

The Shelf Circulation of the Bellingshausen Sea

Third Revision

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Key Points:

- Warm Modified Circumpolar Deep Water flows towards the Bellingshausen Sea coast along the eastern edge of Belgica and Latady troughs.
- Waters with elevated meltwater concentrations flow away from the coast along the western sides of the two troughs.
- Estimates of heat and volume transports are comparable to other shelf seas in West Antarctica.

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Abstract

Over recent decades, the West Antarctic Ice Sheet has experienced rapid thinning of its floating ice shelves as well as grounding line retreat across its marine-terminating glaciers. The transport of warm Modified Circumpolar Deep Water (MCDW) onto the continental shelf, extensively documented along the West Antarctic Peninsula (WAP) and in the Amundsen Sea, has been identified as the key process for inducing these changes. The Bellingshausen Sea sits between the Amundsen Sea and the northern part of the WAP, but its oceanic properties remain remarkably under-studied compared to surrounding regions. Here, we present observations collected from a hydrographic survey of the Bellingshausen Sea continental shelf in austral summer 2019. Using a combination of ship-based and glider-based CTD and lowered ADCP observations, we show that submarine troughs provide topographically-steered pathways for MCDW from the shelf break towards deep embayments and ultimately under floating ice shelves. Warm MCDW enters the continental shelf at the deepest part of the Belgica Trough and flows onshore along the eastern side of the trough. Modification of these shoreward-flowing waters by glacial melt is estimated by calculating meltwater fractions using an optimal multiparameter analysis. Meltwater is found to be elevated at the western edge of both the Latady and Belgica troughs. Meltwater distributions, consistent with other diagnostics, suggest a recirculation in each trough with modified waters eventually flowing westward upon leaving the Belgica Trough. Our results show that the Bellingshausen Sea is a critical part of the larger West Antarctic circulation system, linking the WAP and the Amundsen Sea.

Plain Language Summary

Over the past decades large changes in the volume of the West Antarctic Ice Sheet have been observed. This has been attributed to a warm water mass, the Circumpolar Deep Water (CDW). This water has been observed along the West Antarctic Peninsula (WAP) and in the Amundsen Sea. The Bellingshausen Sea, located between the WAP and the Amundsen Sea, has exhibited similar rates of ice shelf thinning, yet remains remarkably under-studied compared to regions to the east and west. We present observations of the Bellingshausen Sea from early 2019. Using a combination temperature and velocity data are used to show that submarine troughs provide pathways for the warm water from offshore to reach the ice sheets. This takes place at the deepest part of the Belgica Trough and along the eastern side of the trough with a recirculation of this now slightly cooler water between the two troughs. The water originating from the ice sheets leaves the Bellingshausen Sea along the western side of the Belgica Trough before flowing west towards the Amundsen Sea. Our results show that this region is a critical part of the West Antarctic circulation system, linking the WAP and the Amundsen Sea.

1 Introduction

Oceanic processes in the Southern Ocean and along the Antarctic margins influence Earth's climate on a global scale. The upper Southern Ocean has persistently warmed over the last century (Gille, 2008), which has been accompanied by an increase in heat content of the West Antarctic continental shelf (Schmidtke et al., 2014) and by increased glacial melting (Pritchard et al., 2012; Cook et al., 2016). The thinning of floating ice shelves throughout West Antarctic coastal seas, which includes the Amundsen and Bellingshausen seas as well as the northern part of the West Antarctic Peninsula (WAP) (**Figure 1**), is one of the most dramatic signals of a changing climate (Cook & Vaughan, 2010; Adusumilli et al., 2020; Smith et al., 2020). Rapid loss of mass from the ice sheet, attributed to excess basal melt where warm ocean waters are delivered to the glaciers (Pritchard et al., 2012), is also associated with the retreat of grounding lines (Rignot et al., 2014) and the acceleration of ice sheet flow (Joughin et al., 2002). The rate of ice loss of the West Antarctic Ice Sheet (WAIS) is now estimated to be three times as large as it was in the 1990's

71 (IMBIE, 2018). A recent surface mass balance analysis found a more than ten-fold in-
72 crease in mass loss from West Antarctica (from 12 ± 3 Gt/yr to 159 ± 8 Gt/yr) over
73 the period 2009–2017, as compared to the period between 1979 – 1989. This increase is
74 larger than the six-fold increase across all of Antarctica for these same time periods (Rignot
75 et al., 2019). During the latest decade, ice mass loss was dominated by the Amundsen
76 and Bellingshausen sectors, contributing more than 60% of the total mass loss around
77 Antarctica (Rignot et al., 2019).

78 Accurate predictions for the future evolution of WAIS requires an understanding of con-
79 trols on ocean heat content and circulation, properties that control ice-shelf basal melt
80 rates. Yet, there remain many open questions about how the ocean circulation is likely
81 to change due to the complexity of this region. First, the circulation of the Antarctic marginal
82 seas depends on processes spanning a range of scales, including the large-scale flow of
83 the Antarctic Circumpolar Current (ACC), the major subpolar gyres (Ross and Wed-
84 dell Gyres), a rich boundary current system over the continental slope (Pea-Molino et
85 al., 2016; Thompson et al., 2018), and intricate shelf circulations steered by complex bathymetry
86 (*e.g.* Moffat et al. (2008); Brearley et al. (2019)). Furthermore, due to the lack of ob-
87 servations, it is difficult to ascertain changes from an uncertain baseline circulation strength
88 and structure. The Bellingshausen Sea (Bells), the focus of this study, is at the conflu-
89 ence of a number of different circulation elements of varying scales and dynamics, but
90 the region has remained nearly unobserved.

91 In the West Antarctic coastal seas, the penetration of warm Circumpolar Deep Water
92 (CDW) on to the shelf is enhanced both by the proximity of the southern boundary of
93 the ACC (Orsi et al., 1995) and a weak Antarctic Slope Front (ASF) on the upper con-
94 tinental slope (Jacobs, 1991; Whitworth III et al., 1998). In particular, along the west-
95 ern side of the Antarctic Peninsula, the southern boundary of the ACC, flowing to the
96 northeast, extends up the continental slope and a westward-flowing Antarctic Slope Cur-
97 rent (ASC) is absent (Moffat & Meredith, 2018). Once warm water accesses the shelf,
98 it flows towards the coast, and, in the absence of major topographic barriers, delivers
99 this heat to marine-terminating ice sheets, potentially contributing to basal melting. Along
100 the WAP, CDW flows onto the shelf nearly unrestricted with exchange across the shelf
101 break largely occurring at the Marguerite Trough and via coherent eddies (Moffat et al.,
102 2009; Couto et al., 2017), although both the mean flow and eddies transport this water
103 to the coast (Dinniman et al., 2011).

104 Farther to the west, in the Amundsen Sea, both observational (Walker et al., 2013) and
105 numerical (Nakayama et al., 2013) evidence exists for a westward-flowing ASC near the
106 shelf break. This change in the ASC between the WAP and Amundsen Sea suggests that
107 a significant reorganization of the frontal structure over the continental slope occurs in
108 the Bells sector (Thompson et al., 2020). The transport of heat on to the continental
109 shelf in the Amundsen Sea, while still occurring primarily in glacially-carved troughs,
110 differs from the WAP. The heat is supplied through an eastward-flowing undercurrent
111 that sits over the continental slope and is largely controlled by the local wind stress (Walker
112 et al., 2013; Dotto et al., 2019). It is unclear whether the WAP or Amundsen regime is
113 more representative of heat transport on to the Bells shelf.

114 All ice sheets found along the coast of the Bells have experienced considerable volume
115 loss (Paolo et al., 2015; Rignot et al., 2019; Adusumilli et al., 2020) and increased basal
116 melt in the last decades (Rignot et al., 2013, 2019), with the possible exception of Ab-
117 bot Ice Shelf. The ocean circulation close to the ice-shelf fronts in the eastern Bells, de-
118 fined as the region that feeds the Wilkins, George VI, and Stange ice shelf cavities, has
119 been studied previously (Jenkins & Jacobs, 2008; Padman et al., 2012), but the circu-
120 lation and dynamics that influence the ice shelves in the western part of the Bells are
121 not well known. For the purpose of this paper, we will refer to those ice shelves that are
122 principally fed by the Marguerite and Latady troughs as the eastern Bells and those fed
123 by the Belgica Trough as the western Bells (**Figure 1**). The Venable Ice Shelf, for ex-

ample, is a smaller glacier by area, but has been estimated to have a rate of volume loss that is comparable to, or larger than, other ice shelves in the region (Rignot et al., 2013; Paolo et al., 2015).

The presence of warm CDW, referred to as Modified CDW (MCDW) due to mixing or modification processes occurring near the shelf break, over the BellS continental shelf was first identified by Talbot (1988). MCDW properties were found at the sea floor, which was explained by the absence of near-freezing, high-salinity water associated with the formation of deep water masses. The exchange of CDW across the shelf break is topographically-localized at glacially-carved troughs throughout West Antarctica (Dinniman & Klinck, 2004; Moffat et al., 2008; Savidge & Amft, 2009). The BellS has two major troughs, Belgica and Latady, shown in Figure 1. At the shelf break, the entrance to the Belgica Trough is located further to the west and closer to the Amundsen Sea and the Latady Trough is located closer to the WAP. Within Belgica Trough, a cyclonic circulation was inferred by Zhang et al. (2016), using data from instrumented seals and a Gade line analysis (Gade, 1979), with MCDW being carried onshore along the eastern side of the trough and meltwater carried offshore along the western side of the trough. These authors did not discuss the circulation in Latady Trough, and this region's contribution to heat transport towards the BellS ice shelves remains unconstrained. The generation of cyclonic circulations supported by glacially-carved troughs is a feature that is common throughout the WAP (Brearley et al., 2019; Savidge & Amft, 2009).

Coupled ice-ocean simulations carried out by Assmann et al. (2005) found the region to be dominated by a large-scale cyclonic circulation, although the model did not resolve circulation features in individual troughs. A strong coastal current formed the southern edge of this cyclonic circulation, extending from the BellS into the Amundsen Sea. The presence of a coastal current was also noted by Holland et al. (2010), originating along the WAP, flowing southward into the BellS. This coastal current has been reported to be a seasonal feature, disappearing in winter months (July – October) (Moffat et al., 2008). At the same time, sea ice conditions were suggested to be less variable in the BellS than in other regions, due to its location at the eastern edge of the Amundsen Sea low pressure system (Holland et al., 2010). Numerical models have further suggested an important role for the exchange of water properties and tracers between the various seas of West Antarctica. In particular, Nakayama et al. (2014) found that basal melting in the BellS can be a driving force in the freshening of the Ross Sea, a source region of deep water formation.

The transport pathways and fate of glacial meltwater that enters the ocean from basal melting of ice shelves remains a compelling and open topic. A broad freshening of the polar seas around Antarctica has been found in models as well as observations and coincides with the increased ice shelf mass loss (Schmidtko et al., 2014; Rye et al., 2014; Richardson et al., 2005; Swart & Fyfe, 2013). The vertical distribution of this meltwater in the water column and its impact on shelf and larger-scale circulation remains uncertain. Most observations suggest that the freshening has a subsurface signature, often up to several hundred meters deep, consistent with the outflow from the base of the ice shelves (Jenkins & Jacobs, 2008; Biddle et al., 2017; Loose et al., 2009; Kim, 2016; Adusumilli et al., 2020). However, glacial melt can also be redistributed within the water column by mixing processes, including those related to strong hydrographic fronts that develop at the ice shelf face (Naveira-Garabato et al., 2017). The depth and density classes over which glacial melt is found in the BellS suggest an important role for meltwater in modifying buoyancy and supporting an overturning circulation (Savidge & Amft, 2009; Moffat et al., 2008).

Recently acquired data from the BellS provide new insights into the circulation structure from the shelf break to the coast. In this manuscript we introduce our data and methods in Section 2; water mass properties, velocities, meltwater fractions and heat transports on the shelf are analyzed in Section 3. Section 4 assesses similarities and differences

177 between the Bells circulation and observations and simulations of neighboring regions
178 in West Antarctica. A summary is presented in Section 5.

179 2 Data and Methods

180 2.1 NBP19-01 Cruise data

181 The observations used in this study were collected aboard the R/V Nathaniel B. Palmer
182 as part of the TABASCO (NBP19-01, Transport of the Antarctic Peninsula and Beling-
183 shausen Sea: Antarctic Slope Current Origins) research cruise. During the cruise, 56 tem-
184 perature and salinity (CTD) profiles were collected in the Bells between 27 December,
185 2018 and 8 January, 2019. Stations 3 – 56 were organized into a series of transects. Two
186 transects spanned the continental slope and shelf break: stations 3 – 10 located to the
187 west of Belgica Trough and stations 51 – 56 starting from the eastern edge of the Latady
188 Trough. The remaining stations (St 11 – 50) were located over the continental shelf (**Figure**
189 **1**). CTD data were acquired using a SBE-11+ (V2) deck unit and two SBE3plus tem-
190 perature sensors. Velocity measurements were collected at each station using a RDI Workhorse
191 Sentinel downward-looking Lowered Acoustic Doppler Current profiler (LADCP). The
192 LADCP was configured to record velocity in 8 m bins and processing involved the use
193 of both the hydrographic data and shipboard ADCP data, following Thurnherr et al. (2010).

