Testing Gravity with Pulsar Scintillation Measurements

Huan Yang,1, 2 Atsushi Nishizawa,3, 4 and Ue-Li Pen1, 5, 6, 7

1Perimeter Institute for Theoretical Physics, Waterloo, ON N2L2Y5, Canada
2Institute for Quantum Computing, University of Waterloo, Waterloo, ON N2L3G1, Canada
3Department of Physics and Astronomy, The University of Mississippi, University, MS 38677, USA
4Theoretical Astrophysics 350-17, California Institute of Technology, Pasadena, California 91125, USA
5Canadian Institute for Theoretical Astrophysics, 60 St. George Street, Toronto, On M5S3H8, Canada
6Canadian Institute for Advanced Research, CIFAR program in Gravitation and Cosmology
7Dunlap Institute for Astronomy & Astrophysics, University of Toronto, AB 120-50 St. George Street, Toronto, ON M5S 2H4, Canada

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We propose to use pulsar scintillation measurements to test predictions of alternative theories of gravity. Comparing to single-path pulsar timing measurements, the scintillation measurements can achieve a factor of $10^5$ improvement in timing accuracy, due to the effect of multi-path interference. Previous scintillation measurements of PSR B0834 + 06 have data acquisition for hours, making this approach sensitive to mHz gravitational waves. Therefore it has unique advantages in measuring gravitational effect or other mechanisms on light propagation. We illustrate its application in constraining scalar gravitational-wave background, in which case the sensitivities can be greatly improved with respect to previous limits. We expect much broader applications in testing gravity with existing and future pulsar scintillation observations.

Introduction – Pulsar scintillation happens when pulsed radio signals from pulsars follow different paths of propagation to reach the Earth, and exists for almost all known pulsars. It is generally known that structures in interstellar plasma along the propagation path plays the role of an effective “lens” and generates necessary lensing for pulses along different paths to meet at the Earth. Upon arrivals, these radio signals interfere with each other and generate a spatially and frequency varying interference pattern. As the Earth is moving, an telescope observer experiences time-dependent intensity variation corresponding to different fringes in the interference pattern. The nature of these lenses is not fully understood, but appears to be dominated by rare, isolated coherent plasma structures. Quantitative models have been proposed to provide precision templates using a small number of optical caustic parameters.\cite{2014c, 2015c, 2016c}.

As the illustration in Fig. 1, the spatial separation between fringes is approximately $\lambda_e/\alpha$ ($\lambda_e$ is the radio wavelength, $\alpha$ is the path opening angle) and the temporal separation is $\sim \lambda_e/(\alpha V_e)$, where $V_e$ is the projected Earth-lens-pulsar velocity, generally dominated by the pulsar proper velocity. With $\alpha$ assumed to be $\sim$ arcsec, one typically observes a scintillation time scale of seconds, typically longer than the pulsar period. By statistically (see the discussion in the next section) averaging over time shift of the fringes, it is possible to achieve pico-second resolution in time, which is a factor of $10^5$ higher than the accuracy in single-path pulsar timing.\cite{2015c, 2016c}

This unprecedented timing precision allows one to apply the scintillation to probing the physics of plasma structures in an interstellar medium\cite{2014b, 2016c} and constraining the size of emission regions in the pulsar magnetospheres\cite{2016c}. Although high-precision pulsar timing has been discussed extensively in literature to test alternative theories of gravity, little was known in relating scintillation measurements to testing gravity. In this Letter, we propose to use pulsar scintillation measurements as a laboratory for gravitational physics, in particular, as a detector of scalar gravitational waves (GWs), which appear in alternative theory of gravity. Similar analysis can be applied to test other physical effects that affect the propagation of radio waves.

Scintillation Modulation – Propagating gravitational distortions modulate the plasma lensing effects. The plasma lenses can change shape on a sound crossing time, which is typically four orders of magnitude longer than the gravitational time scales. This allows precise measurements of space-time variations that are unlikely to be mimicked by plasma effects. If there exists the GW large enough to be detected, it would lead to an irreducible scintillation model residual.

