Quantum Nondemolition Measurement of a Quantum Squeezed State Beyond the 3 dB Limit

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We use a reservoir engineering technique based on two-tone driving to generate and stabilize a quantum squeezed state of a micron-scale mechanical oscillator in a microwave optomechanical system. Using an independent backaction-evading measurement to directly quantify the squeezing, we observe $4.7 \pm 0.9$ dB of squeezing below the zero-point level surpassing the 3 dB limit of standard parametric squeezing techniques. Our measurements also reveal evidence for an additional mechanical parametric effect. The interplay between this effect and the optomechanical interaction enhances the amount of squeezing obtained in the experiment.

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Generating nonclassical states of a massive object has been a subject of considerable interest. It offers a route toward fundamental tests of quantum mechanics in an unexplored regime [1]. One of the most important and elementary quantum states of an oscillator is a squeezed state [2], which is a minimum uncertainty state that has a quadrature which is smaller than the zero-point level. Such states have long been discussed in the context of gravitational wave detection to improve the measurement sensitivity [3–5]. It is well known that a coherent parametric drive can be used to squeeze mechanical fluctuations [6,7], which is essentially equivalent to the technique first used to squeeze ground-state optical fields [8]. However, the maximum steady-state squeezing achieved by this method is limited to 3 dB due to the onset of parametric instability. Therefore, it is, in principle, impossible to have a steady state where the mechanical motion is squeezed below one half of the zero-point level using only parametric driving. These limitations may be overcome by combining continuous quantum measurement and feedback [9–12], but it would substantially increase the experimental complexity.

Another method to generate a robust quantum state is quantum reservoir engineering [13], which has been used to generate quantum squeezed states and entanglement with trapped ions [14,15] and superconducting qubits [16]. It can also be applied to an optomechanical system to generate strong steady-state squeezing without quantum-limited measurement and feedback [17]. By modulating the optomechanical coupling with two imbalanced classical drive tones, the driven cavity acts effectively as a squeezed reservoir. When the engineered dissipation from the cavity dominates the dissipation from the environment, the mechanical resonator relaxes to a steady squeezed state.

This technique has been applied recently to generate quantum squeezed states of macroscopic mechanical resonators [18–20].

In addition to being a tool for state preparation, optomechanics also provides a means to probe the quantum behavior of macroscopic objects [21–23]. In particular, a backaction-evading (BAE) measurement [10,20,24–27] of a single motional quadrature can be implemented in an optomechanical system. If the drive tones that modulate the coupling are balanced, a continuous quantum nondemolition (QND) measurement of the mechanical quadrature can be made. This technique can be used to fully reconstruct the quantum state of the mechanical motion.

In this work, we combine reservoir engineering and backaction-evading with a microwave optomechanical system to perform continuous QND measurement of a quantum squeezed state. Among the previous three squeezing experiments [18–20], only Ref. [20] demonstrated direct detection performed using a two-cavity optomechanical system; here we implement both reservoir engineering and BAE measurement simultaneously within a simple single-cavity setup. In addition to the optomechanical interaction, a mechanical parametric effect is observed. Contrary to previous works, where the mechanical parametric effect produced parametric instability that limited the precision of the BAE measurement [26,28,29], the interplay between the parametric drive and the engineered dissipation enhances the mechanical squeezing. By directly measuring the mechanical quadrature variances with the BAE measurement, we demonstrate motional quantum squeezing with squeezed quadrature variance $(\Delta X_q^2) = 0.34 \pm 0.07 X_{ZP}^2$, $4.7 \pm 0.9$ dB below the zero-point level. This exceeds what is possible using only
parametric driving, even if one starts in the quantum ground state. This is the first experiment to demonstrate more than 3 dB quantum squeezing in a macroscopic mechanical system.

The mechanical oscillator in this work is a 100 nm thick, \(40 \times 40 \mu m^2\) aluminum membrane, with fundamental resonance frequency \(\omega_m = 2\pi \times 5.8\) MHz and mechanical line-width \(\Gamma_m = 2\pi \times 8\) Hz at 10 mK. It is capacitively coupled to a lumped-element superconducting microwave resonator with resonance frequency \(\omega_c = 2\pi \times 6.083\) GHz and damping rate \(\kappa = 2\pi \times 330\) kHz [Fig. 1(a)]. The mechanical motion couples to the resonance frequency of the microwave resonator through the modulation of the capacitance, with an optomechanical coupling rate \(g_0 = (d\omega_c/dx)x_{zp} = 2\pi \times 130\) Hz, where \(x_{zp} = \sqrt{h/2m\omega_m} = 1.8\) fm is the amplitude of the zero-point fluctuation of the mechanical oscillator with mass \(m = 432\) pg. The system is described by the Hamiltonian

