Baryogenesis with Higher Dimension Operators

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We propose a simple model of baryogenesis comprised of the standard model coupled to a singlet \( X \) via higher dimension operators \( \mathcal{O} \). In the early universe, \( X \) is thermalized by \( \mathcal{O} \) mediated scattering processes before it decouples relativistically and evolves into a sizable fraction of the total energy density. Eventually, \( X \) decays via \( \mathcal{O} \) in an out of equilibrium, baryon number and CP violating process that releases entropy and achieves baryogenesis for a broad range of parameters. The decay can also produce a primordial abundance of dark matter. Because \( X \) may be as light as a TeV, viable regions of parameter space lie within reach of experimental probes of \( n-\bar{n} \) oscillation, flavor physics, and proton decay.

I. INTRODUCTION

The standard model (SM) cannot explain the observed matter-antimatter asymmetry of the universe, and so new physics is required. In this letter we propose a simple scenario for baryogenesis consisting of the SM plus an inert multiplet of states \( X \). These states interact weakly with the SM through baryon number and CP violating higher dimension operators \( \mathcal{O} \) set by the scale \( \Lambda \).

The process of baryogenesis occurs in the four stages depicted in Fig. 1. In the beginning,

i) \( X \) is thermalized with the SM plasma.

This condition is possible provided \( T_R \), the reheating temperature, is greater than \( m_X \), the mass of \( X \). Hence, thermalization occurs automatically via scattering in the SM plasma mediated by \( \mathcal{O} \) or the ultraviolet dynamics which generates \( \mathcal{O} \). Once the universe cools sufficiently, \( \mathcal{O} \) mediated scattering goes out of equilibrium and

ii) \( X \) decouples relativistically from the SM plasma.

Once \( X \) leaves equilibrium, it redshifts like radiation until temperatures drop below \( m_X \), at which point \( X \) becomes non-relativistic. Once \( X \) begins to redshift like matter,

iii) \( X \) evolves into a large fraction of the total energy.

During this period the energy density in \( X \) is greater than that of any given relativistic species, and may even come to dominate the total energy density, sending the universe into a matter dominated phase. The epoch of \( X \) domination terminates when

iv) \( X \) decays, yielding a primordial baryon asymmetry.

Crucially, these out of equilibrium decays of \( X \) occur via the very same baryon number and CP violating higher dimension operators \( \mathcal{O} \) that initially thermalize \( X \) in the early universe. Interference between tree and one-loop decay amplitudes generate a baryon asymmetry in the final state, as depicted in Fig. 2 for an explicit model. In certain models, \( X \) decays can also generate a primordial abundance of dark matter (DM).

Let us highlight the key features of this baryogenesis scenario. First, since this mechanism allows for low scale baryogenesis, the operators \( \mathcal{O} \) may be indirectly probed through \( n-\bar{n} \) oscillations, flavor violation, and proton decay. Second, this setup is quite minimal, in that only a handful of new particles \( X \) are required and the very same operators \( \mathcal{O} \) that produce \( X \) initially also mediate its decay. As we will see later, a subset of the \( X \) particles can even be DM. Third, this setup exploits a cosmological “fixed point” arising because \( X \) is typically thermalized for a very broad range of reheating temperatures.

As is well-known, the production and thermalization of inert particles at reheating is a ubiquitous difficulty in theories beyond the SM. This issue arises in the cosmology of gravitinos \([1,2]\), axinos \([3,4]\), photini \([5,6]\), and goldstini \([7,8]\). Transforming this peril into a blessing is an old idea, e.g. in models linking gravitino or axino domination to baryogenesis in R-parity violating supersymmetry \([17,18]\). However, we argue that this mechanism applies much more broadly and is a natural byproduct of additional singlet states coupled to the SM via baryon number and CP violating higher dimension operators—the out of equilibrium condition arises from relativistic decoupling and decays of \( X \). Alternatively, the out of equilibrium condition for \( X \) can be achieved through heavy particle decays \([19,20]\), first order phase transitions \([24,25]\), or rolling scalars \([28,30]\). Mechanisms involving higher dimension operators have also been discussed in more specific contexts \([31,32]\).

