

## Supplementary Material

### Quantum Complexity Classes

We start with the relevant definitions. Let  $x$  be a binary string. Then, we denote by the verifier  $V \equiv V_x$  a quantum circuit of length  $T = \text{poly}(|x|)$ ,  $U = U_T \cdots U_1$  (with local gates  $U_t$ ) acting on  $m = \text{poly}(|x|)$  qubits, which is generated uniformly from  $x$ . The verifier takes an  $n = \text{poly}(|x|)$  qubit quantum state  $|\psi\rangle_I$  as an input (we will express everything in terms of  $n$  instead of  $|x|$  in the following), together with  $m - n$  initialized ancillas,  $|\mathbf{0}\rangle_A \equiv |0 \cdots 0\rangle_A$ , applies  $U$ , and finally measures the first qubit in the  $\{|0\rangle_1, |1\rangle_1\}$  basis to return 1 (“proof accepted”) or 0 (“proof rejected”). The acceptance probability for a proof  $|\psi\rangle$  is then given by  $p_{\text{acc}}(V(\psi)) := \langle \psi | \Omega | \psi \rangle$ , with

$$\Omega = (\mathbb{1}_I \otimes \langle \mathbf{0} |_A) U^\dagger (|1\rangle_1 \langle 1|_1 \otimes \mathbb{1}) U (\mathbb{1}_I \otimes |\mathbf{0}\rangle_A). \quad (1)$$

**Definition 1 (QMA).** Let  $0 \leq a, b \leq 1$  s.th.  $a - b > \frac{1}{p(n)}$  for some polynomial  $p(n)$ . A language  $L$  is in  $\text{QMA}(a, b)$  if there exists a verifier s.th.

$$\begin{aligned} x \in L &\Rightarrow \lambda_{\max}(\Omega) > a \\ x \notin L &\Rightarrow \lambda_{\max}(\Omega) < b. \end{aligned}$$

**Definition 2 (#BQP).** Let  $0 \leq a, b \leq 1$  s.th.  $a - b > 1/\text{poly}(n)$ , and let  $\Omega$  be a verifier map with no eigenvalues between  $a$  and  $b$ . Then, the class  $\#BQP(a, b)$  consists of all problems of the form “compute the dimension of the space spanned by all eigenvectors of  $\Omega$  with eigenvalues  $\geq a$ ”.

An alternative definition for  $\#BQP$  is the following:

**Definition 3 (#BQP, alternate definition).** Consider a verifier  $\Omega$  with the property that there exist subspaces  $\mathcal{A} \oplus \mathcal{R} = \mathbb{C}^N$  ( $N = 2^n$ ) such that  $\langle \psi | \Omega | \psi \rangle \geq a$  for all  $|\psi\rangle \in \mathcal{A}$ , and  $\langle \psi | \Omega | \psi \rangle \leq b$  for all  $|\psi\rangle \in \mathcal{R}$ , where again  $a - b > 1/\text{poly}(n)$ . Then  $\#BQP(a, b)$  consists of all problems of the form “compute  $\dim \mathcal{A}$ ”.

Note that  $\dim \mathcal{A}$  is well-defined: Consider two decompositions  $\mathbb{C}^N = \mathcal{A} \oplus \mathcal{R}$  and  $\mathbb{C}^N = \mathcal{A}' \oplus \mathcal{R}'$ . Without loss of generality, if we assume  $\dim \mathcal{A} > \dim \mathcal{A}'$ , it follows  $\dim \mathcal{A} + \dim \mathcal{R}' > N$ , and thus there exists a non-trivial  $|\mu\rangle \in \mathcal{A} \cap \mathcal{R}'$ , which contradicts the definition.

**Theorem 4.** Definition 2 and Definition 3 are equivalent.

**Proof.** To show that Definition 2 implies Definition 3, let  $\mathcal{A}$  be spanned by the eigenvectors with eigenvalues  $\geq a$ . To show the converse, we use the minimax principle for eigenvalues [? ], which states that the  $k$ th largest eigenvalue  $\lambda_k$  of a Hermitian operator  $\Omega$  in an  $N$ -dimensional

