thin-film superconducting microwave resonators are of interest for a number of applications, including the multiplexed readout of single electron transistors,1 microwave kinetic inductance detectors (MKIDs),2,3 normal metal-insulator-superconductor tunnel junction detectors,4 superconducting quantum interference devices,5,6 and qubits.7,8

The device to be measured presents a variable dissipative or reactive load to the resonator, influencing the resonator quality factor $Q_r$, or frequency $f_r$, respectively. Changes to both $Q_r$ and $f_r$ may be determined simultaneously by sensing the amplitude and phase of a microwave probe signal.2 While several early demonstrations used hand-assembled lumped-element circuits,1,4,5 frequency-domain multiplexing of large arrays generally will require compact microfabricated high-$Q$ resonators.1 Such resonators are also needed for strong coupling to charge qubits.7 Noise in microfabricated resonators has been observed2,3 and can be a limiting factor for device performance but is not well understood. In this letter, we report measurements of resonator noise, showing how the noise spectra separate into amplitude and phase components, and discuss the physical origin of the noise.

We studied quarter-wavelength coplanar waveguide (CPW) resonators7 [Fig. 1(a)] with center strip widths $w$ of 0.6–6 $\mu$m and gaps $g$ between the center strip and ground planes of 0.4–4 $\mu$m, and with impedances $Z_0 = 50 \, \Omega$. Resonator lengths of 3–7 mm produce resonance frequencies $f_r$ between 4 and 10 GHz. Frequency multiplexed arrays of up to 100 resonators are coupled to a single CPW feedline. The CPW circuits are patterned from a film of either Al ($T_c = 1.2$ K) or Nb ($T_c = 9.2$ K) on a crystalline substrate, either sapphire, Si, or Ge. The surfaces of the semiconductor substrates are not intentionally oxidized, although a native oxide due to air exposure is expected to be present.

A microwave synthesizer at frequency $f$ is used to excite a resonator. The transmitted signal is amplified with a cryogenic high electron mobility transistor (HEMT) amplifier and is compared to the original signal using an IQ mixer, whose output voltages $I$ and $Q$ are proportional to the in-phase and quadrature amplitudes of the transmitted signal.2,3 (see Fig. 2 inset). As $f$ is varied, the output $\xi = [I, Q]^T$ (the superscript $T$ represents the transpose) traces out a resonance circle [Fig. 1(b)]. With $f$ fixed, $\xi$ is seen to fluctuate about its mean, and the fluctuations $\delta \xi(t) = [\delta I(t), \delta Q(t)]^T$ are digitized for noise analysis, typically over a 10 s interval using a sample rate of 250 kHz.

The fluctuations $\delta \xi(t)$ are observed to be primarily in the direction tangent to the resonance circle, while the fluctuations in the orthogonal direction are small. These two directions correspond to fluctuations in the phase and amplitude of the resonator’s electric field $E$, respectively. This observation can be quantified by studying the spectral-domain noise covariance matrix $S(\nu)$ defined by

$$\langle \delta \xi(\nu) \delta \xi^*(\nu') \rangle = S(\nu) \delta (\nu - \nu'), \quad S(\nu) = \begin{pmatrix} S_H(\nu) & S_{IQ}(\nu) \\ S_{IQ}^*(\nu) & S_{QQ}(\nu) \end{pmatrix},$$

where $\delta \xi(\nu)$ is the Fourier transform of the time-domain data, the dagger represents the Hermitian conjugate, $S_H(\nu)$ and $S_{QQ}(\nu)$ are the autpow spectra, and $S_{IQ}(\nu)$ is the