In Sec. II we present a simple example model that illustrates the salient features of our setup. We then discuss constraints from experimental limits in Sec. III and conclude in Sec. IV.

II. THE MODEL

In this section we present a simple theory illustrating our mechanism for baryogenesis. Consider the SM augmented by a multiplet of gauge singlet Majorana fermions \( X_I \) with mass \( m_I \). The interaction Lagrangian for \( X_I \) is

\[
\mathcal{L} = \frac{k_{ijj}}{\Lambda^2} (X_I u_i)(\bar{X}_j \bar{u}_j) + \frac{\lambda_{ijk}}{\Lambda^2} (X_I u_i)(d_j d_k) + \text{c.c.},
\]

where \( i, j, k \) label right-handed quark flavors. Lorentz indices are contracted implicitly among terms in parentheses, while color indices are contracted implicitly in the unique way. It is straightforward to include other Lorentz
and flavor structures into the Lagrangian, but such terms will not qualitatively alter the mechanics of the model.

In terms of symmetries, baryon number is violated because \( X_I \) are Majorana, while CP is violated because the couplings \( \kappa_{Ij} \) and \( \lambda_{Ij} \) are complex. Note that there is an exact, unbroken \( Z_2 \) subgroup of baryon number under which \( X_I \) and the quarks are all odd.

Let us now describe the cosmological history of this model. To begin, we assume that the SM is reheated to a temperature \( T_R > m_1 \) shortly after inflation. If \( T_R > \Lambda \), then the effective theory described in Eq. 1 does not apply, but any renormalizable ultraviolet completion of these higher dimension operators will generically induce tree level scattering processes that thermalize \( X \). On the other hand, if \( T_R < \Lambda \), then the higher dimension operator description is valid, and the interactions in Eq. 1 will mediate high energy scattering processes such as \( u_i \bar{u}_j \rightarrow X_jX_i, u_i \bar{d}_j \rightarrow X_jd_i, d_j \bar{d}_k \rightarrow X_j \bar{u}_i \) which also tend to thermalize \( X_I \). The thermally averaged production cross-section for \( X_I \) scales as \( \langle \sigma v \rangle \sim c_1 T^2/\Lambda^4 \), where the proportionality factor \( c_1 \) depends on \( \lambda_{Ij} \) and \( \kappa_{Ij} \). Thus, \( X \) scattering is dominated by ultraviolet processes, and is most important at \( T_R \). This effect is familiar from supersymmetric cosmology, where overproduction of gravitinos during reheating places a stringent limit on \( T_R \). Similar limits have been computed for a general hidden sector cosmology 32.

The critical decoupling temperature \( T_{D_1} \) defines the temperature at which these scattering processes go out of equilibrium, i.e. when \( n_{eq}(\sigma v) \sim H \) where \( n_{eq} \) is the equilibrium number density of \( X_I \) and \( H \) is the Hubble parameter. Together with the scaling of \( \langle \sigma v \rangle \), this implies that \( T_{D_1} \sim \left( \Lambda^4/m_{Pl} \right)^{1/3} \) where \( m_{Pl} \approx 2.4 \times 10^{18} \text{ GeV} \) is the reduced Planck mass. In summary, if \( T_R > \Lambda \) or \( \Lambda > T_R > T_{D_1} \), then \( X_I \) will be thermalized during reheating. This thermalization condition is easily satisfied for sufficiently high values of \( T_R \), which we assume for the remainder of our discussion.

While \( X_I \) is thermalized initially, it leaves equilibrium once temperatures drop below \( T_{D_1} \). After decoupling, the yield of \( X_I \) is given is given by

\[
Y_I \simeq \frac{n_{eq}(T_{D_1})}{s(T_{D_1})},
\]

where \( s \) is the entropy density. The yield is constant in the absence of entropy production. Because we are interested in a case in which \( X_I \) decouples while it is relativistic, we assume throughout that \( T_{D_1} > m_1 \).