Hilbert space can be obtained from either of the equivalent optimizations

$$\begin{aligned} \lambda_k(\Omega) &= \max_{\mathcal{M}_k} \min_{|x\rangle \in \mathcal{M}_k} \langle x | \Omega | x \rangle \\ &= \min_{\mathcal{M}_{N-k+1}} \max_{|x\rangle \in \mathcal{M}_{N-k+1}} \langle x | \Omega | x \rangle, \end{aligned} \quad (2)$$

where  $\mathcal{M}_k$  is a subspace of dimension  $k$ , and  $|x\rangle$  is a unit vector. Now notice that Def. 3 implies that

$$\min_{|x\rangle \in \mathcal{A}} \langle x | \Omega | x \rangle \geq a \quad \text{and} \quad \max_{|x\rangle \in \mathcal{R}} \langle x | \Omega | x \rangle \leq b. \quad (4)$$

Next, consider the minimax theorem for  $k = \dim \mathcal{A}$ . From Eq. (2) we have

$$\begin{aligned} \lambda_{\dim \mathcal{A}} &= \max_{\mathcal{M}_{\dim \mathcal{A}}} \min_{|x\rangle \in \mathcal{M}_{\dim \mathcal{A}}} \langle x | \Omega | x \rangle \\ &\geq \min_{|x\rangle \in \mathcal{A}} \langle x | \Omega | x \rangle \\ &\geq a. \end{aligned}$$

Now consider the case that  $k = \dim \mathcal{A} + 1$ . From Eq. (3), using the fact that  $N - (\dim \mathcal{A} + 1) + 1 = \dim \mathcal{R}$ , we have

$$\begin{aligned} \lambda_{\dim \mathcal{A} + 1} &= \min_{\mathcal{M}_{\dim \mathcal{R}}} \max_{|x\rangle \in \mathcal{M}_{\dim \mathcal{R}}} \langle x | \Omega | x \rangle \\ &\leq \max_{|x\rangle \in \mathcal{R}} \langle x | \Omega | x \rangle \\ &\leq b. \end{aligned}$$

Thus we have

$$\lambda_{\dim \mathcal{A}} \geq a > b \geq \lambda_{\dim \mathcal{A} + 1}, \quad (5)$$

since  $a - b \geq 1/\text{poly}(n)$ . It follows that  $\lambda_{\dim \mathcal{A}}$  is the smallest eigenvalue of  $\Omega$  which is still larger than  $a$ , and therefore the span of the first  $\dim \mathcal{A}$  eigenvectors of  $\Omega$  is equal to the span of all eigenvectors with eigenvalue  $\geq a$ . The equivalence follows.  $\square$

The class  $\#BQP(a, b)$  inherits the useful property of strong error reduction from QMA: the thresholds  $(a, b)$  can be amplified to  $(1 - 2^{-r}, 2^{-r})$ ,  $r = \text{poly}(n)$  while keeping the size of the proof:

**Theorem 5.** Let  $\#BQP_n(a, b)$  denote  $\#BQP$  with an  $n$  qubit witness. Then  $\#BQP_n(a, b) \subset \#BQP_n(1 - 2^{-r}, 2^{-r})$  for every  $r \in \text{poly}(n)$ .

This follows directly from the strong amplification procedure presented in [? ], which describes a procedure to amplify any verifier map  $\Omega$  such that any eigenvalue above  $a$  (below  $b$ ) is shifted above  $1 - 2^{-r}$  (below  $2^{-r}$ ) at an overhead polynomial in  $r$ .

Using Thm. 5, we will write  $\#BQP$  instead of  $\#BQP(a, b)$  from now on, where  $a - b > \text{poly}(n)$ , and  $a, b$  can be exponentially close to 1 and 0, respectively.

## The Complexity of the Density of States

We now use the class #BQP to characterize the complexity of the density of states problem and the problem of counting the number of ground states of a local Hamiltonian. We start by defining these problems, as well as the notion of local Hamiltonian, and then show that both problems are #BQP-complete.

**Definition 6** (*k*-local Hamiltonian). *Given a set of  $\text{poly}(n)$  quantum spins each with dimension bounded by a constant, a Hamiltonian  $H$  for the system is said to be  $k$ -local if  $H = \sum_i H_i$  is a sum of at most  $\text{poly}(n)$  Hermitian operators  $H_i$ ,  $\|H_i\| \leq 1$ , each of which acts nontrivially on at most  $k$  spins.*

Note that  $k$ -local does not imply any geometric locality, only that each spin interacts with at most  $k-1$  other spins for any given interaction term. However, we restrict ourselves to  $k = O(\log(n))$  so that each  $H_i$  can be specified by an efficient classical description.