\[
\hat{H} = \hbar\omega_c\hat{a}^\dagger\hat{a} + \hbar\omega_m\hat{b}^\dagger\hat{b} - g_0\hat{a}^\dagger\hat{a}(\hat{b} + \hat{b}^\dagger) \\
+ i\hbar\sqrt{\kappa}\left(\alpha(t)\hat{a} - \alpha(t)\hat{a}^\dagger\right) + \hat{H}_{\text{diss}},
\]

where \(\hat{a}(\hat{a}^\dagger)\) is the annihilation (creation) operator of the intracavity field, \(\hat{b}(\hat{b}^\dagger)\) is the mechanical phonon annihilation (creation) operator, \(\kappa_{\text{in}}\) is the coupling rate of the input coupler, and \(\alpha(t)\) is the external driving field. The term \(\hat{H}_{\text{diss}}\) accounts for dissipation.

To squeeze the mechanical motion, we drive the cavity with a pair of pump tones at \(\omega_c \neq \omega_m\) with intracavity field [17]

\[
\tilde{\alpha}_{\text{sqz}}(t) = (\tilde{\alpha}_- e^{i\omega_m t} + \tilde{\alpha}_+ e^{-i\omega_m t}) e^{-i\omega_c t},
\]

which is represented by the red and blue arrows in Fig. 1(b). Linearizing the cavity dynamics in the standard way, the pumps couple the microwave resonator to the Bogoliubov mode of the mechanical motion with the Hamiltonian

\[
\hat{H}_{\text{sqz}} = -\hbar G(\hat{a}^\dagger \hat{b} + \hat{a}\hat{b}^\dagger),
\]

where \(\hat{a}\) is the fluctuating part of the cavity field \(\hat{a}\), and \(\hat{b} = \hat{b}\cosh \tilde{\beta} + \hat{b}^\dagger \sinh \tilde{\beta}\) is the Bogoliubov-mode annihilation operator whose ground state is a squeezed state with squeezing parameter \(r = \tanh^{-1}(G_+ / G_-)\). \(G = \sqrt{G_+^2 - G_-^2}\) is the coupling rate between the Bogoliubov mode and the cavity. \(G_\pm = g_0\sqrt{n_p^{\pm}}\) are the enhanced optomechanical coupling rates, and \(n_p^{\pm} = |\tilde{\alpha}_\pm|^2\) are the intracavity pump photon numbers corresponding to the

![FIG. 1. (a) Optical micrograph of the device. The gray region is aluminum; the blue region is silicon. The square at the center is a parallel plate capacitor which is coupled to a spiral inductor to form a microwave resonator. The top gate of the capacitor is a compliant membrane whose fundamental motion is being studied. (b) Schematic of the pumps (red and blue arrows) and probes (purple arrows) relative to the cavity resonance. The inset shows the schematic of the BAE probe sideband spectrum. (c) The squeezed quadrature variances (circles) and antisqueezed quadrature variances (squares) inferred from the output spectra. The red (blue) symbols represent the squeezed states achieved at \(n_p^R = 1.35 \times 10^4\) (\(n_p^A = 1.85 \times 10^5\)). The blue shaded region indicates sub-zero-point squeezing. The blue curves are the predictions from Eq. (4) with constant cavity and mechanical occupations at \(n_p^R/n_p^A = 0\). The orange curves are the predictions from Eq. (4) including cavity heating effect extracted from the experiment. (d) The cavity occupation \(n_p^R\) extracted from the output spectra; the orange line is a linear fit of the pump ratio dependent heating. (e) The phonon bath heating rate \(\Gamma_m n_p^R\) extracted from the output spectra. (f),(g) The output spectra normalized by the transmitted power of the red-detuned pump. The upper panel is the normalized noise spectrum of the mechanical sideband, the lower panel is the noise spectrum of the cavity resonance. (f) The normalized output spectra correspond to the solid red circle in Fig. 1(c). (g) The normalized output spectra correspond to the solid blue circle in Fig. 1(c).]
squeezing pumps. The beam-splitter Hamiltonian in Eq. (3) enables us to cool the Bogoliubov mode into its ground state, producing a stationary mechanical squeezed state with quadrature variances