![FIG. 1. (Color online) (a) Schematic illustration (not to scale) of the resonator and feedline geometry; See Day et al. (Ref. 2) for the equivalent circuit. Black represents the superconducting film and white represents bare substrate. The coupler relies on the mutual capacitance between the center strips of the feedline and resonator CPW lines and may be considered to be a lumped element $C = 1/(Z_0 \delta \xi \delta \xi^*)$, where $Q_r$ is the coupling-limited quality factor. (b) Resonance circle of a 200 nm Nb on Si resonator at 120 mK (solid line), quasiparticle trajectory calculated from Mattis-Bardeen theory (Ref. 10) (dashed line). For this figure, the readout point $\xi = [I, Q]$ is located at the resonance frequency $f_r$. (c) Noise ellipse (magnified by a factor of 30). Other parameters are $f_r = 4.35$ GHz, $Q_r = 3.5 \times 10^7$ (coupling limited), $w = 5 \mu$m, $g = 1 \mu$m, readout power $P_{\text{read}} = -84$ dBm, and internal power $P_{\text{int}} = -30$ dBm.](image-url)
cross-power spectrum. The matrix $S(\nu)$ is Hermitian and may be diagonalized using a unitary transformation; however, we find that the imaginary part of $S_{IQ}$ is negligible and that an ordinary rotation applied to the real part $\text{Re}(S(\nu))$ gives almost identical results. The eigenvectors and eigenvalues are calculated at every frequency $\nu$,

$$O^T(\nu)\text{Re}S(\nu)O(\nu) = \begin{pmatrix} S_{aa}(\nu) & 0 \\ 0 & S_{bb}(\nu) \end{pmatrix},$$

(2)

where $O(\nu) = [v_\varphi(\nu), v_\rho(\nu)]$ is an orthogonal rotation matrix. We use $S_{aa}(\nu)$ and $v_\varphi(\nu)$ to denote the larger eigenvalue and its eigenvector.

A typical pair of spectra $S_{aa}(\nu)$ and $S_{bb}(\nu)$ shown in Fig. 2, along with the rotation angle $\phi(\nu)$, defined as the angle between $v_\rho(\nu)$ and the $I$ axis. Three remarkable features are found for all noise data. First, $\phi(\nu)$ is independent of $\nu$ within the resonator bandwidth (the rms scatter is $\sigma_\varphi \approx 0.4^\circ$ per 10 Hz frequency bin from 1 Hz to 5 kHz), which means that only two special directions, $v_\varphi$ and $v_\rho$, diagonalize $S(\nu)$. Equation (2) shows that $S_{aa}(\nu)$ and $S_{bb}(\nu)$ are the noise spectra projected into these two constant directions. Second, $v_\varphi$ is always tangent to the $IQ$ resonance circle while $v_\rho$ is always normal to the circle, even when $f$ is detuned from $f_r$. Third, $S_{aa}(\nu)$ is well above $S_{bb}(\nu)$ (see Fig. 2). The character of the noise can be clearly visualized by plotting a noise ellipse, defined by $\delta \xi^2 C^{-1} \delta \xi = 1$, where $C = \int_{\nu_1}^{\nu_2} \text{Re}S(\nu)d\nu$ is the covariance matrix for $\delta \xi$ and $\delta Q$ filtered for the corresponding bandpass (we use $\nu_1 = 1$ Hz and $\nu_2 = 1$ kHz). The major axis of the noise ellipse is always in the phase direction, and the ratio of the two axes is always very large [Fig. 1(c)].

Figure 2 also shows that the amplitude noise spectrum is flat except for a $1/\nu$ knee at low frequency contributed by the electronics. The amplitude noise is independent of whether the synthesizer is tuned on or off the resonance and is consistent with the noise temperature of the HEMT amplifier. The phase noise spectrum has a $1/\nu$ slope below 10 Hz, typically a $\nu^{-1/2}$ slope above 10 Hz, and a roll off at the resonator bandwidth $f_r/2Q_r$. The phase noise is well above the HEMT noise, usually by two or three orders of magnitude (in rad$^2$/Hz) at low frequencies. It is well in excess of the synthesizer phase noise contribution or the readout system noise.