**Definition 7** (DOS). *Let  $E_2 - E_1 > 1/\text{poly}(n)$ ,  $\Delta = (E_2 - E_1)/\text{poly}(n)$ , and let  $H = \sum_i H_i$  be a  $k$ -local Hamiltonian such that  $H$  has no eigenvalues in the intervals  $[E_1 - \frac{\Delta}{2}, E_1 + \frac{\Delta}{2}]$  and  $[E_2 - \frac{\Delta}{2}, E_2 + \frac{\Delta}{2}]$ . Then, the problem DOS (density of states) is to compute the number of orthogonal eigenstates with eigenvalues in the interval  $[E_1, E_2]$ .*

**Definition 8** (#LH). *Let  $E_0 \leq E_1 < E_2$ , with  $E_2 - E_1 > 1/\text{poly}(n)$ , and let  $H = \sum_i H_i$  be a  $k$ -local Hamiltonian s.th.  $H \geq E_0$ , and  $H$  has no eigenvalues between  $E_1$  and  $E_2$ . Then, the problem #LH  $\equiv$  #LH( $E_1 - E_0$ ) (sharp local Hamiltonian) is to compute the dimension of the eigenspace with eigenvalues  $\leq E_1$ .*

Note that #LH depends on the ‘‘energy splitting’’  $E_1 - E_0$  of the low-energy subspace. In particular, for  $E_1 - E_0 = 0$ , #LH(0) corresponds to computing the degeneracy of the ground state subspace. As we will see in what follows, the class #LH( $\sigma$ ) is the same for any splitting  $\exp(-\text{poly}(n)) \leq \sigma \leq 1/\text{poly}(n)$ .

We now show that #LH and DOS are both #BQP-complete. We do so by giving reductions from #LH( $1/\text{poly}(n)$ ) to DOS, from DOS to #BQP, and from #BQP to #LH( $\exp(-\text{poly}(n))$ ); this will at the same time prove the claimed independence of #LH( $\sigma$ ) of the splitting  $\sigma$ .

**Theorem 9.** #LH( $1/\text{poly}(n)$ ) reduces to DOS.

**Proof.** If we denote the parameters of the #LH problem by  $\tilde{E}_0, \tilde{E}_1, \tilde{E}_2$ , then we can simply relate them to the parameters  $E_1, E_2, \Delta$  of a DOS problem by  $\Delta = \tilde{E}_2 - \tilde{E}_1$ ,  $E_1 = \tilde{E}_0 - \frac{1}{2}\Delta$  and  $E_2 = \tilde{E}_1 + \frac{1}{2}\Delta$ , and the result follows directly.  $\square$

**Theorem 10.** DOS is contained in #BQP.

**Proof.** We start with a  $k$ -local Hamiltonian  $H$  as in Def. 7. Now define a new Hamiltonian

$$H' := \nu(H^2 - (E_1 + E_2)H + E_1E_2) .$$

$H'$  is a  $2k$ -local Hamiltonian; here,  $\nu = 1/\text{poly}(n)$  is chosen such that each term in  $H'$  is subnormalized. Any eigenvalue of  $H$  in the interval  $[E_1 + \frac{\Delta}{2}; E_2 - \frac{\Delta}{2}]$  translates into an eigenvalue of  $H'$  which is below

$$A := -\nu\frac{\Delta}{2}(E_2 - E_1 - \frac{\Delta}{2}) \leq -1/\text{poly}(n) ,$$

whereas any eigenvalue outside  $[E_1 - \frac{\Delta}{2}; E_2 + \frac{\Delta}{2}]$  translates into an eigenvalues of  $H'$  above

$$B := \nu\frac{\Delta}{2}(E_2 - E_1 + \frac{\Delta}{2}) \geq 1/\text{poly}(n) .$$