194 Water samples were collected at each station, and the salinity was calibrated using a Guild-
195 line PortaSal 8410A. Winkler analysis was not performed during the cruise. No drift was
196 observed between the two oxygen sensors on the CTD over the duration of the data col-
197 lection in the Bells, but there was an offset of $12.05 \mu\text{mol kg}^{-1}$ between the two sensors.
198 In the absence of direct calibration, we relied on comparisons between an offshore CTD
199 profile and a nearly contemporaneous CTD profile obtained during the 2019 LTER sur-
200 vey (within 14 km and two weeks). Below 1500 m, the offset was roughly $12.8 \mu\text{mol kg}^{-1}$
201 for the first sensor, and $3.7 \mu\text{mol kg}^{-1}$ for the second sensor. After calibration and cor-
202 rection for offsets, the temperature, conductivity and oxygen sensors are expected to have
203 an accuracy of 0.001°C , 0.0003 S m^{-1} , and 2% of saturation, respectively. More details
204 can be found in the cruise documentation ([http://web.gps.caltech.edu/~andrewt/
205 publications/TABASCO.pdf](http://web.gps.caltech.edu/~andrewt/publications/TABASCO.pdf)).

206 All CTD data were processed following the guidelines in McTaggart et al. (2010). The
207 hydrographic data were used to analyze temperature, salinity and density distributions,
208 as well as to calculate meltwater fractions contained in the water column. We calculated
209 geostrophic velocities, which were referenced to the de-tided LADCP data. Details of
210 data processing are provided in the TABASCO project cruise report. Data from NBP1901
211 are archived at the National Center for Environmental Information and have the NCEI
212 Accession Number 0210639.

213 In addition to the ship-based measurements, two ocean gliders, Seagliders, were deployed
214 during the cruise. The first glider (SG621) was deployed on 27 December, 2018, offshore
215 of the shelf break near Peter I Island (67.95°S , 87.88°W). We attempted to sample the
216 continental slope and shelf break to the west of Belgica Trough with this glider, but had
217 limited success due to sea ice extent; we do not discuss data from this glider further. The
218 second glider (SG539) was deployed just offshore of the shelf break near Marguerite Trough
219 on 19 January, 2019 (66.67°S , 72.50°W); a 2000 m CTD cast was completed immedi-
220 ately after deployment that was used for calibration purposes. After sampling the mouth
221 of the Marguerite Trough, this glider moved south and sampled across the mouth of the
222 Latady Trough. In this study, we made use of the last 106 dives collected by SG539 (**Figure**
223 **1**). The glider completed V-shaped dives to a depth of 1000 m or to within 15 m of the
224 seafloor, if shallower than 1000 m. Surfacing locations were separated by roughly 4 km,
225 and as little as 1 km when the glider was over the continental shelf. While diving, the
226 glider collected measurements of temperature and salinity with a Seabird CTSail every

5 seconds, or roughly every 1 m vertically. The data were later processed using the UEA Seaglider Matlab Toolbox (www.byqueste.com/toolbox.html) that also includes a thermal lag correction following Garau et al. (2011). For this study we focused on temperature and salinity data from the glider; following calibration, temperature and salinity are accurate to 0.01°C and 0.01 g kg^{-1} , respectively. Measurements were then averaged in 10 m depth bins and interpolated onto a 10 km horizontal grid. Due to problems with the compass, no depth-averaged velocities were obtained. The barotropic nature of the currents in this region (shown below) means that non-referenced geostrophic velocities are of limited use in calculating fluxes across the glider section.

2.2 Velocity corrections and transports

The LADCP velocity data were de-tided using tidal velocity output from the Circum-Antarctic Tidal Simulation (CATS2008, Howard et al. (2019)). This is a high-resolution inverse model based on a uniform grid size of 4 km. It includes cavities under the floating ice shelves (Padman et al., 2002) and predicts tidal effects including surface heights, tidal current velocities and transports. We subtracted the predicted CATS2008 tidal velocities from the LADCP data. The tidal velocities in the Bells were relatively small (less than 5 cm s^{-1}) compared to the LADCP velocities; removal of tidal contributions did not significantly impact the results presented here (see **Figure S1**).

The combined use of the CTD and LADCP data allowed for the calculation of absolute geostrophic velocities. We first used the hydrographic data for each station pair to estimate geostrophic shear. The LADCP data were rotated to be along/across each station pair. The reference velocity was then calculated by minimizing the root mean square difference between the referenced geostrophic flow and the mean of the two rotated LADCP profiles for each station pair. Due to the barotropic nature of the flow, we calculated the reference velocity using the full water column depth. The resulting referenced geostrophic velocities were used to calculate volume and heat transports across the sections **Figure S2**. Transport contributions from bottom triangles, while generally small over the shelf due to the relatively flat topography (compared to the slope sections), were included using two methods: (1) a linear interpolation to the bottom of the velocity in the last common bin between each station pair, (2) a linear interpolation to zero at the bottom from the last common bin between each station pair. Here, we used method (1), which modified the volume transport by less than 5% as compared to not including bottom triangles, in the transport estimates discussed in section 3.4. Volume transports calculated using absolute geostrophic velocities, as opposed to the LADCP velocities alone, provide a more synoptic representation of the circulation since the LADCP captures ageostrophic components, e.g. tides and inertial oscillations, that typically exhibit higher frequency variability.

The heat flux F_h is defined as:

$$F_h = \rho C_p v (\theta - \theta_f), \quad (1)$$

and the heat transport Q_h across a hydrographic section is calculated as:

$$Q_h = \int_{x_w}^{x_e} \int_{-H}^0 \rho C_p v (\theta - \theta_f) dz dx. \quad (2)$$

Here C_p is the specific heat capacity of sea water, calculated for each profile ($\text{J kg}^{-1} \text{ K}^{-1}$), ρ is the average density of the station pair, θ is potential temperature referenced to the surface, θ_f is the freezing point potential temperature (a function of both salinity and pressure), and v is the referenced geostrophic velocity perpendicular to the station pair. The integrals in the heat transport calculation were taken in the vertical from the seafloor ($z = -H$) to the surface ($z = 0$) and in the horizontal from the western edge to the eastern edge of the two trough sections, x_w and x_e , respectively. Stations 11 – 22 cor-

275 respond to the transect that spans the Belgica Trough near the shelf break, and stations
 276 27 – 33 and 42 – 45 together cross both the Belgica and Latady troughs further to the
 277 south. We refer to the latter as the mid-shelf section below.

278 While multiple factors could contribute to error in our volume and heat transport es-
 279 timates, we will assume that the dominant contribution comes from the LADCP veloc-
 280 ity profiles, due to the strong barotropic nature of the flow. Following (Thurnherr et al.,
 281 2014), we assume the LADCP velocity error is no more than 3 cm s^{-1} . An upper bound
 282 on the error estimate for the volume flux would then simply use a 3 cm s^{-1} velocity, mul-
 283 tiplied by the area of each station pair to calculate cumulative transports across the sec-
 284 tions. The error associated with approach is typically $O(0.1)$ Sv for each station pair,
 285 dependent on the depth and width of the station pair. However, across each of the cross-
 286 trough sections there is both inflow and outflow, such that the cumulative transport has
 287 a large cancellation between positive and negative transports, and the error is large com-
 288 pared to the cumulative transport. For the Belgica Trough section, the total volume trans-
 289 port is $0.46 \text{ Sv} \pm 3.5 \text{ Sv}$, and for the mid-shelf section, the total volume transport is -
 290 $0.66 \text{ Sv} \pm 4.9 \text{ Sv}$. To arrive at a more realistic error estimate, we chose to randomly sam-
 291 ple an error reference velocity for each station pair from a Gaussian distribution with
 292 a standard deviation of 3 cm s^{-1} . The cumulative transports across each section were then
 293 calculated 10,000 times and the transport error was determined as the root mean square
 294 of these values. With this approach, we obtained cumulative volume transports across
 295 the Belgica Trough section (St 11 – 22) of $0.46 \text{ Sv} \pm 0.36 \text{ Sv}$ and across the mid-shelf
 296 section (St 27 – 33 and 42 – 45) of $-0.66 \text{ Sv} \pm 0.51 \text{ Sv}$. The same approach was used to
 297 calculate errors in the heat flux calculations. Using a constant error of 3 cm s^{-1} , the Bel-
 298 gica Trough and mid-shelf sections have heat transports of $43.2 \text{ GW} \pm 792 \text{ GW}$ and -
 299 $169 \text{ GW} \pm 1100 \text{ GW}$, respectively. Using the “error sampling” approach described above,
 300 this becomes $43.2 \text{ GW} \pm 82.5 \text{ GW}$ (Belgica Trough) and $-169 \text{ GW} \pm 118 \text{ GW}$ (mid-shelf).

301 Below, we discuss the heat content of the MCDW layer at individual stations, which is
 302 calculated as:

$$303 \quad \mathcal{H}_{MCDW} = \rho C_p \int_{z_d|\theta=1.1^\circ\text{C}}^{z_{\theta=1.1^\circ\text{C}}} \theta \, dz, \quad (3)$$

304 where C_p and ρ are the specific heat capacity of sea water and density calculated for the
 305 MCDW layer. The MCDW layer is defined as water with $\theta > 1.1^\circ\text{C}$. Each profile was in-
 306 tegrated vertically from the deepest 1.1°C isotherm, or the seafloor if a deep 1.1°C isotherm
 307 is not present (e.g. at St 21 or 27), to the depth of the shallowest 1.1°C isotherm.

308 2.3 Meltwater calculations

309 For this study, meltwater fractions were calculated using an optimum multiparameter
 310 analysis (OMP) (Tomczak, 1981; Loose & Jenkins, 2014; Biddle et al., 2017; Beaird et
 311 al., 2015; Loose & Jenkins, 2014). The method relies on a set of overdetermined equa-
 312 tions that calculates the relative partitioning of observed water mass properties into a
 313 given number of end-member water masses with fixed hydrographic properties. An ad-
 314 vantage of the OMP analysis, compared to a traditional mixing-line approach, is that
 315 it accounts for variations in the end-member properties arising from both instrument er-
 316 rors and environmental conditions. This variability is encapsulated in weighting factors.

317 The OMP method in this study was applied to three available observed tracers: tem-
 318 perature, salinity, and dissolved oxygen. Because surface waters (Antarctic Surface Wa-
 319 ter in this region) cover a wide range of possible end-member values due to direct sur-
 320 face forcing, the upper 150 m are excluded from the OMP analysis. This exclusion of
 321 surface data is common around the Antarctic margins (Biddle et al., 2017, 2019). We
 322 identified three end members: Winter Water (WW), Modified Circumpolar Deep Wa-

323 ter (MCDW) and Glacial Melt Water (MW). The water mass distribution over the con-
 324 tinental shelf is described in detail in section 3.1.

325 Mathematically, the OMP analysis involves a system of linear equations relating the end
 326 member properties to each observed tracer value by estimating the relative contribution
 327 from each water mass. A final equation arises from the constraint that the sum of the
 328 water mass fractions must equal one. The full system of linear equations can be writ-
 329 ten as:

$$330 \quad \mathbf{Ax} - \mathbf{d} = \mathbf{r}. \quad (4)$$

331 Here, \mathbf{A} is the matrix of the end-member tracer values as well as the mass conservation
 332 equation, \mathbf{x} is the vector of water mass fractions (the values to be calculated), \mathbf{d} is the
 333 vector of observed tracer values, and \mathbf{r} is the vector of residuals between the observed
 334 tracer values and the linear solution. To solve equation (4) for \mathbf{x} , we followed Tomczak
 335 (1981) and inverted the over-determined system to minimize $\|\mathbf{r}^2\| = \mathbf{r}^T \mathbf{r}$ with a non-
 336 negativity constraint on \mathbf{x} :

$$337 \quad \mathbf{r}^T \mathbf{r} = (\mathbf{Ax} - \mathbf{d})^T \mathbf{W}^T \mathbf{W} (\mathbf{Ax} - \mathbf{d}). \quad (5)$$

338 In equation (5), both \mathbf{A} and \mathbf{d} are normalized and weightings W_j are introduced, as de-
 339 scribed by Tomczak (1981). In this study, $j = [1, 2, 3]$ represents each tracer; there is
 340 a fourth parameter, W_4 that provides the weighting for the mass conservation constraint.
 341 The first three weightings were determined by calculating the variance of the end-member
 342 tracer values (σ_j) and dividing by the square of the uncertainty of that tracer across all
 343 end-members (ϵ_j),

$$344 \quad W_j = \frac{\sigma_j^2}{\epsilon_j^2}. \quad (6)$$

345 End-members used in this calculation (MCDW, WW, and MW) are listed in **Table 1**,
 346 together with their tracer properties and uncertainties that were used to weight each tracer.
 347 The meltwater endpoints used in this study are theoretical values also used in Biddle et
 348 al. (2017) and Nakayama et al. (2013), where the θ is a theoretical value that accounts
 349 for the freezing enthalpy. For dissolved oxygen we used end members and data consis-
 350 tent with the second sensor (see Section 2.1). Note that in many previous studies the
 351 weighting value for the mass conservation constraint, W_4 , was not reported. We found
 352 a strong sensitivity to this choice, which was not constrained by equation (6). We chose
 353 a value for W_4 (Table 1) that ensured that any deviation in the sum of the water mass
 354 fractions away from 1 was at least an order of magnitude smaller than the meltwater frac-
 355 tion itself. The values in \mathbf{W} for $j = [1, 2, 3]$ were similar to Biddle et al. (2017), although
 356 we used a larger value of W_4 (Biddle, personal communication).

