Self-Organization of Atoms along a Nanophotonic Waveguide

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Atoms coupled to nanophotonic interfaces represent an exciting frontier for the investigation of quantum light-matter interactions. While most work has considered the interaction between statically positioned atoms and light, here we demonstrate that a wealth of phenomena can arise from the self-consistent interaction between atomic internal states, optical scattering, and atomic forces. We consider in detail the case of atoms coupled to a one-dimensional nanophotonic waveguide and show that this interplay gives rise to the self-organization of atomic positions along the waveguide, which can be probed through distinct characteristics in the reflection and transmission spectra.

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In recent years, ultracold atomic gases have become rich systems for the investigation of novel many-body phenomena involving spatial and/or spin degrees of freedom [1]. The success of this field takes advantage of the ability to trap atoms in optical lattices and manipulate their interactions, enabling one to controllably emulate more complex condensed matter systems. In the majority of these experiments, however, the underlying lattice is static and provided by external lasers, which prohibits one from accessing phenomena associated with the backaction of lattice dynamics on spatial and internal dynamics.

This potentially rich behavior has been explored recently using cold atoms coupled to Fabry-Perot optical cavities [2–8]. The key feature here is the interplay between forces arising from photons scattered into the cavity by the atoms and the position-dependent atom-cavity coupling strengths. In the case of single-mode cavities, for example, the atomic spatial configuration undergoes a spontaneous symmetry breaking into one of two states dictated by the cavity boundary conditions [2,3], which can give rise to a Dicke phase transition [7]. The formation of more exotic phases of matter (such as quantum spin glasses) has been predicted [4–6] in systems utilizing multiple cavity modes.

In this Letter, we show that atoms coupled to nanophotonic systems constitute a versatile platform for investigating similar behavior in the absence of externally imposed trapping potentials and boundary conditions set by cavity mirrors. This exciting frontier is motivated by recent experimental success in coupling cold atoms to nanophotonic waveguides [9–11] and by predictions that certain atomic spatial configurations can yield a remarkable optical response [12–15], such as highly reflecting atomic mirrors [14,15]. Whereas this previous work assumed the atoms were spatially fixed, here we show that the atoms can in fact self-organize into exotic spatial configurations due to the interplay of atomic internal states, positions, and photon-mediated forces [16].

Detailed theoretical studies of the interactions and forces between a single atom and light and of photon-mediated interactions in tightly confining waveguides have been carried out in a number of previous works [12,17–21]. This work has already predicted a number of unique features. For example, the interaction strength (e.g., as characterized by the emission rate $\Gamma_{1D}$ into the guided modes) between a single atom and a waveguide becomes substantial as the transverse extent of the field becomes comparable to the resonant atomic scattering cross section $\sigma \sim \lambda_0^2$, and photon-mediated interactions become long range due to the absence of diffraction in the guided modes. While several studies consider the exact fields of nanowaveguides [12,20–22], here we present a simplified theoretical model that captures the most salient aspects.

Specifically, our model describes an ensemble of $N$ atoms with ground and excited states $|g\rangle$ and $|e\rangle$, transition frequency $\omega_0$, and positions $z_j$ ($1 \leq j \leq N$), which experience dipole coupling with equal strength to a single-mode waveguide with left- and right-propagating modes [see Fig. 1(a)]. To make the problem tractable, the continuum of field modes can be effectively eliminated [15], producing a quantum spin model that describes atomic dipole-dipole interactions mediated by guided photons. In particular, the reduced atomic density matrix obeys

$$\dot{\rho} = -i[H_{dd}, \rho] + \mathcal{L}_{dd}[\rho] = -i[H_{dd}, \rho] + \mathcal{L}_{dd}[\rho],$$

where

$$H_{dd} = \frac{\Gamma_{1D}}{2} \sum_{j\neq j'} \sin(k_0|z_j - z_{j'}|)\sigma_{eg}^j\sigma_{ge}^{j'},$$