In the absence of GWs, the variation of the plasma propagation Green’s function is dominated by the Earth-lens-pulsar relative motion. Interstellar holography retrieves the time dependent Green’s functions, and has been demonstrated to reproduce observed scintillation patterns to parts per million\cite{2016c}. The accuracy of this model is limited only by thermal noise, and not by pulsar self-noise. A typical $\Delta t$ $\sim$ hour long observation with $\Delta \nu \sim 100$ MHz bandwidth leads to a flux uncertainty of SEFD/$\sqrt{\Delta t \Delta \nu}$, where SEFD is the system equivalent flux density. For large telescopes such as FAST or Arecibo, SEFD is about 5 Jy. Based on the above reasoning we have the following simplified estimation for the timing
interference pattern based on the radio wavelength $\lambda$. When the radio waves from these two directions reach the Earth, they interfere and produce very fine interference pattern based on the radio wavelength $\lambda_e$ and the path opening angle $\alpha$. As the Earth moves at a speed $V_e \sim 30 \text{ km/s}$, there are many fringes within the timescale of a single pulse (for illustration purpose we only show a few fringes within each pulse).

The illustration for pulsed signals that arrive on the Earth following two distinctive paths, where the wave following $C'$ is deflected by the interstellar medium at location “D”. Here $L_1 = r/(1 + r) L$ and $L_2 = L/(1 + r)$. When the radio waves from these two directions reach the observer on the Earth, they interfere and produce very fine interference pattern based on the radio wavelength $\lambda_e$ and the path opening angle $\alpha$. As the Earth moves at a speed $V_e \sim 30 \text{ km/s}$, there are many fringes within the timescale of a single pulse (for illustration purpose we only show a few fringes within each pulse).

Probing nontensorial components of GWs – According to the theory of General Relativity, GWs have only two tensor polarizations that are transverse to the wave propagation direction. However, in general metric theory of gravitation, since the metric perturbation $h_{\mu
u}$ has 10 components, 4 of which are purely gauge and eliminated by imposing the condition $h_{00} = 0$, there are 6 degrees of freedom left in $h_{ij}$ ($1 \leq i, j \leq 3$). Therefore gravitational wave emissions with scalar and vector polarizations are predicted in many alternative theories of gravity, such as scalar-tensor theory, $f(R)$ theory, bimetric theory, etc. (For the summary about GW polarization prediction in various alternative gravity models, see [9] and reference therein). Measuring and/or constraining GWs with nontensorial polarizations are a viable approach to test the theories of gravity and search for possible new physics.

We follow the convention in [9] [10] to label these 6 polarizations (2 tensor modes: + and $\times$, 2 vector modes: $x$ and $y$, and 2 scalar modes: $b$, $l$). In the case that GW is propagating along $z$-axis, the tensor bases are

\[
\begin{align*}
\hat{e}^+ &= \begin{pmatrix} 1 & 0 & 0 \\ 0 & -1 & 0 \\ 0 & 0 & 0 \end{pmatrix}, \\
\hat{e}^x &= \begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}, \\
\hat{e}^b &= \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 1 \\ 0 & 1 & 0 \end{pmatrix}, \\
\hat{e}^l &= \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 1 \\ 0 & 1 & 0 \end{pmatrix}
\end{align*}
\]

so that $h_{ij}$ can be decomposed as

\[
h_{ij} = \sum_A h_{ij} \hat{e}^A_i \hat{e}^A_j.
\]

As an illustration for applications of pulsar scintillation observations to testing gravity, we show that the existing data provide the best constraint on scalar GWB at mHz band, which beats the previous constraint by four orders of magnitude and might be improved by future space-based GW missions such as eLISA [11].