The original DOS problem now translates into counting the number of eigenstates of  $H'$  with negative energy, given a spectral gap in a  $1/\text{poly}(n)$  sized interval  $[A; B]$  around zero. We now use the circuit which was used in [?] to prove that log-local Hamiltonian is in QMA; it accepts any input state  $|\psi\rangle$  with probability

$$p(|\psi\rangle) = \frac{1}{2} - \frac{\langle\psi|H'|\psi\rangle}{2m} ,$$

where  $m = \text{poly}(n)$  is the number of terms in  $H'$ . [The idea is to randomly pick one term  $H'_i$  in the Hamiltonian and toss a coin with probability  $(1 - \langle\psi|H'_i|\psi\rangle)/2$ .] Computing the answer to the original DOS problem then translates to counting the number of states with acceptance probability  $\geq a = \frac{1}{2} + \frac{A}{2m}$ , given that there are no eigenstates between  $a$  and  $b = \frac{1}{2} + \frac{B}{2m}$ , and since  $a - b = (A - B)/2m \geq 1/\text{poly}(n)$ , this shows that this number can be computed in #BQP.  $\square$

**Theorem 11.** #LH( $\exp(-\text{poly}(n))$ ) is #BQP-hard.

**Proof.** To show #BQP-hardness of #LH, we need to start with an arbitrary QMA verifier circuit  $U = U_T \dots U_1$  and construct a Hamiltonian with as many ground states as the circuit has accepting inputs. By amplification, we can assume that the acceptance and rejection thresholds for the verifier are  $a = 1 - \epsilon$  and  $b = \epsilon$ , where we can choose  $\epsilon = O(\exp(-p(n)))$  for any polynomial  $p(n)$ . As before, let  $\mathcal{A}$  and  $\mathcal{R}$  be the eigenspaces of  $\Omega$  with eigenvalues  $\geq a$  and  $\leq b$ , respectively. Define

$$U[\mathcal{R}] := \{U|\psi\rangle_I | \mathbf{0}\rangle_A : |\psi\rangle_I \in \mathcal{R}\} \quad (6)$$

and denote the projector onto this space by  $\Pi_{U[\mathcal{R}]}$ . Notice that for any state  $|\chi\rangle \in U[\mathcal{R}]$ , due to our rejection threshold  $b = \epsilon$ , we have

$$\langle\chi|(|1\rangle\langle 1|_1 \otimes \mathbb{1})|\chi\rangle \leq \epsilon . \quad (7)$$

We now follow Kitaev's original construction to encode a QMA verifier circuit into a Hamiltonian which has a "proof history" as its ground state for any proof  $|\phi\rangle_I \in \mathcal{A}$  [? ?]. That is, the ground states of the Hamiltonian are given by

$$|\Phi\rangle = \sum_{t=0}^T U_t \dots U_1 |\phi\rangle_I |\mathbf{0}\rangle_A |t\rangle_T \quad (8)$$

where the third register is used as a "clock". The Hamiltonian has the form

$$H = H_{\text{init}} + \sum_{t=1}^T H_{\text{evol}}(t) + H_{\text{final}} \quad (9)$$

where

- $H_{\text{init}} = \mathbb{1}_I \otimes (\mathbb{1} - |\mathbf{0}\rangle\langle\mathbf{0}|_A) \otimes |0\rangle\langle 0|_T$  checks that the ancilla is properly initialized, penalizing states without properly initialized ancillas;
- $H_{\text{evol}}(t) = -\frac{1}{2}U_t \otimes |t\rangle\langle t-1|_T - \frac{1}{2}U_t^\dagger \otimes |t-1\rangle\langle t|_T + \frac{1}{2}\mathbb{1} \otimes |t\rangle\langle t|_T + \frac{1}{2}\mathbb{1} \otimes |t-1\rangle\langle t-1|_T$  checks that the propagation from time  $t-1$  to  $t$  is correct, penalizing states with erroneous propagation;
- $H_{\text{final}} = \Pi_{U[\mathcal{R}]} \otimes |T\rangle\langle T|_T$  causes each state  $|\phi\rangle$  built from an input  $|\psi\rangle_I \in \mathcal{R}$  (but which nonetheless has a correctly initialized ancilla) to receive an energy penalty.

As we show in Lemma 12, the total Hamiltonian  $H$  has a spectral gap  $1/\text{poly}(n)$  above the  $\dim \mathcal{A}$ -dimensional ground state subspace. However,  $H_{\text{final}}$  is not a local Hamiltonian, but as we argue in the following, it can be replaced by the usual term  $H_{\text{final}}^{\text{std}} = |0\rangle\langle 0|_1 \otimes \mathbb{1} \otimes |T\rangle\langle T|_T$  while keeping the ground space dimension (up to small splitting in energies) and the  $1/\text{poly}(n)$  spectral gap. As we prove in Lemma 13,

$$H_{\text{final}}^{\text{std}} \geq H_{\text{final}} - \sqrt{\epsilon} \mathbb{1}. \quad (10)$$