and

$$\mathcal{L}_{dd}[\rho] = \sum_{l=\pm} 2 \dot{\rho} \dot{\rho}^\dagger - \dot{\rho}^\dagger \dot{\rho} - \rho \dot{\rho}^\dagger \dot{\rho}.$$
emission rate of a single, independent atom into the guided modes: \( k_0 = 2\pi / \lambda_0 \) is the wave vector at the atomic resonant frequency; and \( \sigma_{ge}^j \) is the lowering operator for atom \( j \). Physically, \( H_{dd} \) describes coherent dipole-dipole coupling between atoms \( j \) and \( j' \), while \( \mathcal{L}_{dd}(p) \) captures cooperative emission (such as super- and subradiance [23]) in the two guided directions \((l = \pm)\). The dipole interactions involve all pairs of atoms and are ideally infinite in range and oscillatory in strength. As indicated previously, this reflects the absence of diffraction in the guided modes, such that the photon-mediated interaction depends only on the relative phase between the atomic coherences. Corrections from causality and the free-space propagation phase (the derivation assumes that all relevant wave vectors are close to \( k_0 \)) are negligible for realistic system sizes and atom number \( N \) [15]. We also account for a non-negligible spontaneous emission rate \( \Gamma' \) into free space via additional independent jump operators \( \hat{O}_j = \sqrt{\Gamma' / 2 \sigma_{ge}^j} \) (\( 1 \leq j \leq N \)). In principle, free-space emission can exhibit cooperative behavior [23], whose strength decays with increasing particle separation. Our model is thus valid for dilute linear densities \( n_0 \ll \lambda_0^{-3} \). This limit does not reduce waveguide-mediated interactions due to their infinite range.

Photon-mediated forces can be extremely large in nanophotonic systems [17], which allows for prominent effects. Specifically, the strength \( \Gamma_{1D} \) of the pairwise interaction can be a significant fraction of the vacuum emission rate \( \Gamma_0 \), corresponding to the Doppler temperature in atomic motion. As shown below, the long-range nature of interactions can produce forces further enhanced by a factor \( \sim N \) over a single pair. Current systems with nanofibers attest coupling strengths approaching \( \Gamma_{1D} \sim 0.1 \Gamma_0 \) [9–11], with further increases expected from improved waveguide design [22].

Now, we consider the case where the atoms are driven identically by a pump field with Rabi frequency \( \Omega \) and detuning \( \delta = \omega_{pump} - \omega_0 \), as illustrated in Fig. 1(a). The atoms are tightly trapped in the transverse direction, and the pump is chosen to be counterpropagating to minimize undesired transverse forces. The atomic positions \( z_j / \lambda_0 = n_j + f_j \), in units of the resonant wavelength \( \lambda_0 \), are parametrized by an integer \( n_j \) and fraction \( 0 < f_j \leq 1 \). The system is fully characterized by \( f_j \), as the integers \( n_j \) have no physical consequence on the dynamics due to periodic, infinite-range interactions between atoms. A guided weak field of detuning \( \delta_p \) separately probes the atomic configurations, e.g., via reflectance. (b) In the weak-scattering limit, the minimum energy state corresponds to an atomic lattice with lattice constant \( d / \lambda_0 = 1 - 1 / 2 N \) and fractional distances \( f_j = 1 - (j - 1) / 2 N \), as illustrated versus atom index \( j \) in (c) for the case of \( N = 10 \) atoms.
to the motion. In practice, however, antidiamping can be made negligible over experimentally relevant time scales.

To describe the self-organized configurations, we assume without loss of generality that $z_j \leq z_j$ for $j < j'$ and define $z_0 = 0$. While the forces in Eq. (5) only influence the relative coordinates and the center-of-mass motion of the atoms in principle remains free, in practice this motion will have nearly zero velocity due to the initial atomic cooling and loading procedure [10,11]. It is convenient to write the positions in the form $z_j/\lambda_0 = n_j + f_j$, where $n_j$ is an integer and $f_j$ is a fractional distance ($0 < f_j \leq 1$), as shown in Fig. 1(a). Due to the periodicity of Eqs. (4) and (5), the integers $n_j$ have no consequence in the evolution, and the system is fully characterized by $f_j$.