Quasiparticle fluctuations in the superconductor can be securely ruled out as the source of the measured noise by considering the direction in the IQ plane that would correspond to a change in quasiparticle density $\delta n_{qp}$. Both the real and inductive parts of the complex conductivity $\sigma$ respond linearly to $\delta n_{qp}$, $\delta \sigma_r = \delta \sigma_1 - i \delta \sigma_2$, resulting in a trajectory that is always at a nonzero angle $\psi = \tan^{-1}(\delta \sigma_1/\delta \sigma_2)$ to the resonance circle, as indicated by the dashed lines in Figs. 1(b) and 1(c). Mattis-Bardeen calculations yield $\psi > 7^\circ$ for Nb below 1 K, so quasiparticle fluctuations are strongly excluded since $\psi \ll \sigma_\varphi$. Furthermore, $\psi$ is measured experimentally by examining the response to x-ray, optical/UV, or submillimeter photons and is typically $\psi \approx 15^\circ$.11

The phase noise depends on the microwave power inside the resonator ($P_{int}$), the materials used for the resonator, and the operating temperature. The power dependence for various combinations is shown in Fig. 3; all follow the scaling $S_{aa}(\nu) \propto P_{int}^{-1/2}$. For comparison, amplifier phase noise is a multiplicative effect that would give a constant noise level independent of $P_{int}$, while the amplifier noise temperature is an additive effect that would produce a $1/P_{int}$ dependence. Sapphire substrates generally give lower phase noise than Si or Ge. However, the Nb/Si device showed low noise comparable with Al/sapphire, suggesting that the etching or interface chemistry, which is different for Nb and Al, may play a role. Two Al/Si resonators with very different Al thicknesses and kinetic inductance fractions fall onto the dashed equal-noise scaling line, strongly suggesting that the superconductor is not responsible for the phase noise.3 Furthermore, the noise of a Nb/Si resonator decreased by a factor of 10 when warmed from 0.2 to 1 K, stronger evidence against superconductor noise since Nb has $T_c = 9.2$ K and its properties change very little for $T < T_c$. More detail on the temperature dependence will be published separately.

The evidence leads us to suggest that the noise is caused by fluctuating two-level systems (TLSs) in the dielectric materials—either the bulk substrate or its exposed surface, the interface layers between the metal films and the substrate, or any oxide layers on the metal surfaces. Models assuming a collection of TLS with a wide range of excitation energies $E$ and relaxation rates have long been used to explain the low temperature physical properties of noncrystalline solids.15 TLSs are also found in crystalline materials but at lower densities. Fluctuations due to TLS are of interest theoretically and have been observed in dielectrics, either as telegraph or $1/\nu$ noise, using tunnel junctions,16 single electron transistors,17 and atomic force microscopes. Other examples include telegraph noise in the resistance of metallic...
nanoconstrictions\textsuperscript{23} and qubit dephasing effects.\textsuperscript{8} Recent experiments\textsuperscript{5,24} have illustrated the reactive loading effect that occurs when a single TLS (a qubit) is coupled to a microwave resonator. For weak coupling $g$ or large detuning $\Delta f = |E/h - f_r|$, $P \ll \Delta f$, this reactive loading causes the resonator frequency to shift by $\pm g^2/\Delta f$ depending on the quantum state of the TLS. Thermal fluctuations—absorption or emission of thermal phonons by a collection of TLS—could therefore cause phase noise, equivalent to a fluctuating dielectric constant $\delta(\mathbf{r}, t)$. For this model one expects the noise to vanish exponentially for $T \ll h f_r/2k$ as the TLSs settle into their ground states, while the increase in TLS-phonon transition rates might explain the observed noise decrease at high temperatures. However, at present we do not have a model which quantitatively explains the data. Alternatively, TLS frequency fluctuations have a model which quantitatively explains the data. Alter-atively, TLS frequency fluctuations $\delta E(t)/h$ produced by TLS-TLS interactions\textsuperscript{15,25} and observed in single molecule optical fluorescence experiments\textsuperscript{26,27} should give phase noise with a power law rather than exponential decrease at low temperatures.