357 Uncertainties in the meltwater fractions (\mathbf{x}) calculated from equation (5) were assessed
 358 using a Monte Carlo simulation. For this, equation (5) was solved 10,000 times with each
 359 end-member property in \mathbf{A} replaced by a perturbed value selected from a normal dis-
 360 tribution of the mean values A_{ij} modified by the largest uncertainty associated with each
 361 tracer, represented by ϵ_j . This resulted in 90,000 perturbed realizations of end-member
 362 properties. MW fraction concentrations were reliable to $\pm 1.1 \text{ g kg}^{-1}$. This error is com-
 363 parable to the $\pm 1 \text{ g kg}^{-1}$ value reported by Biddle et al. (2017), but larger than the 0.5
 364 g kg^{-1} error values that are typical of studies that include constraints from noble gases
 365 (Biddle et al., 2019; Beaird et al., 2015).

366 Finally, due to the lack of calibration in the dissolved oxygen measurements, we performed
 367 additional sensitivity tests for the OMP analysis. First, we tested the impact of the off-
 368 set between sensors 1 and 2, by carrying out the OMP analysis with both oxygen sen-
 369 sors with suitably modified end members to account for the sensor offset. In this case,

while the magnitude of the meltwater fraction did change, particularly in the eastern-most stations (44 – 46), the large-scale distribution and the peak magnitudes were similar (**Figure S3 a,b**). Next, we re-calculated the meltwater distribution using the OMP analysis where the weight associated with the dissolved oxygen tracer was reduced by a half (**Figure S3c**) and to zero (**Figure S3d**). Again, the spatial distribution in meltwater fraction remained similar although the magnitude decreased as the influence of oxygen on the OMP analysis was reduced.

These sensitivity tests were carried out due to our limited ability to directly calibrate the oxygen sensors. In summary, we find that the vertical structure of meltwater distribution (described in section 3.3) shows some sensitivity to the weighting of the oxygen data, but the horizontal distribution of the meltwater fractions over the continental shelf are relatively insensitive to these changes. Accordingly, due to the uncertainty in the dissolved oxygen measurements, we put emphasis on the spatial distribution of the meltwater fractions, as opposed to their absolute magnitude.

3 Results

3.1 Water mass distribution

Water masses over the BellS continental shelf are organized in a two-layer configuration (**Figure 2a** and **Figure 3**). The upper layer consists of Antarctic Surface Water (AASW, $\gamma^n < 28.00$) and Winter Water (WW, $\gamma^n < 28.00$, $\theta = \theta_{min}$; Table 1), the sub-surface remnant of cold, winter AASW after summer warming caps the ocean surface (Mosby, 1934). The lower layer consists of Modified Circumpolar Deep Water (MCDW, $28.00 < \gamma^n < 28.27$, $\theta > 1.1^\circ\text{C}$) (Whitworth III et al., 1998). The origin of MCDW is Circumpolar Deep Water (CDW, $28.00 < \gamma^n < 28.27$, $\theta = 1.85^\circ\text{C}$) offshore from the slope. This modification involves both mixing processes that are localized to the upper continental slope and water mass transformation processes that occur through interaction with ice shelves and, potentially, sea ice formation if convection due to brine rejection penetrates deep enough in the water column. The permanent pycnocline separates AASW/WW from MCDW.

The warmest (least modified) MCDW ($\theta > 1.4^\circ\text{C}$) is found at the shelf break, at the eastern side of Latady Trough (300 m – 400 m deep) (**Figure 3a**). MCDW of $\theta > 1.2^\circ\text{C}$ is found over the entire Latady Trough, and over the eastern side of Belgica Trough. The temperature maximum in the MCDW layer is generally found ~ 200 m above the bottom (trough depth 650 m). Since the offshore CDW temperature maximum is found at roughly 400 m (Thompson et al., 2020), this indicates that CDW flows topographically unconstrained on to the shelf.

Above MCDW, AASW and WW occupy the upper 200 m in Belgica and Latady troughs. While WW on the eastern side of Latady Trough is capped by relatively warm AASW ($\sim -0.4^\circ\text{C}$), surface waters over the rest of the continental shelf were relatively cold ($< -1.4^\circ\text{C}$) during the TABASCO survey. The temperature minimum of the WW lies between 50 m and 100 m. The permanent pycnocline, associated with the 27.8 kg m^{-3} isopycnal, tilts across Belgica Trough at the shelf break (about 300 m deep at the western side of the trough as compared to 100 m deep at the eastern side), which is consistent with a cyclonic, baroclinic circulation inside Belgica Trough. The permanent pycnocline shows a doming structure in Belgica and Latady troughs in the mid-shelf transect (**Figure 3b**), indicating a general cyclonic circulation inside these troughs.

Analysis of temperature and salinity properties of MCDW (**Figure 4**) provides insight into the circulation of Belgica and Latady troughs. Less-modified MCDW properties are observed over the eastern side of Latady Trough (**Figure 4d**), extending southwards along $\sim 80^\circ\text{W}$ (**Figure 4c,d**). The relatively colder MCDW over the mid-shelf Latady Trough (**Figure 4c**) suggests modification takes place near the coast before this water is directed

back offshore along Latady and Belgica troughs. The coldest MCDW (1.25°C, **Figure 4d**) is found at the shelf break, at the westernmost edge of Latady Trough, completing the clockwise circulation inside Latady Trough.

In Belgica Trough, MCDW with elevated θ and S values (1.4°C, **Figure 4b**), corresponding to direct offshore CDW intrusions, are found over the eastern side of the trough (**Figure 4b**). These intrusions feed the center of the trough with warm MCDW (1.35°C, **Figure 4a**). Moving south, at the mid-shelf section, MCDW with colder temperatures than those observed at the shelf break (1.25°C, **Figure 4a,b**) is found along the eastern side of Belgica Trough. This water shares the same θ - S properties as MCDW along the western edge of Latady Trough (**Figure 4c**), which suggests that there is exchange between the two troughs and a modification of properties between the shelf break and the coast in Belgica Trough. Closer to the coast, strong modification occurs near Venable Ice Shelf (**Figure 4a**), giving rise to a colder and fresher version of MCDW ($S=34.7$, $\theta \sim 1.1^\circ\text{C}$) that preserves these characteristics as it flows away from the ice shelf and back towards the shelf break along the western side of Belgica Trough (**Figure 4a**). This completes a clockwise circulation of MCDW inside Belgica Trough.

Winter Water properties also show interesting modifications (**Figure 5**). In Latady Trough, the WW θ_{min} is warmer at the shelf break (-1.55°C, **Figure 5d**). Colder WW (-1.8°C) is found inside Latady Trough, and over the western side of Belgica Trough (**Figure 5b,c**). The coldest and saltiest WW is found at the western side of Belgica Trough (**Figure 5a**). The high salinity of these waters, with respect to WW measured upstream close to Venable Ice Shelf, suggests the influence of local sea ice formation.

3.2 Velocities

Inferences about the circulation structure gained from the temperature and salinity distributions presented in section 3.1 are complemented by velocity observations from both direct LADCP measurements and referenced geostrophic velocities. Together, these show a consistent picture of MCDW flowing on to the continental shelf and towards the Bells ice shelves with both Belgica and Latady troughs, predominantly along the western side, with an offshore flow of colder, modified waters on the western side of these troughs (**Figure 4 and Figure 6**).

A dominant feature of the circulation is its strong barotropic character, especially near the continental shelf break. At the shelf-break section across Belgica Trough (**Figure 6a**), the core of warmest water flows onshore at the deepest part of the trough, located roughly at the trough's center, and is associated with velocity peaking at nearly 15 cm s⁻¹ (stations 17 – 20). Note that acquisition of this section, as well as the other cross-trough sections, took roughly one full day to complete. The onshore flow is sandwiched between two strong regions of offshore flow. To the east, there is a strong ($> 15 \text{ cm s}^{-1}$) offshore flow found over the eastern slope of Belgica Trough (stations 20 – 22). This outflow is associated with a strong lateral gradient in temperature at roughly 400 m depth, suggesting that the outflow is not part of a recirculation or eddy localized to the shelf break. Instead, this difference in temperature likely arises due to the outflow of more modified MCDW from the offshore limb of the cyclonic circulation in the Latady Trough (section 3.1). The shallow bathymetry that separates the mouths of Belgica and Latady troughs may help focus and strengthen the outflow here. On the western side of Belgica Trough (stations 11 – 17), there is a net outflow that is weaker than the outflow on the eastern side, but is also confined to narrow boundary currents.

Due to a compass error, the glider did not produce accurate depth-averaged currents at the mouth of Latady Trough and it is difficult to infer circulation here without knowing the barotropic component of the flow. Nevertheless, from the glider hydrographic data, there is an indication of onshore flow at the eastern edge of Latady Trough, which could

470 be caused by flow across the shelf break that feeds the cyclonic circulation of the trough
471 or by a southern extension of the ACC across the shelf break.

472 The mid-shelf section that spans Belgica and Latady troughs (**Figure 6b**), is charac-
473 terized by velocities with smaller magnitudes as compared to the shelf break section, with
474 all observed LADCP velocities less than 10 cm s^{-1} . Across this mid-shelf section, the
475 flow is organized into single regions of inflow and outflow in each trough. In both troughs,
476 the inflow is confined to the eastern side and the outflow is located on the western side,
477 consistent with the cyclonic circulation inferred by Zhang et al. (2016). The velocity struc-
478 ture in Latady Trough has a more baroclinic structure than in Belgica Trough, with stronger
479 flows occurring below $\sim 300 \text{ m}$ depth.

480 A near-shore hydrographic section was collected at the face of Venable Ice Shelf, con-
481 sisting of four stations. The depth-averaged flow from these stations shows a strong off-
482 shore velocity moving away from the ice shelf along the topographic saddle separating
483 Eltanin Basin to the east and another deep basin to the west in front of Venable Ice Shelf
484 (**Figure 6c**).

485 Due to the barotropic nature of the flow in the troughs, referencing geostrophic veloc-
486 ities to either the Shipboard ADCP or Lowered ADCP data is essential for estimating
487 the magnitude of the absolute geostrophic transport. One difference between the geostrophic
488 velocities and the velocities derived from the LADCP is that the onshore flow is bottom-
489 intensified in the former (**Figure S2 b,c**). The referenced geostrophic velocities also show
490 less structure on the western side of Belgica Trough shelf-break section, such that all of
491 the flow is offshore to the west of the maximum trough depth. The regions of narrow on-
492 shore and offshore flow in the LADCP data may indicate a coherent eddy or may be re-
493 lated to temporal variability that has a stronger signature in the barotropic component
494 of the flow.

495 3.3 Meltwater Distributions

496 Hydrographic and velocity observations support the picture of coherent cyclonic circula-
497 tions that are steered by and confined within the two major troughs in the Bells. The
498 estimates of meltwater (MW) fractions presented in this section further support these
499 features. Based on the OMP analysis (**Section 2.3**), the distribution of MW fraction
500 is presented for the mid-shelf section that spans the Belgica and Latady troughs and for
501 the short section that extends away from Venable Ice Shelf (**Figure 7**). To emphasize
502 spatial differences across the Bells, the distribution of MW fraction is also shown for the
503 two cross-slope sections on the eastern and western sides of the Bells (**Figure 8**). In these
504 figures, MW fractions are presented both as a function of depth and as a function of neu-
505 tral density γ^n .

506 For all CTD stations over the continental shelf, the $\gamma^n = 28.0 \text{ kg m}^{-3}$ neutral density
507 surface, roughly located at 400 m depth and associated with the upper boundary of MCDW,
508 marks a transition in MW fraction, with MW found almost exclusively above this level.
509 The largest MW fraction values are found in front of the Venable Ice Shelf, with the largest
510 magnitude at station 39, immediately in front of the ice shelf face (**Figure 7c**). The peak
511 in MW concentration at this station is aligned with the 0°C isotherm, which corresponds
512 to the 27.86 kg m^{-3} isopycnal and a depth of 350 m. This isotherm/isopycnal shoals mov-
513 ing away from the ice shelf and the peak MW fraction tracks this change; the peak MW
514 value is found at 200 m at station 34, 75 km away from the ice-shelf face. The offshore
515 transport of this MW anomaly is largely adiabatic as shown by mapping MW to den-
516 sity coordinates (**Figure 7d**). This subsurface peak in MW is consistent with an out-
517 flow from Venable Ice Shelf cavity, where the draft of the ice shelf is estimated to be 280 m
518 on average (Morlighem et al., 2019), although there are large MW fraction values at shal-
519 lower depths that may arise from vertical mixing. At station 39 (and further offshore),
520 the change in MW fraction with depth above the 0° isotherm is non-monotonic, which

521 may be a signature of lateral stirring carrying water both towards and away the ice-shelf
522 face. Finally, an additional, shallower MW fraction maximum is found at stations 34 and
523 35 at a depth of ~ 150 m, corresponds to a density of $\gamma^n = 27.75 \text{ kg m}^{-3}$.