The weak-scattering regime is defined as that where the fields rescattered by the atoms into the waveguide [proportional to the last term on the right-hand side in Eq. (4)] are negligible compared to the external driving field. A sufficient condition is $NT_{1D} \ll \sqrt{\delta^2 + (\Gamma/2)^2}$, in which case the atomic coherences are equal and given by $\sigma_{ge}^{(0)} = \sigma_{ge}^{\text{scat}} = i\Omega/(\Gamma/2 - i\delta)$. The atomic motion is then governed by a purely mechanical potential, $H_{dd} = (\Gamma_{1D}s_0/2) \sum_{j \neq j'} \sin k_0 |z_j - z_{j'}|$, where $s_0 = \|\sigma_{ge}^{(0)}\|^2$. This potential is minimized when the atoms form a lattice with lattice constant $d_{ws} = \lambda_0(1 - \frac{1}{2N})$ [see Fig. 1(b)], with corresponding energy $H_{dd,\text{min}} = -N^2 \Gamma_{1D} \pi$. The $N^2$ scaling reflects the strong collective forces arising from the long-range interactions within the system. The fractional distances take the form $f_j = 1 - (j - 1)/2N$, as illustrated in Fig. 1(c) for the case of $N = 10$ atoms.

An atomic lattice spaced by the resonant wavelength $\lambda_0 = 2\pi/k_0$ forms a perfect mirror on resonance as $N \to \infty$, even though a single atom is mostly absorptive [15]. This phenomenon arises due to the coupling of light to a superradiant spin wave $\tilde{S} = \sum_j \sigma_{ge}^{(0)}$ of the atoms. As described below, for large $N$, the close proximity of the weak-scattering configuration [with lattice constant $d_{ws} = \lambda_0(1 - \frac{1}{2N})$] to the superradiant one gives rise to intriguing crossover behavior as the pump frequency is tuned closer to resonance (\(\delta \to 0\)) and the atomic optical depth increases.

Starting from the weak-scattering solution at large detuning, we obtain adiabatically transformed solutions by changing $\delta$ in small steps and integrating Eqs. (3)–(5) at each step until the system converges to a stationary state. A small external damping $p_j = -\gamma_p p_j$ is added to the equations to facilitate convergence. Figure 2(a) depicts some self-organization solutions $f_j$ for a representative set of detunings in the case of $N = 150$ atoms and $\Gamma_{1D} = \Gamma/4$ [also see Fig. 2(b) depicting a continuous variation of $\delta$]. Compared to the weak-scattering regime, these solutions exhibit a variety of interesting phenomena, including lattice compression, expansion, and phase slips or fragmentation. While we have chosen a particular parameter set for illustration here, we emphasize that our conclusions are quite general.

We first consider the approach toward resonance (\(\delta = 0\)) starting from large negative detuning. Our calculations reveal a gradual compression of the lattice constant $d < d_{ws}$, as $\delta/\Gamma \to -1/2$, followed by a rapid expansion between $-1/2 \ll \delta/\Gamma \ll 0$ [Fig. 2(c)] and a crossover into the superradiant regime $d = \lambda_0$ (nearly equal $f_j$). A simple model for moderate scattering strength can be derived by noting that the atoms primarily act dispersively for large detunings. The phase shift imparted in transmission by a single atom can readily be calculated [15,24] $\theta_e = -\arctan\left(\frac{2\Gamma_{1D}d_{ws}^2}{\Gamma_{1D}^2 + \delta^2}\right)$, which leads to an effective frequency-dependent wavelength $\lambda_{eff} = \lambda_0(1 - \theta_e/2)$. For negative detuning, $\lambda_{eff} = \lambda_0$ (i.e., the medium has an effective index $n_{eff} > 1$), which accounts for the smaller lattice constant $d < d_{ws}$. Furthermore, the dispersive shift is maximized when $\delta/\Gamma = -1/2$. In Fig. 2(c), we plot the predicted lattice constant $d_{eff} = \lambda_{eff}(1 - 1/2N)$ in the regime $\delta < 0$, as compared to the numerically obtained lattice constants. Our simple model reproduces well the actual behavior, even for large optical depths, when one expects the system to be better described by band structure than an effective index [25].