The $P^{1/2}$ noise scaling is indicative of TLS saturation; otherwise, the phase noise would be independent of $P_{\text{int}}$ as expected for dielectric constant fluctuations. Similarly, power-independent thermal fluctuations of the TLS dielectric polarization $\mathcal{P}$ are ruled out since this would give additive noise with equal amplitude and phase components and scaling as $1/P_{\text{int}}$ TLS saturation effects are well known;\textsuperscript{8,15} indeed, $f_r$ and $Q_r$ show anomalous temperature and power dependence\textsuperscript{28} for $T \ll T_c$. Saturation of a single TLS depends on its frequency detuning $\Delta f$, its position $\mathbf{r}$ in the spatially varying resonator field $\mathbf{E}(\mathbf{r})$, and the orientation and strength of its dipole moment $\mathbf{d}$. The growth of the saturation zone in this parameter space with increasing $P_{\text{int}}$ may explain the observed $P^{1/2}$ noise scaling.

The microwave fields in our resonators are sufficiently strong to cause TLS saturation. In the Bloch equation framework, saturation for zero detuning occurs when $\Omega^2 T_1 T_2 \gg 1$, where $\Omega = |\mathbf{d} \cdot \mathbf{E}|/h$ is the Rabi frequency and $T_1^{-1}$, $T_2^{-1}$ are the usual energy relaxation and dephasing rates.\textsuperscript{29} The distribution of $T_2^{-1}$ is extremely broad,\textsuperscript{15} extending above and below the range of noise frequencies we observe, because $T_2^{-1} \propto \Delta_0^2/E^2$ is controlled by the tunnel coupling $\Delta_0$ and is therefore exponentially sensitive to the potential barrier.\textsuperscript{15,29} For silica, $T_2^{-1} \approx 1$ MHz ($E/4$ GHz)$^3$ ($\Delta_0/E$)$^2$ coth($E/2kT$). The dipole moment $\mathbf{d}$ is proportional to $\Delta_0/E$\textsuperscript{15} so $\Omega^{-1} T_1$ is independent of $\Delta_0$.

Meanwhile, $T_2^{-1}$ scales as $(1 - \Delta_0/E^2)$ (Ref. 15 and 29) and has a relatively narrow distribution; for silica, $T_2^{-1} \approx 10$ MHz ($T/200$ mK)$^{-1}$\textsuperscript{12,30} Saturation is therefore mostly independent of $\Delta_0$ and occurs when $\mathbf{E} \cdot \mathbf{d}/|\mathbf{d}|$ exceeds a critical value $E_c(f_r, T)$. Indeed, the shape of the observed phase noise spectrum does not change significantly with $P_{\text{int}}$ until the superconductors become nonlinear.\textsuperscript{8} For silica, $E_c(4$ GHz$\times 200$ mK)$\approx 31$ V m$^{-1}$ and corresponds to $P_{\text{int}} \approx 75$ dBm which is significantly below the power levels we use (see Fig. 3). We also find $E_c(7.2$ GHz$\times 25$ mK)$\approx 10$ V m$^{-1}$, which is appropriate for the experimental conditions of Martinis et al.\textsuperscript{8} and is similar to their observed onset of TLS saturation.

In summary, we find that lithographed resonators display $\nu^{-1/2}$ noise directed purely in the phase direction which varies with readout power, temperature, and the substrate material. These results are important for the device optimization—devices relying on resistive loading should be able to avoid this noise source. For MKIDs, the $\sin \psi$ amplitude component of the signal is already available when using an IQ readout, and an optimally weighted phase/amplitude measurement can substantially improve the sensitivity at low frequencies where the phase noise is larger.

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