524 At the mid-shelf section, the maximum MW fractions are located in two separate cores
525 along the western side of Belgica Trough, peaking at 7 g kg^{-1} at stations 29 – 33 (**Figure**
526 **7a,b**). One core is located at the western edge of the trough (station 33) and at a neu-
527 tral density of $\gamma^n = 27.88 \text{ kg m}^{-3}$ (280 m); this density surface is consistent with the
528 outflow from the Venable Ice Shelf. A second, shallower core at $\gamma^n = 27.80 \text{ kg m}^{-3}$ (150
529 m), is found further east at stations 30 – 32. The former is largely consistent with the
530 properties of the MW core in front of the Venable Ice Shelf, whereas the shallower core
531 is found at similar depths and density surfaces as MW at stations 34 and 35. MW frac-
532 tions are also elevated in the upper water column (~ 150 m and above $\gamma^n = 27.9 \text{ kg m}^{-3}$)
533 on the western side of Latady Trough (St 42 – 43). Independent of the vertical struc-
534 ture, in both troughs the locations of elevated MW fractions are found on the western
535 side of the trough and are collocated with regions of offshore flow (**Figure 6**), suggest-
536 ing an export of MCDW that has been glacially-modified.

537 Variations in the meltwater distribution extend all the way to the shelf break as indi-
538 cated by cross-slope sections at the western and eastern extent of the Bells (**Figure 8**).
539 Meltwater fractions are highest at the western edge of Belgica Trough (**Figure 8a,b**),
540 with fractions of 9 g kg^{-1} — nearly twice the values found on the eastern side of the Bells
541 (**Figure 8c,d**). On the eastern side, the MW maximum is located at offshore stations
542 (St 54 – 56), over the continental slope, while the MW maximum at the western section
543 is adjacent to the continental shelf (St 7 – 11), extending offshore above the 0°C isotherm.
544 For both sections, the core of MW is located close to 150 m, and within density classes
545 lighter than $\gamma^n = 27.85 \text{ kg m}^{-3}$. In the western cross-slope section (**Figure 8a,b**), a sharp
546 meltwater front is established, bounded by the southern boundary of the ACC. Elevated
547 MW fractions at the western side of Belgica Trough are consistent with inferred MW dis-
548 tributions based on coarser hydrographic profiles obtained from instrumented seals by
549 Zhang et al. (2016).

550 The layer in which MW fractions are found accounts for ~ 400 m of the water column
551 in the western Belgica Trough as compared to only ~ 100 -175 m in the eastern Belgica
552 Trough and in Latady Trough (**Figure 9**). The MW content is largest in front of Ven-
553 able Ice Shelf, as also seen in the hydrographic sections above. Integrating the MW con-
554 tent vertically in the water column results in peak values near the coast of 3.5 m. MW
555 content across the shelf-break and mid-shelf sections in both troughs is lower, around
556 0.9 – 1.3 m, but with elevated values in the western Belgica Trough, ~ 2.25 m. MW con-
557 tent is also elevated west of Belgica Trough, over the continental shelf break. Here, posi-
558 tive MW anomalies are found in a narrow band between the 1000 – 2000 m isobath. This
559 further supports the idea that this region is the primary export site of modified waters
560 from the Bells (Thompson et al., 2020). Within Latady Trough, MW is higher along the
561 eastern side of the trough despite the cyclonic flow structure discussed above. One pos-
562 sible explanation for this elevated MW could be a southward extension of the Antarc-
563 tic Peninsula Coastal Current. This coastal current is known to transport glacial run-
564 off along the WAP, and hence could contribute to the relatively large NW content found
565 in the eastern Latady Trough (Moffat & Meredith, 2018). The lower value of MW on
566 the western side of Latady Trough, on the other hand, may indicate that only a small
567 amount of MW is transported towards the shelf break via Latady Trough. Some of this
568 MW might be diverted toward Eltanin Basin and Belgica Trough, and may further ex-
569 plain the elevated MW signal in the western Belgica Trough and over the western Bells
570 shelf.

3.4 Volume and heat transports

Volume and heat transports were calculated at the mouth of Belgica Trough and at the mid-shelf section spanning Belgica and Latady troughs (**Figure 10**). The largest offshore transports are found at the western side of the Belgica trough ($1.1 \text{ Sv} \pm 0.3 \text{ Sv}$ between stations 11 – 13) and close to the gap connecting Belgica to Latady Trough ($0.65 \text{ Sv} \pm 0.16 \text{ Sv}$ between stations 20 – 22). The net transport across the mouth of Belgica Trough is nearly closed ($0.46 \text{ Sv} \pm 0.36 \text{ Sv}$ net offshore transport).

Transports across the mid-shelf section are generally weaker than those across the shelf break section. A weak onshore transport of $0.2 \text{ Sv} \pm 0.3 \text{ Sv}$ was measured at the deep, eastern-most station-pairs of Latady Trough (**Figure 10b**, middle panel, stations 44 – 46). This suggests that we may be missing a potentially narrow onshore current on the eastern side of the trough. As can be seen in the bathymetric profile (**Figure 10b**, top panel), the mid-shelf section was not properly closed; thick sea ice prevented the ship from closing the section across Latady Trough. The offshore flow on the western side of Latady trough was $0.41 \text{ Sv} \pm 0.36 \text{ Sv}$ (**Figure 10b**, middle panel). The volume transport towards the coast on the eastern side of the Belgica Trough is $1.2 \text{ Sv} \pm 0.6 \text{ Sv}$. On the western side of Belgica Trough, the volume transport away from the coast is $0.6 \text{ Sv} \pm 0.16 \text{ Sv}$. This weaker offshore transport, measured on the western side of Belgica Trough, may indicate that a substantial fraction of the offshore transport occurs over the westernmost BellS continental shelf, west of Belgica Trough, which was not sampled during the cruise.

Integrating volume transport across the mid-shelf section (across both troughs) results in a net onshore transport of $0.66 \pm 0.51 \text{ Sv}$ (**Figure 10b**, middle panel). The lack of a closed volume budget may arise from not having the hydrographic transect extend to the coast in Latady Trough, and thus missing a topographically-steered circulation on the eastern side of this trough. By excluding station 45, at which the LADCP data recorded a strong southward flow, the imbalance is reduced to only $0.2 \pm 0.5 \text{ Sv}$ (**Figure 10b**, broken line). Alternatively, the $0.66 \pm 0.51 \text{ Sv}$ (onshore) imbalance could indicate that there are circulation pathways that carry water further to the west beyond our sampling region, for instance towards the Abbot Ice Shelf in an extension of the Antarctic Coastal Current.

The spatial distribution of heat transport follows a similar pattern to the volume transports. The magnitude of the heat transport is largest at the eastern side of Belgica Trough (**Figure 10a**). At the shelf break, $437 \text{ GW} \pm 86 \text{ GW}$ enter the trough (stations 17 – 20; negative values imply southward heat transport). Due to large cancellations, the heat transport at the shelf break is balanced within the error, resulting in a net offshore transport of $43.2 \pm 82.5 \text{ GW}$. At the mid-shelf section across Belgica and Latady troughs (**Figure 10c**), the heat transport has a net value of $-370 \text{ GW} \pm 280 \text{ GW}$ in Belgica Trough (southward transport) and a net $202 \pm 97 \text{ GW}$ in Latady Trough (northward transport). The cumulative heat transport across the entire mid-shelf section of Latady and Belgica troughs is $-169 \text{ GW} \pm 118 \text{ GW}$, or a net heat transport towards the ice shelves. The calculation of errors here are somewhat uncertain (see discussion in **section 2.2**), and it is important to note that the net heat transport is small compared to onshore and offshore transports in each trough.

The thickness, h_{MCDW} , and heat content of the MCDW layer, \mathcal{H}_{MCDW} (equation 3), at each station provide additional information about the locations where heat is transported onto the shelf and lost through a combination of interactions with ice shelf meltwater or via surface cooling. To estimate the thickness of the MCDW layer we use a temperature threshold of 1.1°C (**Figure 11**). The thickness and heat content of the MCDW layer is largest at the mouth of Belgica Trough and at the eastern side of Latady Trough. In Latady Trough, the MCDW thickness is uniform ($h_{MCDW} \approx 250 \text{ m}$), but its heat content presents a zonal gradient, with a larger heat content on the eastern side of the trough

(1.2 GJ m⁻² versus 0.7 GJ m⁻² at the western side, **Figure 11**). This suggests there is a significant meltwater contribution from the BellS ice shelves in Latady Trough that supports cooling and freshening of MCDW along its path towards the shelf break. The change in the heat content indicates that even within our MCDW class, defined by a temperature threshold, there are waters with various degrees of modification due to different amounts of meltwater.

In front of Venable Ice Shelf, stations 34 – 36 and 41 show a thick ($h_{MCDW} > 150$ m) yet cold MCDW layer. The western side of Belgica Trough hosts the thinnest MCDW layer ($h_{MCDW} \approx 50 - 75$ m) with the lowest heat content ($\mathcal{H}_{MCDW} = 0-0.2$ GJ m⁻²). This further confirms the western side of Belgica Trough as the major pathway for meltwater mixtures exiting the BellS across the shelf break.

4 Discussion

4.1 Comparison to numerical models

The observations described above have allowed us to make the first quantitative estimates of the BellS continental shelf circulation. Therefore, the best points of comparison are with numerical models that have simulated the regional circulation of the West Antarctic coastal seas. A prominent feature of our observations is the transport of warm water towards the BellS ice shelves as well as the flow of waters, modified by glacial melt, away from the shelves via narrow boundary currents that are steered by bathymetry and have a lateral scale comparable to the station spacing $O(10-20$ km). This puts a strong constraint on the horizontal resolution needed to accurately capture physical processes that are controlling the continental shelf circulation (St-Laurent et al., 2013; Stewart & Thompson, 2015). It is not surprising then that early studies (*e.g.* Assmann et al. (2005); Holland et al. (2010)) only resolve a broad-scale cyclonic circulation that spans the entire continental shelf in the BellS. In particular, in Holland et al. (2010), the near-surface, two-dimensional streamfunction shows a circulation extending from the WAP, well north of Marguerite Trough, to the eastern boundary of the Amundsen Sea. At 200 m depth, their streamfunction shows more confinement to the BellS. Holland et al. (2010) do not provide an estimate of the depth-integrated transport over the continental shelf, although the annual mean horizontal streamfunction at 200 m peaks at roughly 5×10^3 m² s⁻¹. Assuming this value is uniform over an average depth of 500 m produces a volume transport of 2.5 Sv. This value is somewhat larger, but of comparable magnitude, to the total onshore transport calculated in Belgica and Latady troughs of roughly 1.5 Sv (**Figure 10**).

More recent modeling efforts have produced higher-resolution realizations of the BellS circulation and support the spatial variability in water properties apparent in our observations. In particular, Nakayama et al. (2014), analyzing output from a simulation with non-uniform grid spacing but less than 5 km resolution over the continental shelf, presents distinct fates for glacial MW entering from ice shelves located in the western and eastern parts of the BellS. Following a decade of integration, the largest MW content in the BellS is confined to Belgica Trough. This suggests (i) the importance of melt from ice shelves found along the southern edge of Eltanin Bay that are directly connected to Belgica Trough and (ii) the transfer of MW from Latady Trough into Belgica Trough before leaving the continental shelf. In this simulation, the MW is distributed broadly in Belgica Trough, rather than being confined to the western edge. Indeed, the regions of largest MW content are found on the eastern side of Eltanin Bay, suggesting the transport of MW from eastern ice shelves, such as George VI and Stange, towards the west. While the exact location of inter-trough exchange (between Belgica and Latady troughs) is difficult to discern from our observations, we did measure regions of enhanced flow where the bathymetric ridge separating the troughs is not as tall, for instance near stations 22 – 25 and 34 – 37 (**Figure 6c**). Our glacial MW estimates peak at the western bound-

674 aries of Belgica and Latady troughs, but we also find elevated meltwater fractions are
675 spread broadly along density surfaces. Thus, both models and observations point to a
676 significant degree of re-circulation over the continental shelf that may trap modified wa-
677 ters for up to decades, and would integrate changes in forcing, such as wind forcing at
678 the shelf break, that impact shelf properties on shorter timescales (Walker et al., 2007;
679 Jenkins et al., 2018).

680 The long-term fate of the glacial MW in Nakayama et al. (2014) is noteworthy. Despite
681 its broad distribution within Belgica and Latady troughs, upon reaching the shelf break,
682 the glacial MW predominantly flows westward. MW content is low over the continen-
683 tal slope of the WAP, suggesting little transfer to the east. Again, this is consistent with
684 our observations that show large differences in MW fraction on the cross-slope sections
685 at the western and eastern edges of the Bells. Additionally, the westward pathways ap-
686 pear to largely occur over the continental slope, in part due to the extremely shallow bathymetry
687 to the north of Abbot Ice Shelf. To our knowledge, there are no ship-based observations
688 in this region of the shelf due to persistent northerly winds producing packed sea ice con-
689 ditions nearly year round. However, MW concentrations calculated using seal-based hy-
690 drographic data, were also low in this area (Zhang et al., 2016). Furthermore, numer-
691 ical simulations in which MW was tracked from Abbot Ice Shelf showed limited export
692 to other regions in West Antarctica, confirming the relative impermeability of the shal-
693 low shelf region to lateral exchange (Nakayama et al., 2014). It remains an open ques-
694 tion as to whether a narrow coastal current connects the southern Bells to the eastern
695 Amundsen Sea, perhaps even flowing under the Abbot Ice Shelf. Models will also be highly
696 uncertain in this region due to a lack of high-resolution bathymetric data.