As shown in Fig. 1, we consider a train of radio waves emitted from Pulsar (“P”) propagates along two different paths (C and C’) and eventually reaches the Earth. For simplicity, we consider only one-time deflection by the turbulent plasma at location “D” (which is straightforward to generalize to cases with multiple deflections), and assume both paths are on the $x - z$ plane, with C being along $x$ axis. The coordinate of “P”, “D”, and “O” on the $x - z$ plane is $[0, 0], [Lr/(1 + r), Lr\alpha/(1 + r)], [L, 0]$ respectively.

In order to obtain the sensitivity curve to GWs, we derive the transfer functions from GWs with frequency $\omega_q$ in such a system. Based on the standard pulsar timing analysis, the GW-induced phase shift of radio waves propagating along C is (hereafter we adopt the geometric unit that the speed of light $c = 1$)

\[
H_C = \frac{\pi n^2 h_{ij} n^2 \sin[\omega_q L\xi + \psi] - \sin \psi}{\omega_q \lambda_e \xi},
\]

where $\psi$ is the initial phase of that particular GW, $\xi \equiv 1 - \mathbf{k} \cdot \mathbf{n}$, with $\mathbf{k}$ being the unit direction vector of the GW and $\mathbf{n} = \mathbf{e}_x$ being the unit direction vector of $P \rightarrow O$.

Following the same principle, the phase shift (due to the same GW train) of radio waves propagating along C'
assuming \( \omega L \gg 1 \) (at mHz band it is greater than \( 10^8 \) for typical pulsars). In particular, we find that the longitudinal mode ("I") receives the largest amplification factor (\( \propto \omega^2 L^2 \)), while the amplitudes of all other polarizations are suppressed due to the transverse nature of GW propagation. From this reason, here we focus on the longitudinal mode. The transfer function for longitudinal scalar mode is given by

\[
\delta \Phi^2 \equiv \left( (H_C - H_C')^2 \right) \\
\propto \frac{h_m^2 \alpha^2}{\omega_g^2 \lambda_c^2} \times \begin{cases} 
\log(\omega_g L), & A = +, \times b, \\
\omega_g L, & A = x, y, \\
\omega_g^2 L^2, & A = l, 
\end{cases}
\]

(6)

Combining this transfer function with the timing noise estimate given in the previous section, we can obtain the sensitivity of pulsar scintillation measurement on longitudinal scalar GWs, by making \( \delta \Phi = 2\pi c \delta t_1 / \lambda_c \). Take \( r \sim 1 \), this gives the sensitivity on \( h_l \) (dimensionless GW amplitude) as

\[
h_l = 6.8 \times 10^{-18} \frac{\delta t_{\text{mHz}}}{\text{ps}} \left( \frac{\alpha}{\text{arcsec}} \right)^{-1} \left( \frac{L}{\text{kpc}} \right)^{-1}. \tag{8}
\]

In Fig. 2 we compare the sensitivity to longitudinal scalar GWs based on scintillation measurements of PSR B0834 + 06 ([7]) with the current best constraint from Doppler tracking of the Cassini spacecraft in [12,13] and timing measurement of the GPS system in [14] and the proposed sensitivity of eLISA at the same frequency band. These sensitivities are computed by considering the transfer functions of the scalar longitudinal mode, which give approximately the same responses as the tensor mode for Doppler timings and eLISA below 0.1 Hz [15] but better sensitivity of eLISA above 0.1 Hz. We can see that scintillation measurement from PSR B0834 + 06 already improves the previous sensitivity by a factor of \( 10 - 10^6 \) (greater improvement comparing to the GPS limit). By choosing more distant pulsars, larger opening angles, and/or the ones with better scintillation timing accuracy, as well as statistically averaging data for different scintillating pulsars, it is possible to dramatically improve this limit.