Once temperatures drop below \( m_1 \), \( X_I \) becomes non-relativistic and its energy density begins to redshift like matter, since \( \rho_Y(T)/s(T) = m_1 Y_I \) is a constant. From this point forward, the energy density of \( X_I \) will evolve to dominate that of any relativistic species. During this era, \( X_I \) may even come to dominate the total energy density, at which point the universe will enter a matter dominated phase.

This period of \( X_I \) domination ends when \( X_I \) decays via processes of the form \( X_I \rightarrow u_i \bar{d}_j d_k, \bar{u}_i \bar{d}_j d_k, X_j \bar{u}_i u_j \). This final state of baryogenesis is similar to that of 23. The associated partial decay widths are

\[
\Gamma(X_I \rightarrow u_i \bar{d}_j d_k) = \frac{|\lambda_{ij}^2|}{512 \pi^4} \frac{m_1^5}{\Lambda^4},\]

\[
\Gamma(X_I \rightarrow \bar{X}_j u_i u_j) = \frac{|\kappa_{ij}^2|}{1024 \pi^3} \frac{m_1^5}{\Lambda^4},\]

ignoring kinematic factors arising from masses of final state particles. The lifetime of \( X_I \) is constrained by number of cosmological constraints. First, if \( \Lambda \) is too high, the model is constrained by stringent limits from big bang nucleosynthesis (BBN) 34 35 on late time injection of electromagnetic energy. The lifetime of \( X_I \) is thus bounded by \( \tau_I \leq 1 \text{ s} \), where

\[
\tau_I \simeq 5 \times 10^{-12} \text{ s} \left( \frac{\Lambda}{10^6 \text{ GeV}} \right)^4 \left( \frac{1 \text{ TeV}}{m_1} \right)^5,
\]

and we have defined the effective couplings \( \lambda_I = \sum_{j,k} |\lambda_{ijk}|^2 + \sum_{j,k} |\kappa_{ijk}|^2/4 \) where the sums range over kinematically allowed final states. Eq. 5 demonstrates that BBN bounds are satisfied for a broad range of parameter space. Second, if \( \Lambda \) is too low, then \( \langle \sigma v \rangle \) will be large and scattering may keep \( X_I \) in equilibrium down to temperatures of order \( m_1 \). In this case, \( T_{D_1} < m_1 \) and \( X_I \) decouples non-relativistically. While a residual baryon asymmetry maybe still persist, a correct evaluation would require a full analysis of Boltzmann equations which goes beyond the scope of this work, so we restrict to the case where \( X_I \) decouples relativistically.

All but the lightest of the \( X_I \) will have CP violating decay modes of different baryon number, so their decays produce a final state baryon asymmetry through one-loop interference. The asymmetric width of \( X_I \rightarrow u_i d_j d_k \) is given by interference between tree and loop diagrams depicted in Fig. 2. Ignoring kinematic factors in the final and intermediate states,

\[
\Gamma(X_I \rightarrow u_i d_j d_k) - \Gamma(X_I \rightarrow \bar{u}_i \bar{d}_j d_k) = \sum_{j,k} \text{Im}(\lambda_{ij} \kappa_{jk}) \frac{m_1^3}{512 \pi^4} \frac{1}{\Lambda^4},
\]

FIG. 1: The four stages of baryogenesis, shown in terms of the evolution of the energy density in SM radiation and \( X \) as a function of scale factor. The decay of \( X \) may occur before or after \( X \) grows to dominate the total energy density.
where here the sums range over kinematically accessible final and intermediate states. We define an asymmetry parameter for each $X_I$ decay by
\[
\epsilon_I = \sum_f B(f) [\text{BR}(X_I \to f) - \text{BR}(X_I \to \bar{f})] = \frac{1}{20\pi} \frac{\delta_I m_I^2}{\Lambda^2}, \tag{7}
\]
where $f$ sums over final states, $B$ denotes the branching ratio of a given process, and $B$ is the baryon number of each final state. Here we have defined the quantity $\delta_I = \sum_{j, j' k, k'} \text{Im} \chi_{jj'kk}^* \chi_{j'jkk'}^*$ to characterize the net CP violation associated with $X_I$.

