010) and Lada et al. (2010) on the star formation activity of molecular clouds within 0.5 kpc of the Sun suggests that the SFR scales linearly with the molecular cloud mass. Lada (1992) showed that active star formation is to be found primarily in high volume density regions of molecular clouds, with star formation favouring very massive, dense cores. The expectation for the star formation activity is thus that there is a tight correlation with the amount of high-extinction material present in molecular clouds.

Lada et al. (2010) illustrate, for a sample of local molecular clouds, that by comparison of the cumulative mass to YSO content as a function of extinction (see Lada et al. 2010, fig. 3), a marked minimum dispersion of the cumulative mass is found at $A_V = 7.3 \pm 1.8$ mag. The proposition is that above this minimum, the cloud mass is directly related to the star formation activity and hence the SFR within the clouds. It is shown that this high-extinction value corresponds to an equally high volume density of $n(H_2) \approx 10^4 \text{cm}^{-3}$ (Lada et al. 2010). There is also evidence that this linear relation holds for extragalactic molecular clouds. A tight correlation between the total IR luminosity and the luminosity of the HCN molecule, which itself requires high densities ($> 10^4 \text{cm}^{-3}$) to be excited to a detectable level, has been found for both Galactic cores (Wu et al. 2005), and for a sample of normal spirals and starburst galaxies (Gao & Solomon 2004). These studies suggest that the linear relation holds for dense interstellar gas both on a Galactic and extragalactic scale, underlying a physical relation that links star formation and galaxy evolution.

From this linear correlation, an SFR is derived of the form

$$\text{SFR} = 4.6 \pm 2.6 \times 10^{-8} M_{0.8} (\text{M}_\odot \text{yr}^{-1}),$$

where $M_{0.8}$ corresponds to the cloud mass, in solar masses, above an extinction threshold of $A_V \approx 0.8$ mag, which is derived from the visual extinction of $A_V = 7.3 \pm 1.8$ mag mentioned earlier.

For each IR source identified by Herschel across the G305 complex we determine the physical radius at 250 $\mu$m, as this wavelength offers the optimum combination of signal-to-noise ratio, and angular resolution. To estimate the physical diameter for each source, we first deconvolve the source size from the Gaussian (Thompson 2012): $\Theta_s = \Theta_{\text{beam}}^2 - \Theta_{\text{source}}^2$.

(11)

where $\Theta_s$ is the source size estimated from the FWHM of the Gaussian fitting and $\Theta_{\text{beam}}$ is the Herschel beam size at 250 $\mu$m. If we then place each source at a distance of 4 kpc, and assume spherical geometry and a uniform density, we can determine those sources found to be above the critical density threshold. From this we are able to determine the mass of the dense gas within G305; then using the Lada et al. (2010) assumption that dense gas is associated with the star formation activity, we find a dense gas mass of $\approx 3 \times 10^5 \text{M}_\odot$; for comparison, the total molecular mass traced by NH$_3$ is found to be $\approx 1 \times 10^6 \text{M}_\odot$ (Hindson et al. 2010). We note that this mass is an approximation, since it is unlikely that the density of each source is uniform.

By combining this mass with equation (10), we obtain a dense gas derived SFR of $0.006-0.02 \text{M}_\odot \text{yr}^{-1}$. The result is found to be in good agreement with the embedded massive SFR derived earlier, and goes some way towards confirming the Lada et al. (2010) assumption by extension to the star formation activity of embedded massive star-forming regions.

4.4.2 The 70 $\mu$m emission star formation rate

In contrast to deriving a value of the SFR from all identified embedded massive star-forming regions, we can also approach measuring the SFR by considering the total infrared flux (TIR) of the giant G305 H II region. On an extragalactic perspective current SFRs are calculated using a tracer of UV photon emission from YSOs, and also spectral synthesis models (Kennicutt 1998). In this case, observations of H II regions prove ideal measures of current star formation. However, some fraction of the total UV emission will be obscured by the presence of dust; thus bolometric IR observations of dust (i.e. TIR) will provide an excellent means to recover the extinguished UV photon emission, with the dust absorption highly peaked in the UV and re-emission being in a broad spectral range of mid- to far-IR (Kennicutt 1998). The conclusion from this is that the TIR will provide the best indicator of SFR obscured by the presence of dust.