Thus, replacing  $H_{\text{final}}$  by  $H_{\text{final}}^{\text{std}}$  will decrease the energy of any excited state by at most  $\sqrt{\epsilon} = O(\exp(-p(n)/2))$ . (The energy of the ground states is already minimal and cannot decrease.) On the other hand, the energy of any proper proof history for  $H$  cannot increase by more than

$$\langle \chi | H_{\text{final}}^{\text{std}} | \chi \rangle = \langle \chi | |0\rangle\langle 0|_1 \otimes \mathbb{1} | \chi \rangle \leq \epsilon = O(\exp(-p(n))),$$

due to our choice of acceptance threshold, i.e., the low energy subspace has dimension  $\dim \mathcal{A}$ . We thus obtain a Hamiltonian with a  $\dim \mathcal{A}$  dimensional ground state subspace with energy splitting  $\leq \epsilon = \exp(-p(n))$  and a  $1/\text{poly}(n)$  spectral gap above.  $\square$

The following two lemmas are used in the preceding proof of Theorem 11.

**Lemma 12.**  $H$  has a spectral gap of size  $1/\text{poly}(n)$ .

**Proof.** Our proof follows closely the discussion in Ref. [?], cf. also [?]. We can block diagonalize  $H$  by the (conjugate) action of the following unitary operator,

$$W = \sum_{j=0}^T U_j \dots U_1 \otimes |j\rangle\langle j|_T, \quad (11)$$

which maps  $H \rightarrow H' = W^\dagger H W$ . As this has no effect on the spectrum, we can work with the simpler  $H'$  from now on.

Let us explicitly write the effect of conjugation by  $W$  on the terms of  $H$ . The first term is unaffected,  $H'_{\text{init}} = H_{\text{init}}$ . The final term becomes  $H'_{\text{final}} = \Pi_{\mathcal{R}} \otimes |\mathbf{0}\rangle\langle\mathbf{0}|_A \otimes |T\rangle\langle T|_T$ , where  $\Pi_{\mathcal{R}}$  is simply the projector onto the space  $\mathcal{R}$ , and the ancillas are in the correct initial state.

We can now conjugate each of the terms in  $H_{\text{evol}}(t)$  separately. For example, the first term gives

$$W^\dagger (U_t \otimes |t\rangle\langle t-1|) W = \mathbb{1} \otimes |t\rangle\langle t-1|. \quad (12)$$

The other terms are exactly analogous, and we find that

$$H'_{\text{evol}}(t) = \mathbb{1} \otimes \frac{1}{2} [ |t-1\rangle\langle t-1| + |t\rangle\langle t| - |t\rangle\langle t-1| - |t-1\rangle\langle t| ].$$

The total evolution Hamiltonian is then block-diagonal a matrix which looks like a hopping Hamiltonian in the clock register,

$$\sum_t H'_{\text{evol}}(t) = \mathbb{1} \otimes E, \quad (13)$$

where the  $(T+1)$ -by- $(T+1)$ -dimensional tri-diagonal matrix  $E$  is given by

$$E = \begin{pmatrix} \frac{1}{2} & -\frac{1}{2} & & & & \\ -\frac{1}{2} & 1 & -\frac{1}{2} & & & \\ & -\frac{1}{2} & \ddots & & & \\ & & & 1 & -\frac{1}{2} & \\ & & & -\frac{1}{2} & \frac{1}{2} & \end{pmatrix}. \quad (14)$$

To discuss the spectrum of  $H'$ , let

$$\begin{aligned} \mathcal{S}_1 &= \mathcal{A} \otimes |0\rangle\langle 0|_A \otimes \mathbb{C}^{T+1}, \\ \mathcal{S}_2 &= \mathcal{R} \otimes |0\rangle\langle 0|_A \otimes \mathbb{C}^{T+1}, \end{aligned}$$

and  $\mathcal{S}_3$  the orthogonal complement of  $\mathcal{S}_1 \oplus \mathcal{S}_2$ ; i.e.,  $\mathcal{S}_1$  corresponds to evolutions starting from good proofs,  $\mathcal{S}_2$  to those starting from wrong proofs, and  $\mathcal{S}_3$  to evolutions with wrongly initialized ancillas. Note that  $H' = H|_{\mathcal{S}_1 \oplus H|_{\mathcal{S}_2} \oplus H|_{\mathcal{S}_3}}$ , thus, we can analyze the spectrum for  $H|_{\mathcal{S}_p}$  separately. Note that the restriction to  $\mathcal{S}_p$  does not affect  $H'_{\text{evol}}(t)$ . Since we expect the ground state subspace to

occur on  $\mathcal{S}_1$ , we need to compute ground state energy and gap of  $H'|_{\mathcal{S}_1}$ , as well as lower bound the ground state energies of  $H'|_{\mathcal{S}_2}$  and  $H'|_{\mathcal{S}_3}$ .