$$\langle \Delta \hat{X}_1^2 \rangle = x_p^2 \left[ \frac{\Gamma_m}{\Gamma_{\text{eff}}} (2n_p^\text{th} + 1) + \frac{\Gamma_{\text{opt}}}{\Gamma_{\text{eff}}} (2n_p^\text{th} + 1) \right],$$  \tag{4}  

where $\Gamma_{\text{eff}} = \Gamma_m + 4G^2/\kappa$ is the effective mechanical linewidth. $\Gamma_{\text{opt}} = 4(G_c + G_z)^2/\kappa$ parametrizes the phase-dependent driving of the mechanics by cavity fluctuations.

To extract the mechanical quadrature variance, we measure the normalized noise spectra of the cavity resonances [the lower panels of Figs. 1(f) and 1(g)] and the mechanical sideband (the upper panels of Figs. 1(f) and 1(g)]. By fitting the normalized spectra with the optomechanical model [30], we can extract the cavity occupation $n_c^\text{th}$ and the phonon bath occupation $n_p^\text{th}$. Together with the calibrations of the enhanced optomechanical coupling rate $G_z$, we can calculate the quadrature variances with Eq. (4) [17,18].

Figure 1(c) shows the quadrature variances with various intracavity pump photon ratio $n_p^\text{th}/n_p$. We start by squeezing the mechanical mode with total intracavity pump photon number $n_p^\text{tot} = n_p^\text{th} + n_p = 1.35 \times 10^4$ and pump photon ratio $n_p^\text{th}/n_p^\text{th} = 0.5$. This pump configuration generates a mechanical squeezed state with the squeezed quadrature variance $\langle \Delta \hat{X}_1^2 \rangle = 1.54 \pm 0.59 x_p^2$ and the antisqueezed quadrature variance $\langle \Delta \hat{X}_2^2 \rangle = 13.8 \pm 1.4 x_p^2$, indicated by the solid red circle and square in Fig. 1(c). The corresponding normalized output spectra and the fits from the two-tone optomechanical model [17] are shown in Fig. 1(f). To further squeeze the mechanical motion, we can increase the total pump photon number. The blue circles (squares) in Fig. 1(c) are the squeezed (antisqueezed) quadrature variances at total intracavity pump photon number $n_p^\text{tot} = 1.85 \times 10^5$. The solid (dashed) blue curves are the predictions from Eq. (4) with constant cavity and mechanical occupations extracted from the output spectrum at $n_p^\text{th} = 0$; they agree with the data at low pump photon ratio. At large pump photon ratio, the cavity bath starts to heat up [Fig. 1(d)], which increases the mechanical quadrature variances. The orange curves in Fig. 1(c) are the predictions from Eq. (4) including the cavity heating effect extracted from the experiment [orange line in Fig. 1(d)]. With the heating effect, the minimum quadrature variance is achieved at $n_p^\text{th}/n_p = 0.43$ with $\langle \Delta \hat{X}_1^2 \rangle = 0.56 \pm 0.02 x_p^2$ [the solid blue circle in Fig. 1(d)], $2.5 \pm 0.2$ dB below the zero-point level. The corresponding normalized output spectra and fits are shown in Fig. 1(g).

While inferring the level of squeezing from the cavity output spectrum is convenient, it would be preferable to have a more direct method that does not rely on assumptions about the mechanical dynamics. This can be achieved in our system without needing to introduce an additional cavity resonance: we continue to use the cavity density of states near resonances to generate mechanical squeezing but now use the density of states away from resonances to make an independent, backaction-evading measurement of a single mechanical quadrature. In this way, our single cavity effectively plays the role of two: it both generates squeezing and permits an independent detection of the squeezing.

To directly measure a single mechanical quadrature, in addition to the squeezing pumps, we introduce another pair of weak BAE probes [the purple arrows in Fig. 1(b)] at $\omega_c \mp \omega_m - \Delta$ with intracavity field [18,27]

$$\hat{a}_{\text{BAE}}(t) = 2\tilde{a} \cos(\omega_m t + \phi) e^{-i(\omega_c - \Delta)t},$$  \tag{5}  

where $\phi$ is the relative phase between the BAE probes and the squeezing pumps. For a sideband-resolved system ($\omega_m \gg \kappa$), the modulation of the BAE probes exclusively couples the mechanical quadrature $\hat{X}_\phi = \cos \phi \hat{X}_1 - \sin \phi \hat{X}_2$ to the microwave resonance with the interaction