Approaching resonance from large positive detuning, a similar argument would predict lattice expansion, with the system attaining the superradiant lattice constant of $d = \lambda_0$ at a critical detuning of $\delta_c \sim N\Gamma_{1D}/2\pi$. Such an argument is inconsistent, however, as the atoms do not behave as independent refractive index elements in the superradiant regime. Instead, we find that the system crosses over into a new regime around $\delta = \delta_c$, where the single lattice...
fragments into two smaller lattices with a “phase slip” between them [see, e.g., Fig. 2(a) for detuning $\delta = \Gamma/2$]. In particular, the left and right halves of the atomic system have approximately constant $f_j$ (indicating a lattice constant in those segments of $-\lambda_0$), while a phase slip of $\Delta f = -1/4$ occurs between those two segments (corresponding to a $3\lambda_0/4$ separation between the two halves). Physically, each segment behaves like a collective “superatom” with large dipole coupling to the guided modes. These two superatoms are bound together by optical forces in the same way that two single atoms would self-organize. Specifically, we find $H_{dd} \propto \sin k_0(z_R - z_L)$, which occurs for $z_R - z_L = 3\lambda_0/4$ and reproduces the observed phase slip. The association of this behavior with superradiance has also been seen in Fig. 3(a). Here, we have plotted the mean atomic excited state population normalized by the independent atom result $\langle \sigma_{ge}^2 \rangle / s_0$ as a function of detuning. For positive detunings, the excited state population is strongly suppressed due to the large collective decay rate into the guided modes.

Near resonance, we find that the phase slip rapidly vanishes and the two segments merge to again form a single lattice. Thus far, we are not able to produce a simple effective model of this phenomenon, as the strong, long-range interactions in this regime cause simple “mean-field” descriptions involving just a few parameters to apparently break down. However, we believe that the nature of this many-atom, strongly interacting system will be a rich area for future investigations.

For small displacements around the self-organized solutions, the atomic motion is well described by a set of normal modes (i.e., phonons). A good description of these modes can be obtained by first noting that the ratio of the atomic recoil frequency $\omega_r = (\hbar k^2_0)/(2m)$ to the spontaneous emission rate $\Gamma$ is typically small. This implies that the atomic coherences $\sigma_{ge}$ follow the motion nearly instantaneously. Writing Eq. (4) in the form $\sigma_{ge}^i = M_{jk}[\tilde{z}(t)]\sigma_{ge}^k + i\Omega$, the lowest-order solution is given by

$$\sigma_{ge,inst} = -iM^{-1}[\tilde{z}(t)]\tilde{\Omega}.$$  

(6)

Substituting this expression back into the force equation (5) and linearizing around the equilibrium positions $\tilde{z}_{eq}$ yields a set of restoring equations $\rho_j = -K_{jk}(z_k - \tilde{z}_{eq,k})$.

In the weak-scattering limit, $K_{jk}$ is a circulant matrix, which enables the phonon spectrum to be solved exactly. Specifically, we find $N$ phonon modes with wave numbers $2\pi j/N (0 \leq j \leq N - 1)$ and frequencies

$$\omega_{ph,j} = \left[2\omega_s s_0 \frac{1}{N} \left( \sin(\pi/N) \cos(2\pi j/N) - \cos(\pi/N) \right) \right]^{1/2}.$$  

(7)

The trivial $j = 0$ mode denotes the free (zero-frequency) center-of-mass motion. The other modes scale with large $N$ approximately as $\omega_{ph,j} \sim \sqrt{\omega_s s_0 N \Gamma_{1D}}$. In Fig. 3(b), we plot the normalized phonon frequencies $\omega_{ph,j}/\sqrt{\omega_s s_0 N \Gamma_{1D}}$ as a function of detuning. The phonon spectrum exhibits a strong softening in the superradiant regime [Fig. 3(a)]. It should be noted that our adiabatic transformation technique does not preclude the possibility of other solutions. In fact, preliminary calculations suggest that the phonon softening enables the system to develop a multitude of other weakly stable solutions, which will be studied more extensively in future work.