In order to compute the net baryon asymmetry, let us first consider the decay of a single component, $X_I$. The cosmology depends sensitively on the relative size of $\rho_I$, the energy density in $X_I$, and $\rho_R$, the total energy density in radiation, evaluated just prior to decay. If $X_I$ decays very soon after it becomes non-relativistic, then its energy density is of order that of a single relativistic species, which we dub the “weak domination regime”, $\rho_I \ll \rho_R$. Little entropy is produced and the temperature of the radiation bath to an effective temperature $T_I$ determined by the total energy density injected, $\rho_I = \pi^2 g_* T_I^4/30 = 3H^2 m_{P1}^2$ when $T_I \sim 1/H$, so
\[
T_I \simeq \left( \frac{90}{\pi^2 g_* (T_I)} \right)^{1/4} \sqrt{m_{P1}/\epsilon_I}, \tag{8}
\]
where $g_*$ counts relativistic degrees of freedom.

The asymmetric baryon number generated by $X_I$ decays is given by
\[
\eta_I = \epsilon_I Y_I d_I, \tag{9}
\]
where $Y_I$ is defined in Eq. (2) and the dilution factor $d_I$ is the ratio of the entropy density before and after $X_I$ decays, so
\[
d_I \simeq \begin{cases} \left( \frac{3\pi \Gamma_I}{3m_I Y_I} \right)^{1/4}, & \rho_I \ll \rho_R, \\ \left( \frac{3m_I Y_I}{3\pi \Gamma_I} \right)^{1/4}, & \rho_I \gg \rho_R, \end{cases} \tag{10}
\]
so the dilution factor is much smaller in the strong domination regime. Applying Eqs. (8), (9) and (10) we find
\[
\eta_I \simeq \frac{6.2 \times 10^{-11}}{\lambda_I^2 / \delta_I} \left( \frac{10^3 \text{TeV}}{\Lambda} \right)^2 \left( \frac{m_I}{1 \text{TeV}} \right)^2 \left( \frac{106.75}{g_*(T_D)} \right), \tag{11}
\]
in the weak domination regime, $\rho_I \ll \rho_R$. Meanwhile,
\[
\eta_I \simeq \frac{3.5 \times 10^{-9} \lambda_I^2 / \delta_I}{\lambda_I^4 / \delta_I} \left( \frac{10^3 \text{TeV}}{\Lambda} \right)^4 \left( \frac{m_I}{1 \text{TeV}} \right)^{7/2} \left( \frac{106.75}{g_*(T_I)} \right)^{1/4}, \tag{12}
\]
in the strong domination regime, $\rho_I \gg \rho_R$. Note that sphaleron processes will partially wash out the baryon asymmetry if $T_I \gtrsim m_W/\alpha_W$, where $m_W$ is the W boson mass, $\alpha_W = g^2/4\pi$, and $g$ is the SU(2)_{L} gauge coupling. In this case, the net baryon asymmetry is processed according to $\eta_I \to (28/79)\eta_I$.

With the expressions in Eqs. (11) and (12), it is straightforward to compute the net baryon asymmetry generated from all $X_I$ decays. If the masses and couplings are not hierarchical, then each $X_I$ should decay around a similar time. In this case, the $X_I$ should either all be in the weak domination regime or all be in the strong domination regime. For the former, little entropy is produced by each $X_I$ decay, and the net baryon asymmetry is simply given by the sum of all $\eta_I$. For the latter, entropy is substantially produced in each decay, thus diluting the asymmetry generated in earlier epochs. In this case the net baryon asymmetry is dominated by $\eta_I$ from latest of the $X_I$ decays.