$$\hat{H}_I = -\hbar G (\hat{d} e^{-i\Delta t} + \hat{d}^\dagger e^{i\Delta t}) \hat{X}_\phi / x_p,$$  \tag{6}  

where $G = \sqrt{n_p^\text{th}}$ is the enhanced optomechanical coupling rate, and $n_p = |\tilde{a}|^2$ is the intracavity pump photon number corresponding to the BAE probes. Since $\hat{X}_\phi$ is a constant of motion of the system, the interaction (6) enables a continuous quantum non-demolition measurement of the mechanical quadrature. By sweeping the probe phase $\phi$, we can perform tomography of the mechanical quantum state [Fig. 2(a)]. In order to ensure no interference between the sidebands of the squeezing pumps and the BAE probes, we detune the BAE sidebands from the cavity resonance by $\Delta = 2\pi \times 160$ kHz $\gg \Gamma_{\text{eff}}$. The power of the BAE probes are set about 10 dB weaker than the power of the squeezing pumps to avoid extra heating. In the experiment, the motional sideband spectrum of the BAE probes is measured, from which we can extract the mechanical quadrature variance and linewidth. In the following, we will perform a BAE measurement to directly characterize the weakly squeezed state corresponding to the spectrum Fig. 1(f) and the strong squeezed state corresponding to the spectrum Fig. 1(g).

Figure 2(b) shows the mechanical quadrature variance as a function of the probe phase $\phi$. The red circles are the quadrature variances of the weakly squeezed state measured with the BAE technique. The red curve is the quadrature variance inferred from the corresponding output spectrum [Fig. 1(f)]. In this case, the results from the BAE measurement are in good agreement with the results inferred from the output spectra. Similarly, the blue circles are the quadrature variances of the strong squeezed state.
where $\lambda$ is the phase of the parametric drive [30]. By assuming the phase width to our model, thus, extracting the amplitude and squeezing pumps.

$\psi$ is the relative phase between the parametric drive and the ideal optomechanical model [30]:

$$\hat{H}_{\text{para}} = -\hbar \lambda (e^{i \psi} \hat{b}^2 + e^{-i \psi} \hat{b}^\dagger^2),$$

where $\lambda$ is the amplitude of the parametric interaction, and $\psi$ is the relative phase between the parametric drive and the squeezing pumps.

We fit the observed phase-dependent quadrature linewidth to our model, thus, extracting the amplitude and phase of the parametric drive [30]. By assuming the phase of the parametric drive $\psi$ follows the phase of the BAE probe (i.e., $\psi = \phi + \psi_0$, where $\psi_0$ is a constant phase shift), the model captures the observed phase-dependence behavior of the quadrature linewidth, as shown by the dashed curves in Fig. 2(c). Surprisingly, if one instead assumes that the parametric driving is a result of the main squeezing tones (i.e., take $\psi$ a constant independent of $\phi$), one cannot capture the observed phase dependence of the quadrature linewidth [30]. These results suggest that the parametric drive is induced by the BAE probes.

The dashed curves in Fig. 2(b) are the predicted quadrature variances including the mechanical parametric effect. The model suggests that the combination of the reservoir engineering with the mechanical parametric drive provides extra squeezing. However, the model does not fully capture the observed quadrature variance in the BAE measurement. The deviation may be due to the complicated heating effects associated with the underlaying nonlinearities [28,29] that cause the spurious mechanical parametric drive. We stress that our treatment of the spurious mechanical parametric drive is phenomenological; we do not know the precise microscopic mechanism which causes this driving. Nonetheless, it allows us to explain both surprising features of the BAE measurements (the observed phase-dependent mechanical quadrature linewidth and the enhanced squeezing) and provide a direction to engineer the parametric drive to increase the squeezing [30].

In conclusion, we combine reservoir engineering and backaction-evading measurement in a microwave optomechanical system to demonstrate a continuous QND measurement of mechanical squeezed states. A
spurious mechanical parametric effect is observed and provides additional squeezing. Together with the spurious mechanical parametric drive, the reservoir engineering technique produces more than 3 dB squeezing below the zero-point level. The present scheme can be applied to generate and characterize more complicated quantum states by carefully engineering the nonlinear interaction. The ability to generate and measure a strong quantum squeezed state of a macroscopic mechanical object would be useful for ultrasensitive detection, quantum information processing, as well as fundamental study of quantum decoherence.

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