First,  $H'_{\text{init}}|_{\mathcal{S}} = H'_{\text{final}}|_{\mathcal{S}} = 0$ , i.e., the spectrum of  $H'|_{\mathcal{S}}$  equals the spectrum of  $E$ , which can be straightforwardly determined to be  $1 - \cos \omega_n$ , with  $\omega_n = n\pi/(T+1)$ , and eigenfunctions  $(\cos \frac{1}{2}\omega_n, \cos \frac{3}{2}\omega_n, \dots)$ ; the ground state degeneracy is indeed  $\dim \mathcal{A}$  as desired.

On the other hand,  $H'_{\text{final}}|_{\mathcal{S}_2} = 1$ , and  $H'_{\text{init}}|_{\mathcal{S}_3} \geq 1$ , i.e., in both cases the ground state energy of  $H'|_{\mathcal{S}_p}$  is lower bounded by the ground state energy of

$$E' = \begin{pmatrix} \frac{1}{2} & -\frac{1}{2} & & & & \\ -\frac{1}{2} & 1 & -\frac{1}{2} & & & \\ & -\frac{1}{2} & \ddots & & & \\ & & & 1 & -\frac{1}{2} & \\ & & & & -\frac{1}{2} & \frac{3}{2} \end{pmatrix},$$

which has eigenvalues  $1 - \cos \vartheta_n$ , with  $\vartheta_n = (n + \frac{1}{2})\pi/(T + \frac{3}{2})$ , and eigenfunctions  $(\cos \frac{1}{2}\vartheta_n, \cos \frac{3}{2}\vartheta_n, \dots)$ .

It follows that  $H'$  (and thus  $H$ ) has a ground state energy of  $1 - \cos \omega_0 = 0$ , and a gap  $1 - \cos \frac{\pi}{2T+3} = O(1/T^2) = O(1/\text{poly}(n))$  above.  $\square$

It remains to prove Eq. (10), which follows from the following Lemma by choosing  $P = |0\rangle\langle 0|_1 \otimes \mathbb{1}$ ,  $Q = \Pi_{U[\mathcal{R}]}$ , and using Eq. (7).

**Lemma 13.** *Let  $P$  and  $Q$  be projectors such that  $\|Q(\mathbb{1} - P)Q\|_{\infty} \leq \epsilon$ . Then*

$$P - Q \geq -\sqrt{\epsilon}\mathbb{1}. \quad (15)$$

**Proof.** We begin by recalling the result due to Jordan [?] (see Ref. [?] for a more modern treatment) for the simultaneous canonical form of two projectors. In the subspace where  $P$  and  $Q$  commute, both operators are diagonal in a common basis and the spectrum is either  $(0, 0)$ ,  $(0, 1)$ ,  $(1, 0)$ , or  $(1, 1)$ , and direct sums of those terms. In the subspace where they don't commute, the problem decomposes into a direct sum of two-by-two blocks given by

$$P_j = \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix}, \quad Q_j = \begin{pmatrix} c^2 & cs \\ cs & s^2 \end{pmatrix}, \quad (16)$$

where  $s = \sin(\theta_j)$  for some angle  $\theta_j$ ,  $c^2 + s^2 = 1$ , and the subscript  $j$  just labels a generic block.

In fact, this two-by-two block form is completely general if we allow embedding our projectors into a larger space while preserving their rank. The rank-preserving condition guarantees that our bound is unchanged, since we are only appending blocks of zeros, and so we will consider this two-by-two form without loss of generality.