697 4.2 Comparison to the Amundsen Sea

698 In the Amundsen Sea, similar to the Bells, basal melt is driven by MCDW that enters
699 the shelf via troughs (Webber et al., 2019; Dotto et al., 2019). While some studies have
700 argued that the inflow of warm water, especially to the eastern-most trough, is a baro-
701 clinic process (Arneborg et al., 2012; Whlin et al., 2013), direct velocity observations have
702 largely shown the vertical structure to be barotropic (Kalen et al., 2015; Biddle et al.,
703 2019), similar to our observations in Belgica Trough. The horizontal volume transport
704 within the eastern Amundsen Sea trough that feeds Pine Island Glacier was found to be
705 1.5 Sv (Thurnherr et al., 2014), roughly the same volume transport that flows towards
706 the glaciers at the mid-shelf section spanning both Bells troughs. When considering the
707 cumulative heat transport across Belgica Trough, our calculation of a net 0.5 TW at the
708 mid-shelf station is much smaller than the 3.3 TW calculated in the Amundsen Sea (Webber
709 et al., 2019), although note that these values will be sensitive to the ability to measure
710 heat transport in narrow boundary currents near the coast. The net heat delivered by
711 the shelf circulation should be considered in situations where the volume budget is closed,
712 since the net heat flux is the residual of large terms flowing towards and away from the
713 coast. Finally, MW is present across the entire continental shelf of the Amundsen Sea,
714 with strong outflow at the western sides of two troughs (Biddle et al., 2019). This is con-
715 sistent with our findings of MW across the entire Bells shelf and export pathways along
716 the western sides of Belgica and Latady troughs. Considering the relatively small num-
717 bers of observations, it is difficult to comprehensively compare the MW distributions in
718 the Amundsen Sea and the Bells. More locally, meltwater content, integrated vertically
719 in the water column in front of Thwaites glacier, accumulates to as much as 4.5 m (Biddle
720 et al., 2019), while this value peaks at 3.5 m in front of Venable Ice Shelf.

721 4.3 Variability of the regional circulation

722 This study provides one of the first hydrographic overviews of the entire Bells and sug-
723 gests that this region plays a key role in integrating water modification processes through-
724 out the West Antarctic coastal seas. The magnitude and spatial structure of the circu-

725 lation in this study is largely consistent with the results of preliminary work done with
726 inverse analysis approach applied to hydrographic data from 2007. Nevertheless, cau-
727 tious interpretation of this data set is required due to our limited ability to assess tem-
728 poral variability. On seasonal timescales, the numerical simulations of Mathiot et al. (2011)
729 show that the frontal circulation over the continental shelf is susceptible to seasonal vari-
730 ability in the BellS, a result confirmed through satellite observations by Armitage et al.
731 (2018). Changes in the wind stress and wind stress curl will almost certainly modify both
732 the properties of MCDW and, perhaps more importantly, its thickness over the conti-
733 nental shelf, similar to variations observed in the Amundsen Sea (Dutrieux et al., 2014;
734 Jenkins et al., 2018). Model studies have shown the importance of wind stress on the
735 strength of the shelf-break jet, and hence the on-shelf heat transport of MCDW, since
736 the jet greatly regulates such flow (Graham et al., 2016). Thus, comparing years when
737 ship-based hydrographic data over the continental shelf are available (1994, 2007, 2019)
738 – a focus of future work – will be challenging because data were collected at different times
739 of the year. Data collected by instrumented seals is a promising resource for analyzing
740 interannual variability, although this is hampered by the spatial heterogeneity in how
741 the seals forage from year-to-year; they do not often return to the same spot. Still, com-
742 bining these disparate data sets along with new remote sensing products (Armitage et
743 al., 2018) should help to determine whether the BellS experiences similar shifts between
744 warm and cold regimes that have been observed in the Amundsen Sea (Dutrieux et al.,
745 2014; Jenkins et al., 2018).

746 Over longer timescales, however, there are features of the BellS that are distinct from
747 the Amundsen Sea and relevant for the evolution of the circulation of the West Antarc-
748 tic coastal seas. The Belgica, and likely, also the Latady troughs host an inflow of MCDW
749 focused in deep troughs, similar to the Amundsen Sea, yet the eastern BellS addition-
750 ally supports the inflow of a much lighter and fresher water mass related to the south-
751 ward flow of the Antarctic Peninsula Coastal Current (Moffat & Meredith, 2018). This
752 could influence the vertical stratification within the BellS as well as air-sea exchange, and
753 in particular heat loss, in the large polynyas of the BellS in ways that are distinct from
754 in the Amundsen Sea. Furthermore, due to the shallow bathymetry to the west of Bel-
755 gica Trough, the outflow of modified waters is much more confined to the shelf break in
756 the BellS (Thompson et al., 2020) than in the Amundsen Sea (Nakayama et al., 2017).
757 This, in turn, could play an important role in setting properties of the Antarctic Slope
758 Current. This is of interest as the outflow from the BellS occurs at the confluence of
759 the ACC’s southern boundary and the eastern extent of the Ross Gyre, opening the pos-
760 sibility of the BellS circulation both responding to more remote forcing, such as the strength
761 of the Ross Gyre. Finally, the Amundsen Sea and BellS may also in turn influence the
762 structure of the Ross Gyre since the export of MW from the continental shelves contributes
763 to establishing the frontal structure over the continental slope that forms the southern
764 boundary of the gyre (Nakayama et al., 2018).

765 5 Summary

766 Observations collected in the Bellingshausen Sea (BellS) in austral summer 2018-19 are
767 used to investigate the circulation over the continental shelf and this region’s role in link-
768 ing flow features throughout the West Antarctic coastal seas. Flow through the BellS
769 connects the West Antarctic Peninsula seas (**Figure 1**), where MCDW on the continen-
770 tal shelf is warmest, to the Amundsen Sea where changes in the temperature of MCDW
771 has been most pronounced (Schmidtke et al., 2014). Therefore, the circulation towards
772 and away from floating ice shelves in the BellS will be a critical part of the larger region’s
773 response to a warming Southern Ocean. Relatively little is known about mechanistic con-
774 trols on the BellS circulation features, in large part because dedicated observations in
775 this region have been rare. A combination of ship-based and glider-based hydrography,

776 along with lowered ADCP data, has provided a shelf-wide snapshot of this circulation
777 as well as transports of heat and meltwater.

778 On the Bells shelf, MCDW is found mostly below 300 m. The warmest MCDW is found
779 on the eastern side of Latady Trough, and this water mass cools progressively from east
780 to west. There are multiple lines of evidence, including direct velocity measurements,
781 meltwater concentrations, and heat transport estimates, showing that the observed cool-
782 ing is indicative of modification through interaction with one or perhaps multiple ice shelves
783 along the coast of the Bells. The signature of these modifications is most pronounced
784 in water flowing offshore on the western edges of the two prominent troughs. This sug-
785 gests that the ice shelf interactions support cyclonic lateral circulations in both Belgica
786 and Latady troughs as well as an overturning in density space. The overturning circu-
787 lation is evident through the change in density classes that host the denser, less-modified,
788 onshore-flowing MCDW and the lighter, more-modified (*e.g.* higher meltwater concen-
789 trations), offshore-flowing MCDW. While meltwater is broadly distributed over the shelf,
790 peak values are found immediately in front of Venable Ice Shelf and can be tracked, along
791 density surfaces, towards the continental shelf break along the western edge of Belgica
792 Trough.

793 The volume transport is nearly closed across both shelf-break and mid-shelf sections, sug-
794 gesting that potential aliasing problems related to the “snapshot” nature of the LADCP
795 observations (tidal velocities) are minimal. The cumulative transport, comparable to a
796 horizontal streamfunction, reaches a maximum value of between 1 and 1.5 Sv in each trough,
797 comparable to the circulation strength in the eastern Amundsen Sea. Due to the largely
798 barotropic nature of the flow, we infer the baroclinic circulation, more closely linked to
799 the overturning to be smaller (Whlin et al., 2020). The largest onshore heat transport
800 occurs at the eastern side of both troughs. The thickness of the MCDW layer and its
801 heat content also peak on the eastern side of each trough; the MCDW layer is progres-
802 sively eroded and cooled while circulating inside the troughs (**Figure 11**).

803 While these observations improve our understanding of the Bells circulation, open ques-
804 tions remain. In particular, due to sea ice conditions during the cruise, we were not able
805 to close the eastern boundary of Latady Trough, and the origin of the water flowing into
806 this trough remains unclear. Future observations are needed to assess the link between
807 inflow to the Bells and the Antarctic Coastal Current and how this can influence ice-
808 shelf melt rates (Moffat et al., 2008; Kim, 2016). The processes that connect the circu-
809 lations of the WAP (east of the Bells), the Bells continental shelf, and the Amundsen
810 Sea (west of the Bells), and the time scales over which forcing anomalies are commu-
811 nicated between these regions, is an important avenue for further study. Such a connec-
812 tion would be a crucial piece in understanding heat and meltwater transport through-
813 out the region. Based on the large-scale cyclonic circulation over the West Antarctic shelf
814 (Assmann et al., 2005; Holland et al., 2010), this connection would imply that the cir-
815 culation over the Bells continental shelf is influenced by physical processes along the Antarc-
816 tic Peninsula that have been experiencing significant changes in response to a warming
817 climate (Turner et al., 2005), while the circulation in the rapidly-evolving Amundsen Sea
818 may be influenced by upstream processes in the Bells. The latter relationship is possi-
819 ble considering evidence in these observations that meltwater exported from the Bells
820 shelf is directed into a slope current that, in turn, is directed towards the Amundsen Sea.

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Accepted Article

Table 1. End member tracer values used for the optimal multiparameter analysis and melt-water fraction calculations. End members include Modified Circumpolar Deep Water (MCDW), Winter Water (WW) and meltwater (MW). Uncertainties ϵ and variance of the end-member tracer values were estimated from the spread in the end member values on property plots and are used to calculate the weights W_j following the discussion in section 2.3. W_4 is chosen to be 250 to ensure that any deviation away from 1 of the summed water mass fractions is at least an order of magnitude smaller than the meltwater fraction value.

	θ (°C)	S (psu)	O_2 ($\mu\text{mol kg}^{-1}$)
End-member values			
MCDW	1.12	34.69	170
WW	-1.84	34.16	275
MW	-90.8	0	1125
Uncertainty parameters			
ϵ	1.2	0.1	400
σ	52.2	19.9	513
W	2274	3950	659

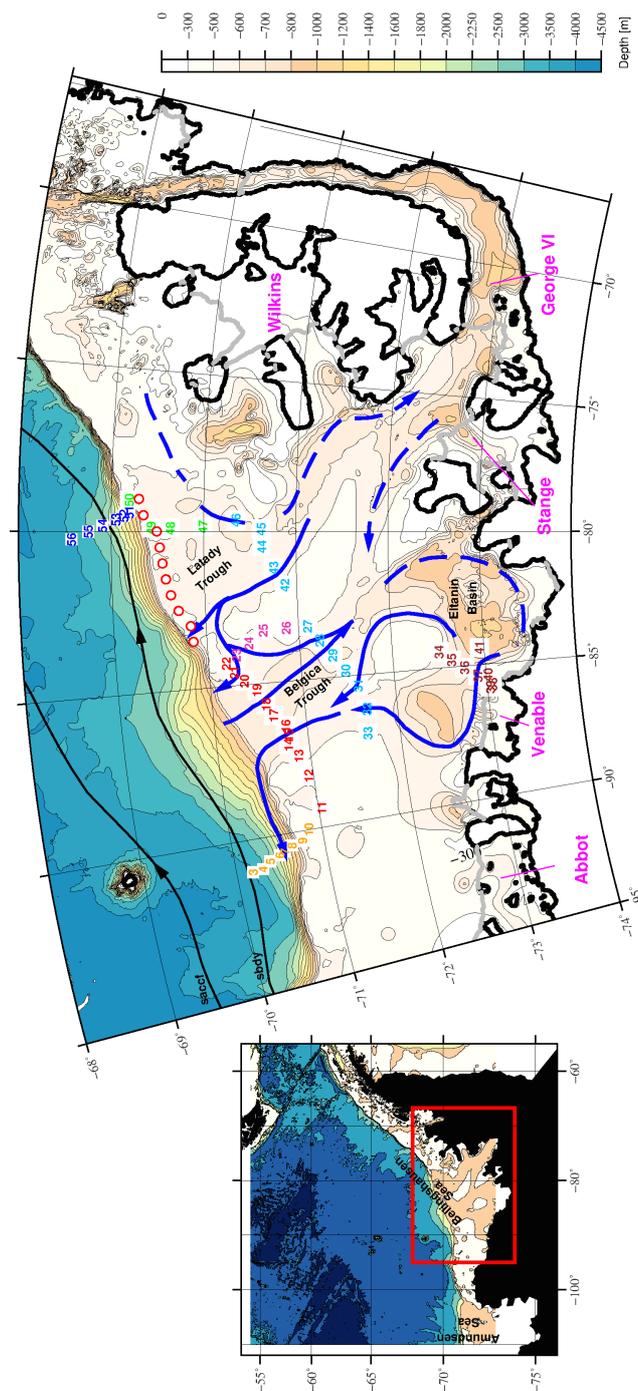


Figure 1. Map of the study region. (left) Overview of the West Antarctic coastal seas with the Bellingshausen Sea (Bells), located between the Amundsen Sea and the northern part of the West Antarctic Peninsula, indicated by the red box. (right) Bathymetry, hydrographic stations, and a schematic of the circulation in the Bells, inferred from this study. Ship-based Conductivity-Temperature-Depth (CTD) hydrographic stations (numbers) are indicated in colors that are used in subsequent figures. The glider hydrographic section is shown with red circles. A schematic of the circulation is given by the blue arrows, where solid and dashed lines show, respectively, currents directly resolved by velocity observations and currents inferred from water property distributions over the shelf. Positions of the southernmost fronts of the Antarctic Circumpolar Current (Orsi et al., 1995) (saccf = Southern Antarctic Circumpolar Current Front, sbdy = Southern Boundary) are shown as thin black lines (flow direction indicated with arrows). Bathymetry (m) is given in color from the RTopo-2 data product (Schaffer et al., 2016), and the coastline is indicated with a thick black line. Ice shelf fronts are shown with a thick gray line and the names of the ice shelves are given in pink. Bathymetry under the ice shelves is shown. The names of geographic features mentioned in the study are given in black (Belgica and Latady troughs, and the Eltanin Basin).