Observationally, an advantage would be the use of a single-band star formation indicator, such as UV, H$\alpha$, 8 and 24 $\mu$m, etc.; however, each of these has its own complications. In the case of UV and optical lines, corrections need to be taken into consideration due to large extinction. Whereas 8 and 24 $\mu$m emission strongly depends on the local environment, since the abundances of small dust grains that contribute to their emission depend greatly on metallicity and the presence of ionizing radiation.

Calzetti et al. (2007) and Dale et al. (2005) note that 8 $\mu$m emission makes for an inaccurate SFR indicator since there is a large degree of variability of emission in galaxies with respect to SED shape and metallicity. This strong variability at 8 $\mu$m is emphasized in Fig. 5, where variations of an order of magnitude exist between the best-fitting and good fit SED models. This variation can be accounted for by the disc inclination to the line of sight for the
centrally embedded object, where the observed flux from a pole-on view can be two to four times greater than a more edge-on viewing angle (Whitney et al. 2003).

Calzetti et al. (2005) find that the SFR calculated from 24 μm emission itself varies strongly from galaxy to galaxy. On a local scale, the ratio of the 24 μm luminosity to SFR is found to be a reasonably accurate tracer; however, when applied to other systems, such as starbursts and ultraluminous infrared galaxies (ULIRGs), the ratio is systematically higher. This variation in the 24 μm is found to be a factor of a few with respects to the observed SEDs, and may be grounded in the strong dependence on local galactic conditions; with ionizing stars heating dust to different averaged temperatures, the 24 μm emission will be most sensitive to this. However, Dale et al. (2005) find that 70 μm emission may be an accurate monochromatic star formation indicator, since the 70–160 μm ratio is found to correlate well with local SFRs.

Recent work by Lawton et al. (2010) have determined an accurate monochromatic IR band that best approximates the obscured SFR in the Large Magellanic Cloud (LMC) and Small Magellanic Cloud (SMC), through IR aperture photometry of 16 LMC and 16 SMC H II regions, using Spitzer Infrared Array Camera (IRAC) (3.6, 4.5, 8 μm) and MIPS (24, 70, 160 μm) bands. It is found from the IR SEDs of each H II region that the majority peak at around 70 μm at all radii (10–400 pc) from the centrally ionizing sources, and that the 70 μm emission most closely traces the size of each H II region as found using the TIR. The conclusion from this is that the 70 μm emission is the most likely suitable IR band to utilize as a monochromatic SFR indicator.

It has been argued by Kennicutt (1998) that the TIR is the best obscured SFR indicator available for starburst galaxies. However, dust-obscured star formation in H II regions are found to behave similarly, in that their environments are both very dusty and are sites of recent star formation. The Kennicutt (1998) obscured SFR equation is of the form

$$SFR = 4.5 \times 10^{-44} L_{\text{TIR}} (M_\odot \text{yr}^{-1}),$$

where $L_{\text{TIR}}$ is the TIR luminosity in erg s$^{-1}$, and the value $4.5 \times 10^{-44}$ is a constant derived from synthesis models, with assumptions on the IMF and star formation time-scales (Kennicutt 1998).

The TIR luminosity in equation (12) can be substituted with the averaged 70 μm luminosity, normalized by the TIR, while also applying an IR band specific constant. The monochromatic obscured SFR equation of Lawton et al. (2010) is found to be

$$SFR = 9.7 (0.7) \times 10^{-44} L(\lambda) (M_\odot \text{yr}^{-1}),$$

where $L(\lambda)$ is the observed luminosity in erg s$^{-1}$.