Finally, let consider the issue of DM. Let us denote a stable component of the $X_I$ multiplet by $X_{DM}$. If $X_{DM}$ is lighter than the proton, then $X_{DM}$ is exactly stable because it is the lightest odd particle under the unbroken $Z_2$ subgroup of baryon number. The primordial relic abundance of $X_{DM}$ is $\Omega_{DM} = \Omega_{DM}^{\text{tot}} = \eta_{DM}^2 / \epsilon_I Y_I$, where $\Omega_{DM}^{\text{tot}} \approx 3.6 h^2 \times 10^{-9}$ GeV for $h \approx 0.67$. The DM abundance arises from two sources, $\Omega_{DM}^{\text{tot}} = \Omega_{DM}^{\text{th}} + \Omega_{DM}^{\text{dec}}$, where $\Omega_{DM}^{\text{th}}$ is the result from thermal scattering during initial reheating and decays of heavier $X_I$, respectively. Assuming that baryogenesis is dominated by the decays of a single species $X_I$, these contributions are
\[
\Omega_{DM}^{\text{th}} = \frac{\eta_I Y_{DM}}{\epsilon_I Y_I}, \tag{13}
\]
\[
\Omega_{DM}^{\text{dec}} = \frac{\eta_I}{\epsilon_I} \text{BR}(X_I \to X_{DM}), \tag{14}
\]
where $Y_{DM}$ and $Y_I$ are as defined in Eq. (2). Typically, $Y_{DM}$ and $Y_I$ will be comparable, and $\text{BR}(X_I \to X_{DM}) \sim \mathcal{O}(1)$, so the contributions to the DM abundance from thermal scattering and decays will be of similar order, but both $\sim 1/\epsilon_I$ larger than the asymmetric yield.

Finally, we summarize the allowed parameter space for a single species of $X_I$ in Fig. 3. The grey region indicates where the higher dimension operator description is invalid because $m_I \ll \Lambda$. For $\lambda_I = 1$, the blue region

![FIG. 2: Tree and one-loop diagrams for $X_I \to u_i d_j d_k$ which interfere to produce a primordial baryon asymmetry.](image-url)
debits the parameter space excluded by BBN limits on late decays of $X_I$, while the purple region depicts the parameter space excluded by requiring that $X_I$ decouples relativistically—i.e. it is not thermalized by scattering processes at temperatures of order $m_I$. The purple region is very similar to the region excluded by washout from scattering processes, assuming $c_I = \lambda_I/4\pi$ for all $X_I$. Furthermore, taking that $\delta_I = 5$ and that $X_I$ is the primary origin of baryogenesis, then the yellow band indicates where $10^{-11} \leq \eta_I \leq 10^{-10}$. Note that this choice for $\delta_I$ is not in a strong coupling regime because all couplings are really normalized to a higher dimension operator scale $\Lambda$. As noted earlier, the model also has the option of including primordial relic DM. Requiring that $\Omega_{\text{DM}} h^2 \simeq 0.11$ [36] fixes the DM mass, which is denote by green dashed lines for $m_{\text{DM}} = 0.1$ and 1 keV. Thus, for $\mathcal{O}(1)$ couplings, the observed baryon asymmetry is generated in the regime in which our effective theory analysis is valid, and DM can also be accommodated.