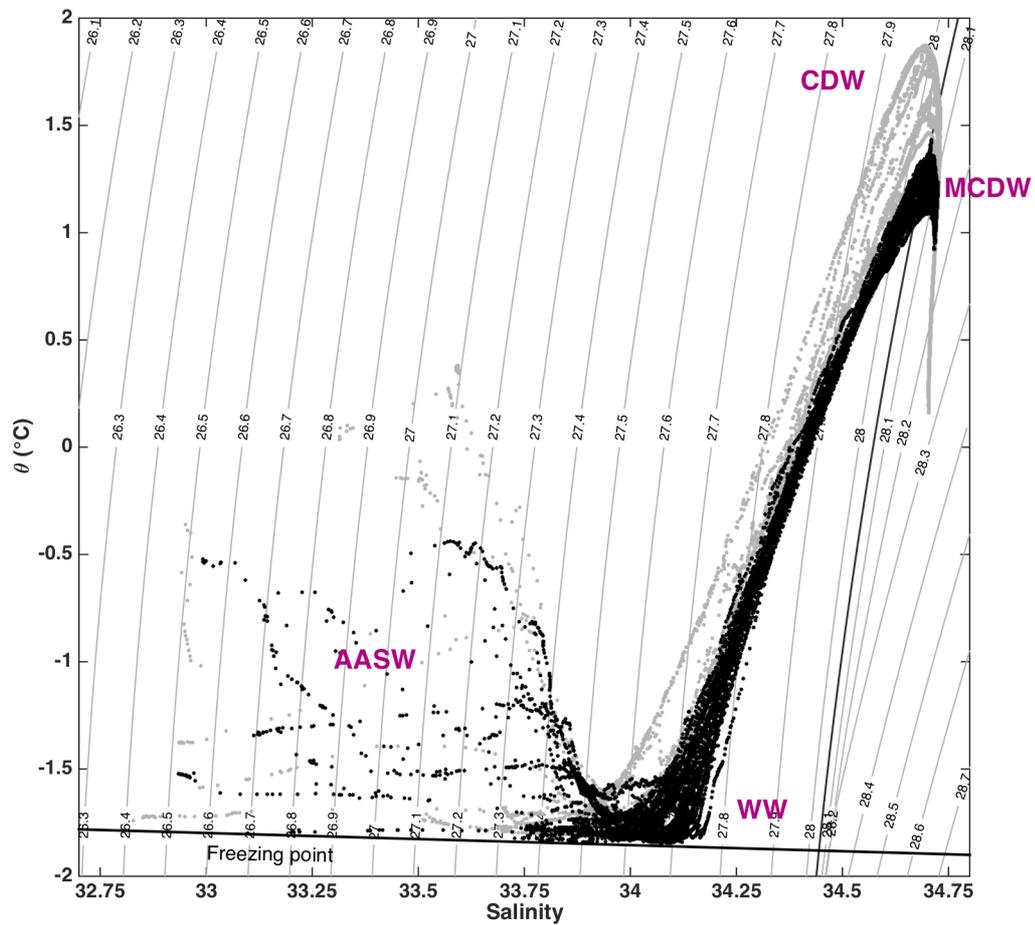


Figure 2. Potential Temperature-Salinity (θ -S) properties for all stations sampled on the BellS shelf (black), and CTD data across the slope (gray). The warmest offshore waters represent Circumpolar Deep Water (CDW), while all stations over the continental shelf at comparable densities have colder, modified properties we refer to as a MCDW. Both, on-shelf and offshore stations capture Winter Water (WW) and Antarctic Surface Water (AASW).

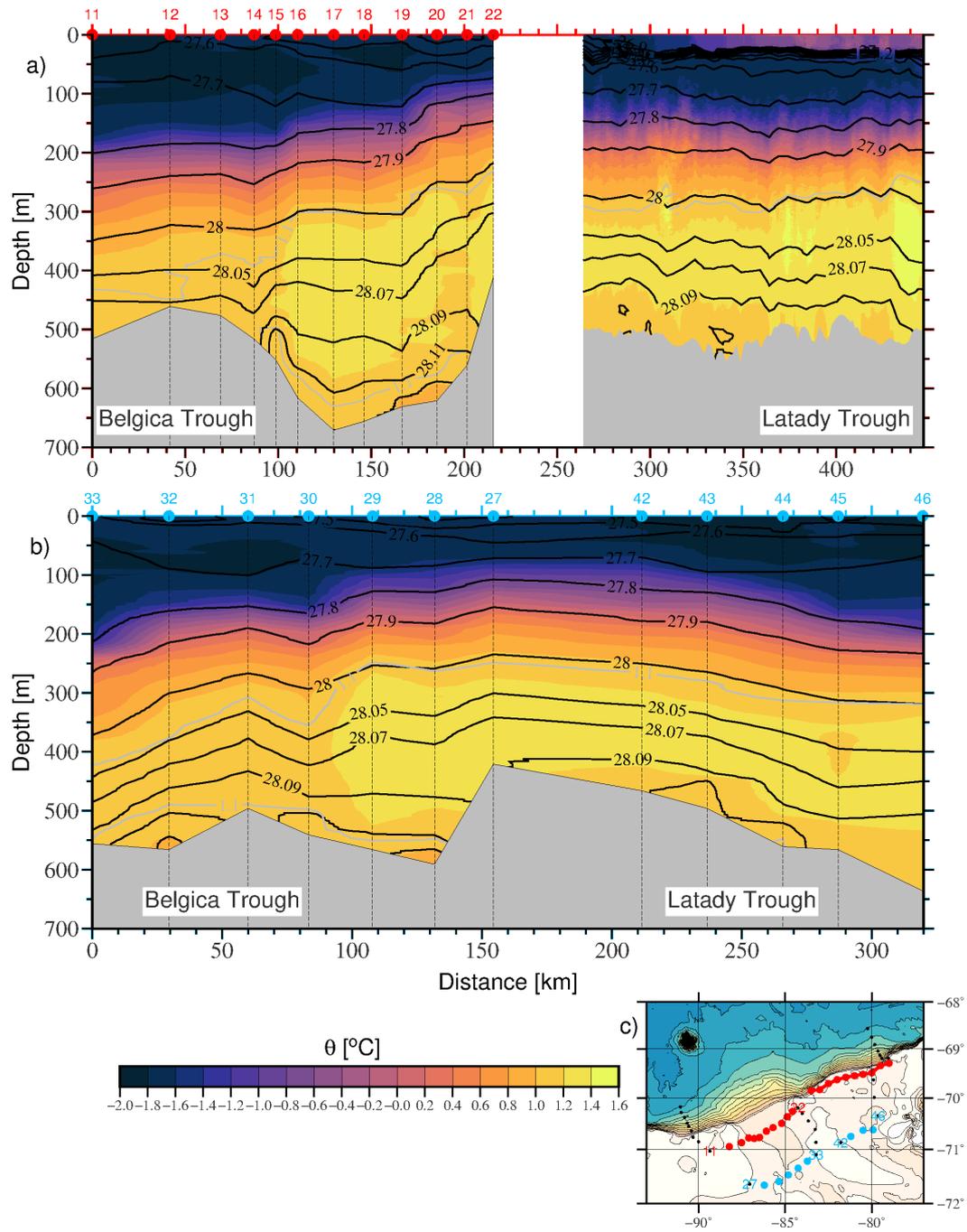


Figure 3. Potential temperature (color [°C]) sections with neutral density contours (black lines) spanning Belgica and Latady troughs. The data are plotted as distances from the westernmost station versus depth. (a) Potential temperature section at the shelf break in Belgica Trough (CTD stations 11 – 22, left) and Latady Trough from (glider data, right). Black vertical lines indicate the location of the stations. The 1.1°C isotherm, which bounds the MCDW layer, is shown as thin gray contours. Positions of glider dives are not shown since the data were smoothed and gridded before displaying. The raw glider data had a station spacing of roughly 4 km with 106 dives used in this panel. (b) Mid-shelf temperature section for Belgica (stations 33 – 27) and Latady (stations 42 – 46) troughs. (c) Map of the station positions with red and blue dots corresponding to panels (a) and (b), respectively. Station numbers are given in Figure 1.

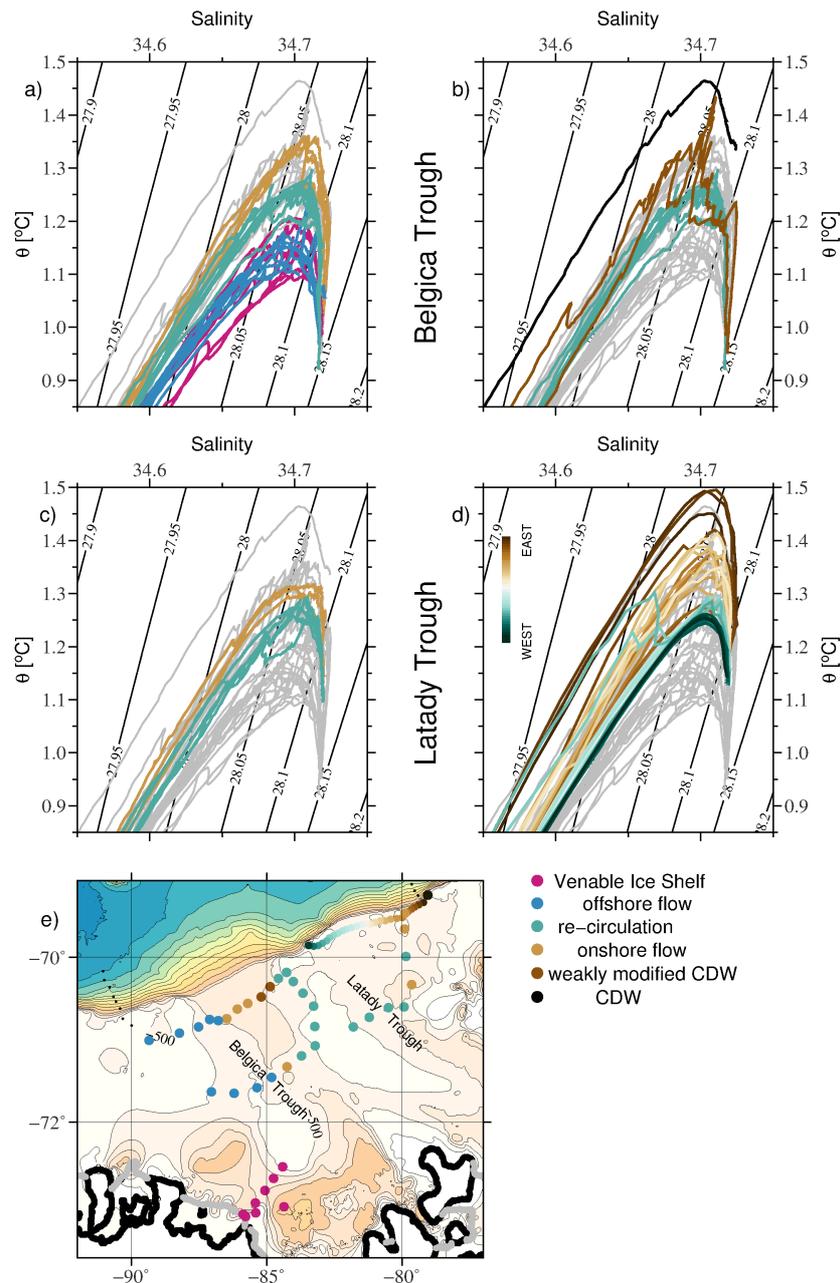


Figure 4. Potential temperature-salinity properties of Modified Circumpolar Deep Water (MCDW) in (a, b) Belgica Trough, as well as the eastern-most station in Latady Trough, and (c, d) Latady Trough. In each panel, all shelf stations (11 – 50) are shown in gray. In panels (a) and (b), stations in Belgica Trough (St. 11 – 22, 27 – 33), stations that connect the two troughs (St. 23 – 26), stations in front of Venable Ice Shelf (St. 34 – 41), and the eastern-most station in Latady Trough (St. 50) are color coded by degree of MCDW modification. Stations colored violet indicate glacially-modified MCDW, blue indicates MCDW flowing offshore, green indicated MCDW related to re-circulation on the shelf, light brown indicates MCDW flowing onshore near the shelf break, and dark brown indicates MCDW with offshore characteristics (e.g. little or no modification); panels (a, b) highlight stations with a greater and less degree of modification in the MCDW water mass, respectively. (c) As in panels (a, b) but for MCDW in Latady Trough (stations 42 – 49). (d) As in panels (a, b) but for profiles obtained from the glider; there is a clear signature of MCDW becoming progressively more modified as the glider sampled from west to east along this transect as shown by the legend. (e) All stations are shown on the map in the color that represents their MCDW properties.