By employing aperture photometry of the whole G305 region, we obtain the cumulative 70 μm flux, $f_\lambda(\lambda)$, and from this are able to calculate the monochromatic luminosity at 70 μm (Calzetti et al. 2010b):

$$L(\lambda) = 4 \pi d^2 \left( \frac{c}{\lambda} \right) f_\lambda(\lambda) \text{ erg s}^{-1},$$

where $d$ is the distance to the G305 complex in m.

Using the value found for the observed luminosity at 70 μm, with equation (13), we obtain an obscured SFR for G305 of 0.002–0.005 M⊙ yr$^{-1}$. A similar approach has been suggested by Li et al. (2010), who also determine a monochromatic SFR indicator at 70 μm, yet calibrate their SFR tracer not with the TIR luminosity but rather with the combined Hα, and 24 μm luminosity. For completeness, using the Li et al. (2010) tracer, we derive an SFR of 0.004–0.008 M⊙ yr$^{-1}$, which is in approximate agreement with that using the Lawton et al. (2010) approach.

We can directly compare these results to that derived from the total Lyman continuum photon rate of G305, where we find an SFR of 0.002–0.004 M⊙ yr$^{-1}$ (Hindson et al., in preparation). We note that both these two independent tracers are in excellent agreement, and however are found to a factor of ≥2 lower than that derived from the embedded massive star-forming population. A similar result is found by Chomiuk & Povich (2011), who find that the SFR for M17 estimated from both the Lyman continuum and 24 μm emission is underestimated by a factor of ≥2 in comparison to the SFR derived from YSO counting.

This discrepancy may simply be that there are elementary differences in the measurements between Galactic and extragalactic observations. Lawton et al. (2010) note that equation (13) extends to H II regions measured at projected distances of 52 and 61 kpc for the LMC and SMC, respectively. With G305 some ~4 kpc distant, the relation between the SFR and luminosity at 70 μm may indeed break down, with the effects of individual protostars becoming more important, due to the larger spatial resolution. It may also be the case that the ‘steady-state’ assumption breaks down in this comparison. Though it is normally true that the lifetime of the region observed is longer than for the individual objects for extragalactic realms, this may not hold for observations of Galactic regions that tend to be smaller, and with shorter dynamical time-scales.

4.4.3 A galactic–extragalactic comparison

By comparing the derived SFR from numerous tracers, shown in Table 3, what is immediately apparent is the disparity between the rates derived from the resolved stellar population and those from extragalactic tracers; there is lack of consistency between the two, with extragalactic tracers tending to underestimate the SFR derived from resolved Galactic SFRs. This circumstance between the two SFR regimes has been noted by several authors (Heiderman et al. 2010; Lada et al. 2010; Chomiuk & Povich 2011), where there appears a distinct underestimation for Galactic H II regions. Heiderman et al. (2010) make the suggestion that this difference may be accounted for by the inclusion of diffuse gas, in the standard Kennicutt–Schmidt relation, that is below the critical density threshold for star formation, as suggested by Lada et al. (2010). Since extinction maps are not readily available to determine the surface density of gas in extragalactic studies, CO maps are often employed instead. Heiderman et al. (2010) find that using CO as a gas tracer, for a sample of local molecular clouds, leads to an underestimate in mass of ≥30 per cent compared to that obtained using extinction maps. The result of this would essentially push down the estimated SFR from the Kennicutt (1998) relation, and may go some way in accounting for the dissimilarity between extragalactic regions and more local, Galactic ones.

However, recent work by Krumholz et al. (2012) seems to suggest a unified star formation law, with objects ranging from both low-mass solar neighbourhood clouds through to submillimetre galaxies in agreement with one distinct star formation law. What is advocated in this law is that the SFR, within a variety of scales, is simply ≈1 per cent of the molecular gas mass per local free-fall time. This volumetric approach suggests a local, universal star formation law that is applicable to Galactic and extragalactic observations (see Krumholz et al. 2012, fig. 3), bridging the gap between the apparent disparity in the two regimes. This law is affected solely by local variations, such as the gas condition, with more global
Galactic/galaxy-scale properties, such as the orbital period, having no impact on the SFR in so far as they do not change the local properties of star-forming regions.