III. Experimental Signatures

Our proposal offers experimentally observable consequences connected with the operators directly involved in asymmetry generation. Baryon number violating operators will typically induce highly constrained $n-\bar{n}$ oscillations via the effective operator $(ud)(dd)(\bar{ud}) M_{n-\bar{n}}^5$, where $u$ and $d$ are the right-handed up and down quarks, while Lorentz indices are contracted within the parentheses and color indices are contracted in the unique way. This operator is not induced at tree level in the model defined in Eq. (1), due to an accidental antisymmetry in the flavor indices of the coupling constant $\lambda_{i\bar{j}k}$. However, this operator will be induced at loop order, and more generally will be present at tree level if there are higher dimension operators in addition to those in Eq. (1). For example $n-\bar{n}$ oscillations will be induced if there are operators of the form $\lambda_{i\bar{j}k} (X_I d_j)(d_k u_i)/\Lambda^2$. Integrating out $X_I$ will produce the $n-\bar{n}$ operator with an effective cutoff $M_{n,\bar{n}}^5 \sim \Lambda^4 m_I/\Lambda_{\text{QCD}}^2$. The characteristic time scale of $n-\bar{n}$ oscillations goes as $\tau_{n,\bar{n}} \sim M_{n,\bar{n}}^5/(3 \times 10^{-4} \text{ GeV}^6)$ [37], which together with the experimental bound, $\tau_{n,\bar{n}} \geq 2.4 \times 10^8$ s [38] implies

$$\Lambda \gtrsim 3.2 \times 10^6 \text{ GeV} \left|\lambda_{111}^\prime\right|^{1/2} \left(\frac{1 \text{ TeV}}{m_I}\right)^{1/4},$$

so $n-\bar{n}$ oscillations could offer a sensitive probe of the low scale variants of this baryogenesis mechanism.

Flavor violation offers another possible probe of this model. In particular, $K^0-\bar{K}^0$ mixing is mediated by the operator $(dd)(s\bar{s})/M_{K^0,\bar{K}^0}^2$, which is induced at loop-level, where $M_{K^0,\bar{K}^0}^2 \sim 16\pi^2\Lambda^4/\lambda_{111}^\prime\lambda_{122}^\prime m_I^2$. Comparing the estimated mixing rate with the experimental bound, $\text{Im} M_{12} \lesssim 3.3 \times 10^{-18} \text{ GeV}$ [40,42], gives

$$\Lambda \gtrsim 4.4 \times 10^6 \text{ GeV} \text{ Im}(\lambda_{111}^\prime\lambda_{122}^\prime)^{1/4} \left(\frac{m_I}{1 \text{ TeV}}\right)^{1/2},$$

which can be competitive with $n-\bar{n}$ limits.

In theories where there exists a cosmologically stable dark matter candidate $X_{\text{DM}}$, there are stringent limits on proton decay via the process $p \rightarrow p^+ X_{\text{DM}}$, whose decay rate is estimated as $\Gamma(p \rightarrow p^+ X_{\text{DM}}) \sim \lambda_{\text{DM}}^2 m_p \Lambda_{\text{QCD}}^2/16\pi\Lambda^4$, where $m_p$ is the proton mass and $\Lambda_{\text{QCD}} \sim 250 \text{ MeV}$ is the QCD scale [44]. Then the experimental bound, $\tau_{p-\pi^+\nu} \gtrsim 2.5 \times 10^{31}$ yr [40], gives a very stringent limit on the cutoff

$$\Lambda \gtrsim 5.5 \times 10^{14} \text{ GeV} \left(\frac{\Lambda_{\text{QCD}}}{250 \text{ MeV}}\right).$$

In order to evade the proton decay bound for the DM model, we must assume a hierarchical flavor structure in the coupling $X_{\text{DM}}$ to the light quarks. This can be accommodated in models of minimal flavor violation (MFV), e.g. in R-parity violating supersymmetric theories [38,43].

IV. Conclusions

In this letter we propose a simple baryogenesis model comprised of the standard model coupled via higher dimension operators to a neutral multiplet $X$. In the early universe, $X$ will typically be thermalized after reheating, but it eventually decouples and becomes non-relativistic. Subsequently, $X$ evolves into a sizable fraction of the total energy density of the universe until it decays out of equilibrium, yielding a baryon asymmetry and possibly dark matter. This scenario can be experimentally probed via $n-\bar{n}$ oscillations, flavor violation, and proton decay.

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