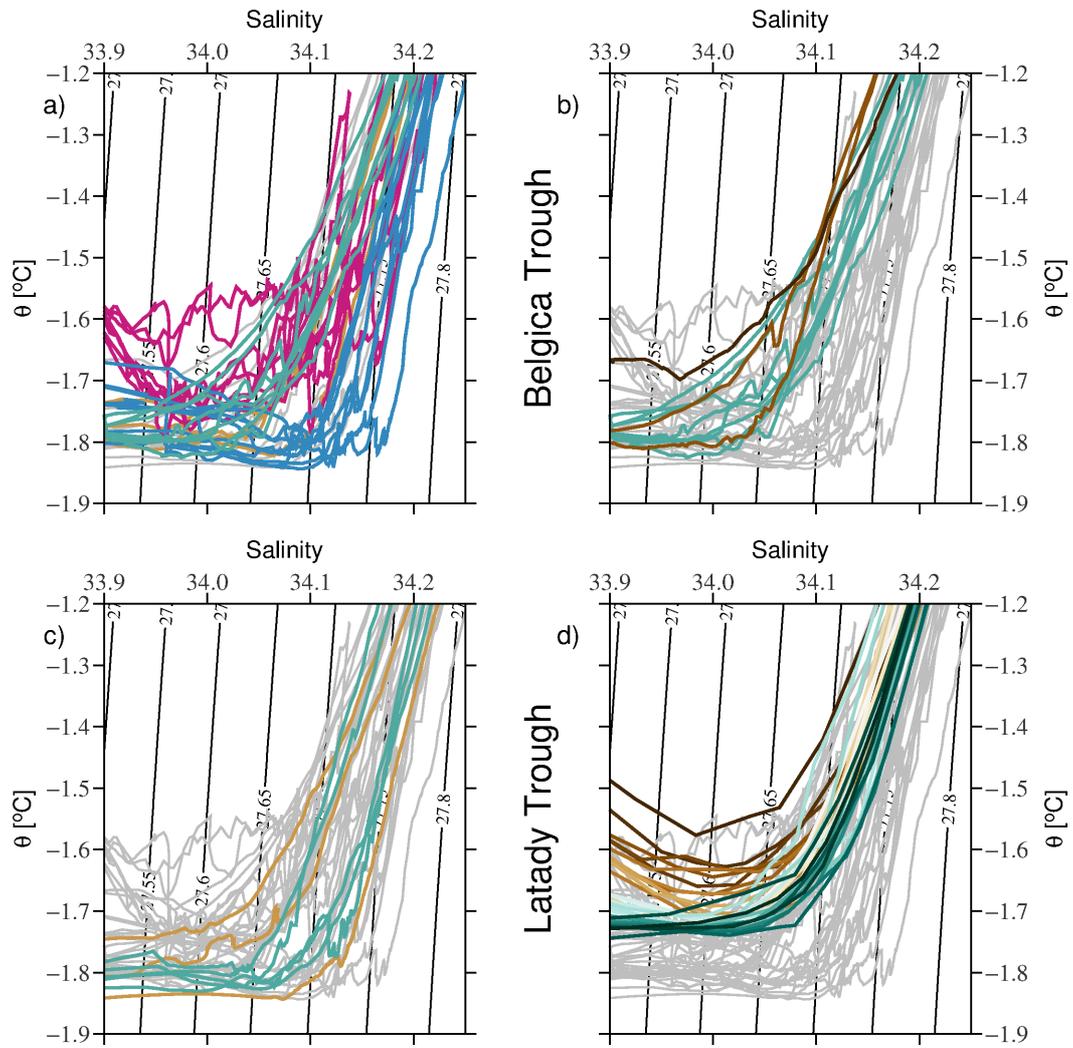


Figure 5. As in Figure 4, but for potential temperature-salinity properties of Winter Water (WW).

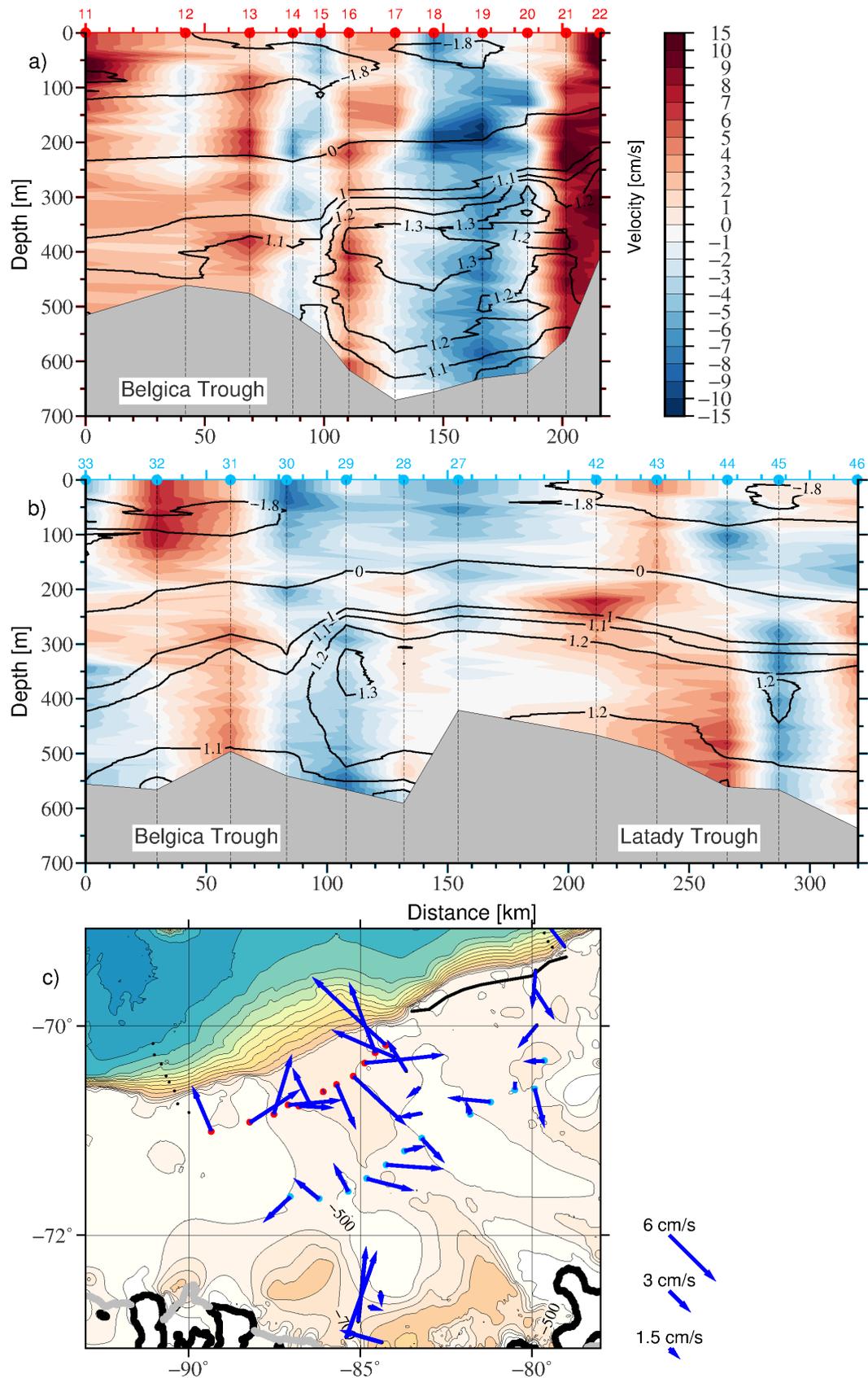


Figure 6. LADCP velocity data for (a) Belgica Trough (shelfbreak) section and (b) Belgica and Latady troughs (mid-shelf) section. Velocity estimates from the glider are not available. Velocities (cm s^{-1}) shown in each transect are rotated to be perpendicular to the section. Positive velocities (red) are directed offshore, negative velocities (blue) are directed on to the shelf. Temperature contours are shown in black. Panel (c) shows the depth-averaged velocities at each station from the LADCP data (blue arrows).

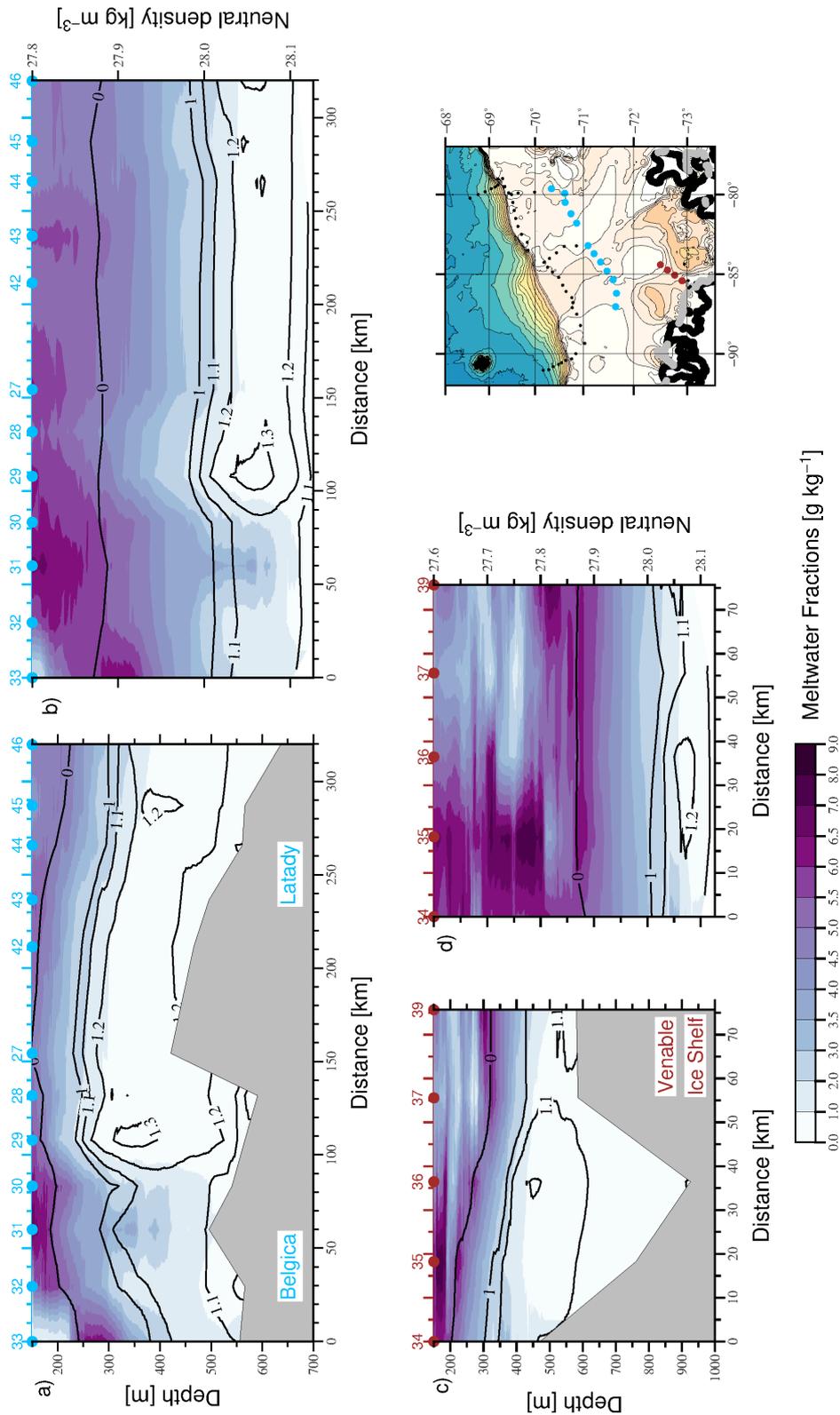


Figure 7. Meltwater fractions (g kg^{-1} , color) in Belgica and Latady troughs overlaid with temperature contours. The sections are shown in distance vs. depth starting below 150 m (a and c) and distance vs. density (b and d). The upper 150 m are excluded from the figures to eliminate signals due to surface forcing. The sections show distributions across the (a-b) Belgica and Latady troughs (mid-shelf section) and (c-d) in front of Venable Ice Shelf. For the latter transect, Venable Ice Shelf is located ~ 2 km away from station 39 (right side of panels c, d). All stations are color coded and shown on the map.