Conversely, Lada et al. (2012) conclude that a universal star formation law that is applicable from the Milky Way through to near-IR-selected (BzK) galaxies is simply directed by the amount of dense molecular gas that can accumulate within a star-forming region. In the majority of situations, only 10 per cent of the total mass within a molecular cloud is at a sufficient density, $n(H_2) \geq 10^4 \text{ cm}^{-3}$ (Lada et al. 2010), to actively form stars. Clearly there is a disparity between the two proposed universal SFR laws; Krumholz et al. (2012) favour gas surface densities and local free-fall times as crucial, while Lada et al. (2012) advocate gas surface densities and the fraction of dense gas as the pivotal factors. It therefore seems that more work is needed to describe the underlying nature of a universal star formation law, if such a law is to be found.

What is apparent, when measuring the Galactic SFR, is the need for an accurate means to compare the Milky Way to other galaxies, in order to allow us to extend the more detailed Galactic analysis to other systems and to test the discrepancy between the two regimes. Continued, multiwavelength analysis of Galactic H$_2$ regions, now including Herschel Hi-GAL, will in part aid with this. Through extended study across a wide range of star-forming regions, an accurate determination of the IMF, and with that the SFR, can be achieved, which scaled up from a more local level to a global, Galactic level, will allow for the consideration of how these crucial properties vary as a function of environment across the Milky Way (see Veneziani et al., in preparation for a detailed study of the Herschel Science Demonstration Phase fields). This should help in a better understanding of how the SFR can accurately be measured on both Galactic and extragalactic scales, and lead to a more unified calibration.

5 SUMMARY
We have studied the G305 star-forming complex, using Herschel Hi-GAL far-IR data in search for an embedded massive star-forming population. In total, we identify some 16 embedded massive star-forming regions from their associations with radio, maser and RMS counterparts across the region (Fig. 7). From this sample of known embedded massive stars we suggest a far-IR colour selection of log($F_{350}/F_{500}$) ≥ 1 and log($F_{160}/F_{350}$) ≥ 1.6 that can be utilized across similar regions within the Herschel Hi-GAL survey, to identify embedded massive star-forming candidates across the Galactic plane.

With our sample of embedded massive stars, we derive the present-day SFR for the complex of 0.01–0.02 M$_\odot$ yr$^{-1}$, which is found to be in good agreement with other well-known massive star-forming complexes such as the Carina complex (Povich et al. 2011) and M17 (Povich & Whitney 2010). In comparison to other well-known extragalactic SFR tracers, based on the Kennicutt (1998) relation, there is a noted discrepancy between the two regimes, with extragalactic tracers tending to underestimate the SFR. We note, however, the use of the Lada et al. (2010) relation for SFR that is in good agreement with the resolved SFR derived from our study, suggesting that the key to the SFR is the total amount, and production, of dense gas within molecular clouds.

We find that the Milky Way SFR (Chomiuk & Povich 2011; Davies et al. 2011) is comparable to tens to hundreds of G305 complexes, emphasizing the fact that the Galactic SFR is most likely dominated by similar massive star-forming complexes. By combining Herschel Hi-GAL data (Molinari et al. 2010b) with current and future multiwavelength large data sets such as GLIMPSE (Benjamin et al. 2003), UKIDSS GPS (Lucas et al. 2008), MIPSGAL (Carey et al. 2009), VVV (Minniti et al. 2010), CORNISH (Parcell & Hoare 2010) and MALT90 (Foster et al. 2011), we will be able to study massive star formation across the Galactic plane, and how the SFRs of numerous complexes vary as a function of environment. The result could conceivably give rise to global star formation scaling laws that could then allow us to extend our detailed knowledge of our Galaxy to more distant extragalactic realms.

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