Small delays in the atomic internal response compared to the motion can lead to damping or antidamping forces. We can characterize this effect perturbatively by substituting Eq. (6) into (4) and iteratively finding higher-order corrections. In particular, we can write $\sigma_{ge}(t) = \sigma_{ge,inst} + \sigma_{ge,d}$, where the first-order correction satisfies

$$\sigma_{ge,d} = M^{-1}(\tilde{z}_{eq}) \ln \frac{\tilde{\rho}}{\ln \sigma_{ge,inst}(\tilde{z}_{eq})}.$$  

(8)

Like before, this expression can be substituted into Eq. (5) to yield $\rho_j = -K_{jk}(z_k - \tilde{z}_{eq,k}) - L_{jk}\rho_j$, where the matrix $L_{jk}$ characterizes momentum damping or antidamping. This term produces an imaginary component in the normal mode frequencies $\omega_{ph,j} = \omega_{ph,j} + i\gamma_{ph,j}$, where $\gamma_{ph,j} > 0$ ($\gamma_{ph,j} < 0$) indicates antidamping (damping). For sufficiently large atom number $N$, we generally find that some of the modes exhibit antidamping. In the weak-scattering limit, the largest antidamping rate behaves approximately as $\gamma_{max} \sim N^{2/3} \omega_{ph,j}/\Gamma_{1D}$. While antidamping in principle implies that the system is only metastable absent an external cooling mechanism, in practice, the antidamping rates can be made negligible compared to typical inverse trapping lifetimes for cold atoms. In the weak-scattering limit ($N \Gamma_{1D} \ll |\delta|$), for example, $\gamma_{max} \ll s_0 \omega_r$ is a small fraction of the recoil frequency. In Fig. 3(b), we plot the maximum antidamping rate $\gamma_{max}$ versus detuning.

![Graph](image_url)
Self-organization can be observed through its dramatic influence on light propagation through the waveguide. Here, we consider the linear reflection and transmission of an incident guided probe beam, as illustrated in Fig. 1(a). For concreteness, we do not account for the atomic forces or motion imparted by the probe. For example, once the atoms evolve to the steady-state, self-organized positions, as in Figs. 2(a) and 2(b), the resulting configuration would be probed in a destructive fashion by a probe pulse $E_{\text{probe}}(t)$ of duration $\tau \ll \omega_{\text{ph}}$. As discussed in Refs. [15,24], the reflection and transmission coefficients of a single atom are given by $r(\delta_p) = -\frac{\Gamma_{\text{in}}}{\Gamma - 2i\delta_p}$ and $t(\delta_p) = 1 + r(\delta_p)$, where $\delta_p$ is the probe detuning. Given the coefficients of a single atom, one can efficiently calculate the reflection and transmission amplitudes of an array (including free-space propagation between atoms) via the transfer matrix technique [16,25].

It is helpful to first consider light propagation through an infinite, perfect lattice with lattice constant $d$, in which case the optical modes are well described by Bloch wave vectors [26]. Following the techniques of Ref. [25], we find that the optical Bloch wave vectors $q$ obey the dispersion relation $\cos qd = \cos k_0d - \xi \sin k_0d$, where $\xi = -\frac{\Gamma_{\text{in}}}{\Gamma} i\frac{2\delta_p}{\Gamma - 2i\delta_p}$. Furthermore, in analogy with purely dispersive media, we are motivated to temporarily ignore the atomic absorption (imaginary part of $\xi$) and look for “band gap” regions (where $q$ is purely imaginary), in which propagation is forbidden due to strong interference in the multiple reflections. Defining a parameter $\epsilon = 2\pi(1 - d/\lambda_0)$ that characterizes the offset from the superradiant lattice constant $d = \lambda_0$, we find that an optical band gap exists for probe detunings $-\frac{\Gamma_{\text{in}}}{\epsilon} \leq \delta_{\text{gap}} \leq -\frac{\Gamma_{\text{in}}}{4\epsilon}$ (assuming that $\Gamma_{\text{in}}/\Gamma \gg \epsilon$). In dispersive media, a band gap gives rise to perfect reflection from a long lattice due to the absence of propagating modes within the system.