**Constraint on scalar-tensor ratio of GWs** – It would be convenient to define the ratio of GW amplitude in scalar mode to that in tensor mode as \( R_{ST} \equiv h_I^2 / h_T^2 \) and useful to show the upper limit in terms of \( R_{ST} \). The advantage to use \( R_{ST} \) is that it can be interpreted as the relative strength of scalar coupling in a gravity theory to that of the ordinary gravitational (tensor) coupling, because the ratio is irrespective of common factors between the scalar and tensor modes, e.g. distance to the source and the way of propagation in the interstellar space. It should be emphasized that in general in modified gravity theory, the scalar coupling strength depends on an environment in the Universe, so called the screening mechanism, e.g. the Chameleon mechanism, the Vainshtein mechanism, and etc. [16,17]. Our constraint is obtained in a low-density and weak-gravity region (in cosmological sense). In a high-density and stronger-gravity region such as near a GW source or on the Earth, relatively large deviation from general relativity is allowed where screening mechanism is also likely to operate. However, that part of contribution is highly model-dependent.

To derive the upper limit on \( R_{ST} \), what we need is the upper limit on the scalar amplitude in Eq. (8) and the amplitude in the tensor mode. The latter is source-dependent and has large uncertainty, depending on astrophysical scenarios. Thus we take into account this un-
been estimated in \[18\] as $S_{\text{event rates}}$ among predictions in literature when we determine the power spectrum densities $S_h$ of each GW source. For white dwarf (WD) binaries, the extragalactic component dominates at $f > 1$ mHz and the spectrum has been estimated in \[13\] as $S_h^{\text{WD}}(f) = (0.37,1.4,2.3) \times 10^{-46} \, (f/\text{Hz})^{-7/3} \exp[-f/0.01 \, \text{Hz}] \, \text{Hz}^{-1}$, each corresponding to the lowest, intermediate, and highest event rates. For neutron star (NS) binaries, compiling the merger rates of WD, NS, and BH binaries, respectively. Although the numerical values

In Fig. 3 the constraints on $R_{\text{ST}}$ for each GW source are shown. The upper bound is tighter at lower frequencies, which are at 1 mHz, $9.4 \times 10^{4}$, $2.7 \times 10^{5}$, and $1.5 \times 10^{5}$ for the intermediate merger rates of WD, NS, and BH binaries, respectively. Although the numerical values appear to be much larger than one, they are the first constraints on $R_{\text{ST}}$ obtained in the frequency band from 1 mHz to 1 Hz in the line-dominant and weak-gravity region of space, and they connect the physics of GW emission of a source and a screening mechanism in a model-independent way. There have been the constraints at different frequencies from other observations. The observation of the orbital-period derivative from PSR B1913+16 agrees well with predicted values of GR, conservatively, at a level of 1% error \[22\]. This fact indicates that the contribution of scalar GWs to the energy loss is less than 1 %, that is, $R_{\text{ST}} \lesssim 10^{-1}$ at 7.2 $\times 10^{-5}$ Hz at the source position of the NS binary. On the other hand, the recent detection of GWs (GW150914) \[23\] gives no constraint on the scalar component, as at least three detectors are needed to break the degeneracy of the polarization modes \[24\].

**Discussion**—Comparing to single path pulsar timing measurements, the scintillation measurements have better timing accuracies, and the phase-comparison geometry which naturally removes intrinsic noise from the source. These are the key factors which ensure its ultra precision and enables its application to studying ISM physics, pulsar physics, and our proposal in this Letter - testing alternative gravity models.

We have illustrated an example in this proposal: measuring a longitudinal scalar GWB. It is also possible to apply to other tests which do not involve GWs - for example, the spacetime quantum fluctuations \[25, 26\] or the holographic noise \[27\]. They would contribute distinctive phase noise for photon traveling along different scintillation paths, and hence can be measured by observing anomalous scintillation phase shift or degrading of the interference pattern.

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\[\text{FIG. 3: (Color Online). Upper limit on the scalar-to-tensor ratio } R_{\text{ST}} \text{ for each GWB source with uncertainties of merger rates: WD binaries (red), NS binaries (green), and BH binaries (blue). The dashed lines correspond to the intermediate merger rates and the solid lines are the lowest and highest merger rates.}\]