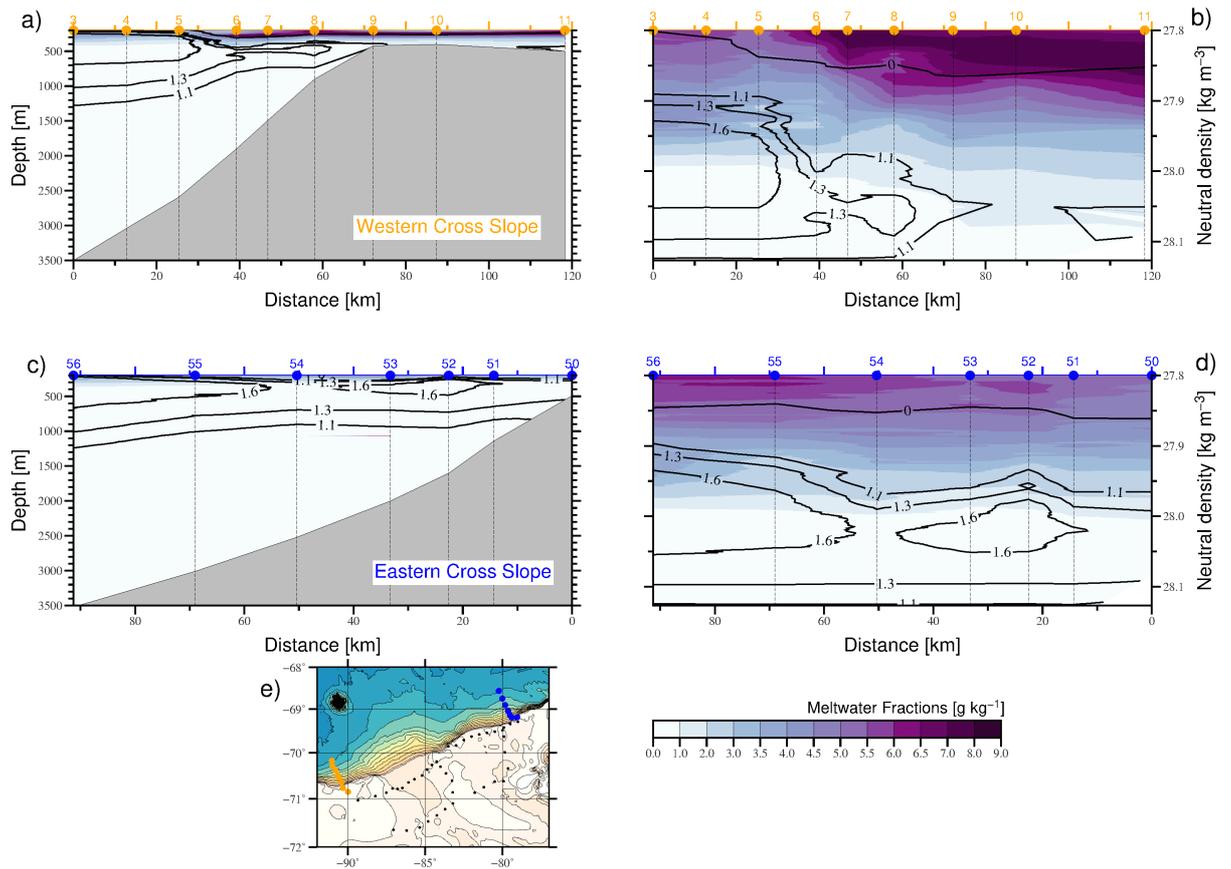


Figure 8. Meltwater fractions (g kg^{-1} , color) along the sections spanning the continental slope west of Belgica Trough (a, b) and east of Latady Trough (c, d). The sections are shown in distance vs. depth starting below 150 m (a, c) and distance vs. density (b, d). The location of the sections is shown in the map in panel (e).

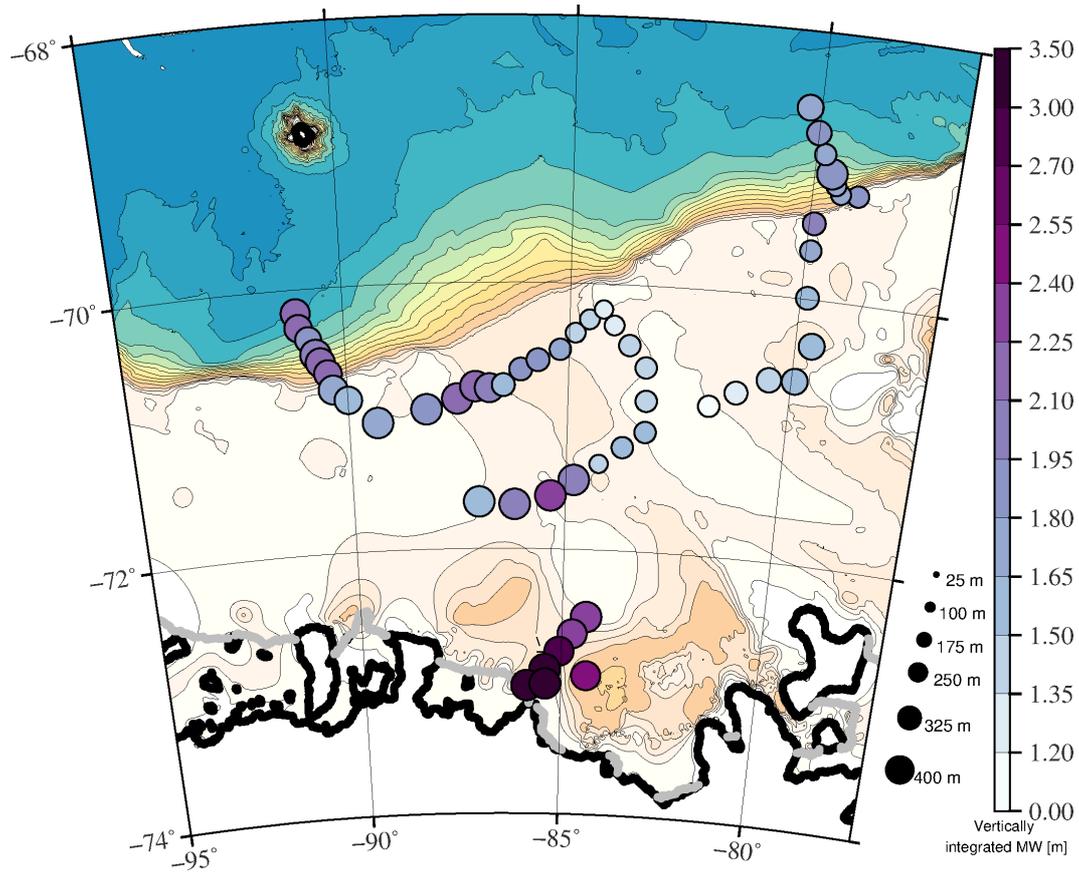


Figure 9. Map of meltwater distribution in the Bells based on the thickness (m, size of circles) and vertically-integrated meltwater content (m, color) for each station, below 150 m. The thickness is calculated as the part of the water column having a meltwater fraction greater than 1 g kg^{-1} . The bathymetry (m) is given in color as in Figure 1. Note the non-linear colorbar.

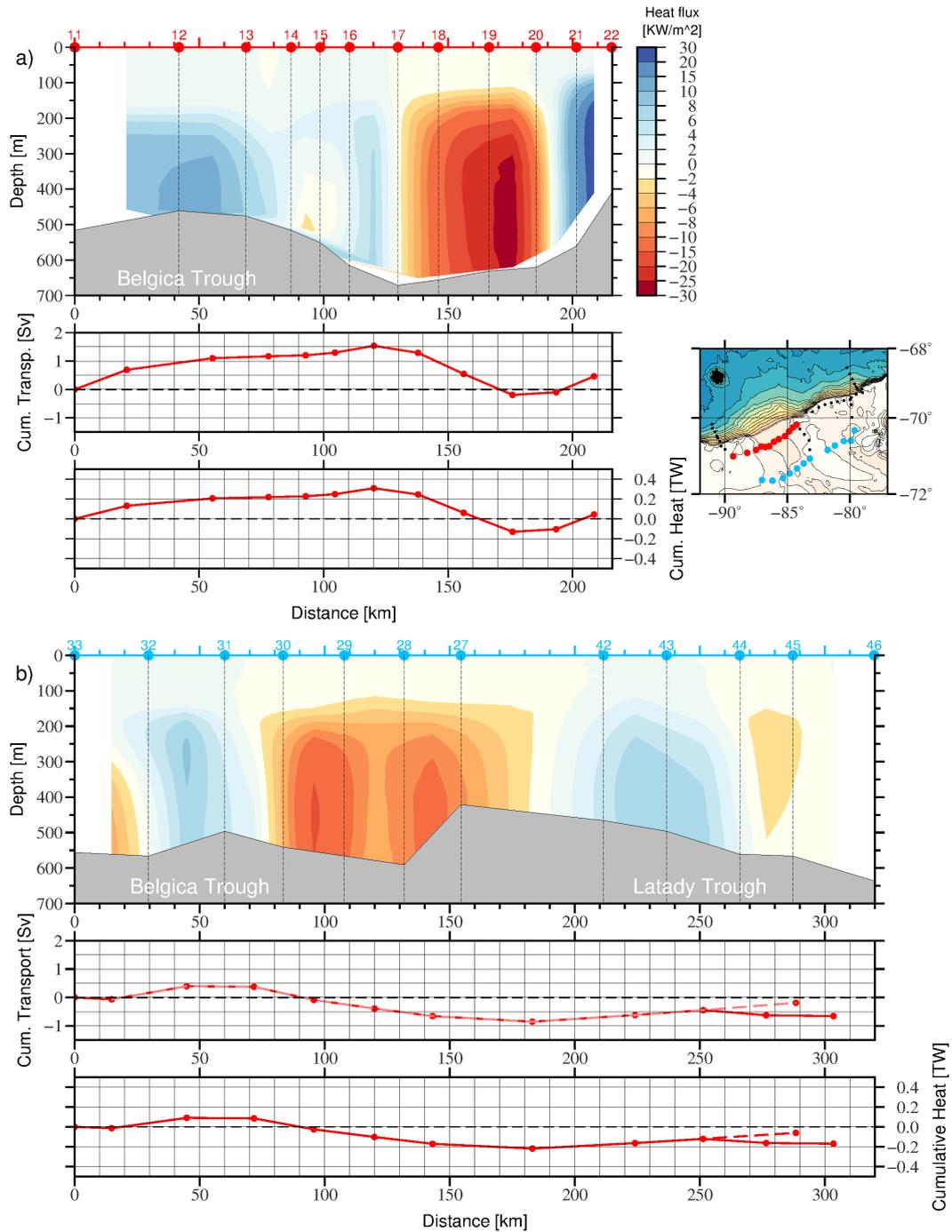


Figure 10. Volume and heat transport estimates for Belgica and Latady troughs based on LADCP-referenced geostrophic velocities. a) Distribution of heat flux (KW/m^2) across the mouth of Belgica Trough (color, stations 11 – 22), calculated as in equation (1). The panels below show the cumulative volume transport (Sv) and the cumulative heat transport (TW) across the same section. b) Same as in panel a), but for the mid-shelf section that spans Belgica (stations 27–33) and Latady (stations 42–46) troughs. The inset map shows the location of the sections in panels a) (red) and b) (blue).

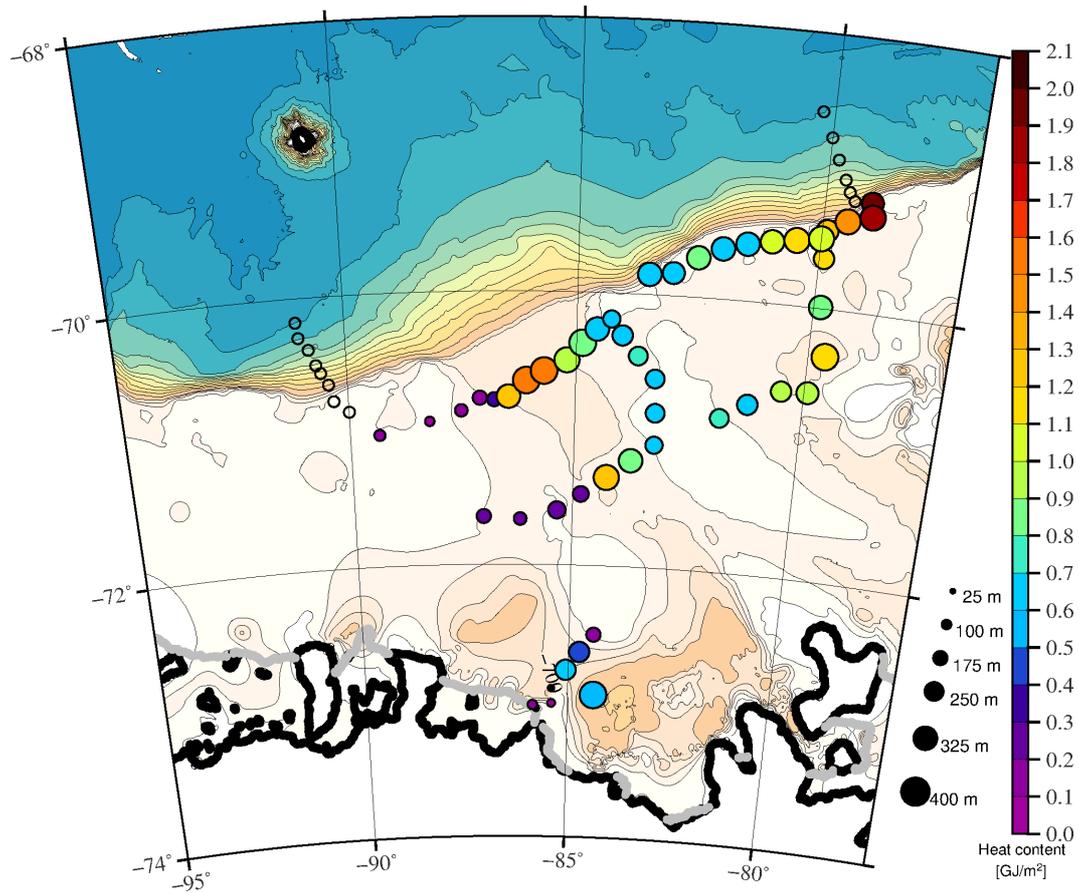


Figure 11. Map showing the thickness of the MCDW layer (m, size of circles) and its heat content (GJ m^{-2} , color) for each station. The MCDW layer is defined as the part of the water column where temperatures exceed 1.1°C . The heat content of this layer is calculated using equation (3).

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