Self-organization in our system into a lattice with $d < \lambda_0$ ($\epsilon > 0$) thus should manifest itself in an asymmetric peak in the reflectance spectrum, as the band gap occurs for negative probe detunings $\delta_p < 0$. The width of this reflection peak should scale approximately like $\epsilon^{-1}$. In Fig. 4(a), we have plotted the reflection spectra for the different self-organization configurations (as determined by the pump detuning $\delta_p$). Here, we have evaluated the spectra based on the numerical solutions of Fig. 2(b) and including fully atomic absorption. We have overlaid the edges of the band gap $-\frac{\Gamma_{\text{in}}}{\epsilon} \leq \delta_{\text{gap}} \leq -\frac{\Gamma_{\text{in}}}{4\epsilon}$ (dashed blue curves) in the regimes where the system is well described by a single lattice constant (i.e., outside of the phase slip configuration). A clear correlation between enhanced reflectance and the predicted band gap is observed, with the absence of perfect reflectance attributable to the finite atom number, atomic absorption, and small variations of $\epsilon$ along the atomic chain.

In the phase slip configuration that occurs for positive pump detuning, the reflection spectra change dramatically. In analogy with Ref. [15], this system can be modeled as two high-reflectivity atomic mirrors forming a high-finesse cavity mode, which enables its optical properties to be easily determined. Here, the spectrum becomes symmetric with respect to $\delta_p$, with the peak reflectance and full width given respectively by $R = 1 - 4\Gamma/\Gamma_{\text{1D}}$ and $\delta_{\text{FWHM}} = \Gamma_{\text{1D}}/\sqrt{2}$. The transition from asymmetric to symmetric spectra as the atoms cross over to the phase slip configuration is evident in Fig. 4(a). In Fig. 4(b), we have plotted the peak reflectance (maximized over probe detuning $\delta_p$) for each spatial configuration determined by the pump detuning $\delta_p$.

In summary, cold atoms coupled to nanophotonic waveguides can exhibit rich self-organization behavior due to the interplay between atomic motion, internal states, and optical response. We have analyzed the simplest case of atoms equally coupled to guided modes with fixed transverse polarization at the atomic locations, as can be approximately realized for suitably engineered waveguides [e.g., the parallel-nanobeam waveguide in Fig. 1(a)] [22]. More generally, nanoscale waveguides can exhibit fields with longitudinal and transverse polarizations of comparable magnitude [20,27], which would restrict our analysis to the weak-scattering limit [28]. However, our model system can be attained by “atom engineering,” as, for example, by applying an external magnetic field along the direction of transverse polarization to isolate a single atomic transition that couples equally to forward and backward modes [27,29].

Certainly, it will be interesting to investigate self-organization in regimes with multiple internal states or polarizations, which might give rise to more exotic behavior such as glassiness. These systems should also yield novel quantum phenomena. For example, it would be interesting to investigate how the optical fields become entangled with the atomic positions [30] or account for correlations that would reveal the emergence of quantum phases of matter [6]. Beyond the exploration of many-body

FIG. 4 (color online). (a) Reflectance from self-organized atomic configuration versus pump ($\delta$) and probe ($\delta_p$) detunings. The dashed blue curves indicate the edges of the band gap region $\delta_{\text{gap}}$, which is well defined when a single lattice constant exists (i.e., outside of the phase slip configuration). The lattice constant used here is the average over all atoms. For the phase slip configuration, the reflectance spectrum is nearly symmetric with respect to $\delta_p$, with a FWHM given by $\sim N\Gamma_{\text{1D}}/\sqrt{2}$. (b) Maximum reflectance (optimized with respect to $\delta_p$) versus pump detuning. All simulations are for $N = 150$ atoms and $\Gamma_{\text{1D}}/\Gamma = 0.25$. 

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phenomena, we envision that these systems can also find applications in quantum information processing. For example, it may be possible to use phonons in self-organized configurations to transfer quantum information over long distances, much like in ion trap systems [31], or to exploit nonlinear optical effects induced by atomic motion [32].

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[28] In the weak-scattering limit, the pump field effectively projects the atoms along its polarization axis [27].
[29] As an example, consider a waveguide with transverse and longitudinal fields $E_x$ and $E_z$, and a magnetic field applied along $x$ to provide Zeeman splittings much larger than the transition linewidth. In this case, the $\{F, m_F = 0\} \rightarrow \{F', m_F' = 0\}$ transition for an alkali atom could be near resonance and strongly interact with the forward and backward guided modes, while $\{F, m_F = 0\} \rightarrow \{F', m_F' \neq 0\}$ transitions would be far off resonance.