The constraint that  $\|Q(\mathbb{1} - P)Q\|_{\infty} \leq \epsilon$  implies constraints on the values that  $\sin(\theta_j)$  can take. In particular, we can directly compute this operator norm in each block separately, and we find that for all  $j$

$$\|Q_j(\mathbb{1} - P_j)Q_j\|_{\infty} = \sin^2(\theta_j) \leq \epsilon. \quad (17)$$

We can also directly compute in each block that

$$P_j - Q_j = \begin{pmatrix} 1 - c^2 & 1 - cs \\ -cs & -s^2 \end{pmatrix}. \quad (18)$$

The spectrum of this operator is easily computed to be  $\pm|\sin(\theta_j)|$ . Thus, the least eigenvalue of  $P - Q$  is bounded from below by  $-\sqrt{\epsilon}$ .  $\square$

### Quantum vs. Classical Counting Complexity

We finally want to relate #BQP to the classical counting class #P. It is clear that any #P problem can be solved in #BQP by using a classical circuit. We will now show that conversely, #BQP can be reduced to #P under *weakly parsimonious reductions*: That is, for any function  $f \in \#BQP$  there exist polynomial-time computable functions  $\alpha$  and  $\beta$ , and a function  $g \in \#P$ , such that  $f = \alpha \circ g \circ \beta$ . This differs from Karp reductions where no postprocessing is allowed,  $\alpha = \text{Id}$ , but still only requires a single call to a #P oracle, in contrast to Turing reductions.

**Theorem 14.** *There exists a weakly parsimonious reduction from #BQP to #P.*

**Proof.** We start from a verifier operator  $\Omega$  for a #BQP problem. First, we use strong error reduction to let  $a = 1 - 2^{-(n-2)}$  and  $b = 2^{-(n+2)}$ . It follows that

$$|\dim \mathcal{A} - \text{tr } \Omega| \leq 2^n 2^{-(n+2)} = \frac{1}{4} \quad (19)$$

and thus we need to compute  $\text{tr } \Omega$  to accuracy  $1/4$ . This can be done using the ‘‘path integral’’ method previously used to show containments of quantum classes inside PP and #P [?]. We rewrite  $\text{tr } \Omega = \sum_{\zeta} f(\zeta)$ , where the sum is over products of transition probabilities along a path, which we label

$$\zeta \equiv (i_0, \dots, i_N, j_1, \dots, j_N), \quad (20)$$

so that

$$f(\zeta) = \langle i_0 |_I \langle \mathbf{0} |_A U_1^\dagger | j_1 \rangle \langle j_1 | U_1^\dagger \cdots U_T^\dagger | j_T \rangle \times \langle i_T | [ | 0 \rangle \langle 0 |_1 \otimes \mathbb{1} ] | i_T \rangle \langle i_T | U_T \cdots U_1 | i_0 \rangle | \mathbf{0} \rangle_A. \quad (21)$$

(cf. Fig. 1 in the main manuscript for an illustration).

Since any quantum circuit can be recast in terms of real gates at the cost of doubling the number of qubits [?

], we can simplify the proof by assuming  $f(\zeta)$  to be real. To achieve the desired accuracy it is sufficient to approximate  $f$  up to  $|\zeta| + 2$  digits, where  $|\zeta| = \text{poly}(n)$  is the number of bits in  $\zeta$ . Now define

$$g(\zeta) := \text{round}[2^{|\zeta|+2}(f(\zeta) + 1)] \quad (22)$$

and note that  $g(\zeta)$  is a positive and integer-valued function satisfying

$$\left| [2^{-|\zeta|-2} \sum_{\zeta} g(\zeta) - 1] - \sum_{\zeta} f(\zeta) \right| \leq \frac{1}{4}. \quad (23)$$

Finally, by defining a boolean indicator function,

$$h(\zeta, \xi) = \begin{cases} 1 & \text{if } 0 \leq \xi < g(\zeta) \\ 0 & \text{otherwise} \end{cases}$$

we can write  $g(\zeta) = \sum_{\xi \geq 0} h(\zeta, \xi)$ , and thus,

$$\sum_{\zeta} g(\zeta) = \sum_{\xi, \zeta} h(\zeta, \xi).$$

This shows that  $\text{tr } \Omega$  can be approximated to accuracy  $\frac{1}{4}$ , and thus  $\dim \mathcal{A}$  can be determined by counting the number of satisfying assignments of a single boolean function  $h(\zeta, \xi)$  that can be efficiently constructed from  $\Omega$ , i.e., by a single query to a black box solving #P problems, together with the efficient postprocessing described by Eq. (23).  $\square$