

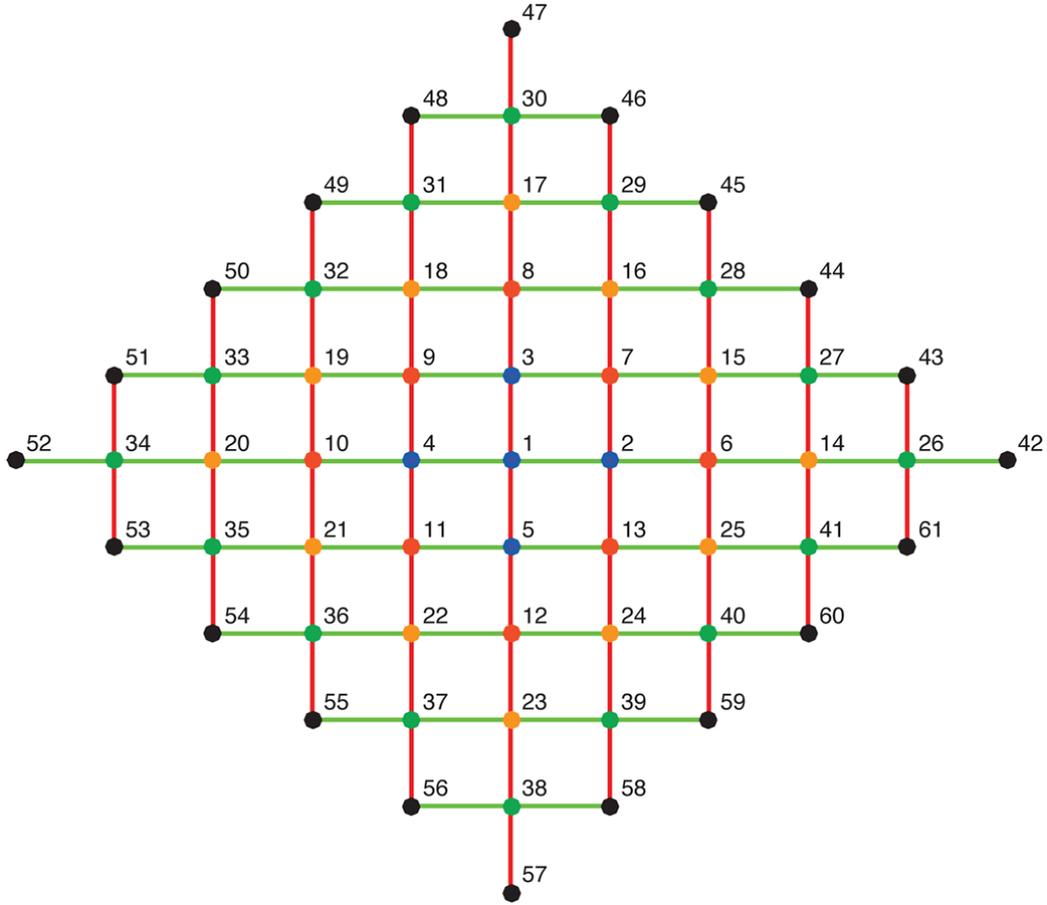
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Designing perturbative metamaterials from discrete models

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Figure S1 | Test system for the calculation of the Schrieffer-Wolff transformation. The dots represent unit cells. For a first order calculation, only the blue dots are required. We then add the black dots (for second order), green dots (for third order), yellow dots (for fourth order) and red dots (for fifth order). The lines represent the coupling between a unit cell and its nearest neighbor in the x-direction (V^H , green) and y-direction (V^V , red).

We first proceed to assemble the matrices V and H_0 for the coupled system represented in Fig. S1. These are $m \times m$ square matrices, where $m = l \times (\text{number of cells})$, l being the number of local modes per unit cell. The number of local modes l refers to the full description obtained from finite elements (as described in the coupling matrix extraction part of the methods section), containing 40 modes per plate for cases described in our paper, and not to the final reduced model which contains 1-6 modes per unit cell.

The matrix assembly utilizes the matrices V^H (Describing the effect of the beams coupling horizontal plates), V^V (Describing the effect of the beams coupling vertical plates), V^{HOLE} (Describing the effect of the holes) and H_0^S (Describing the unperturbed modes of a single plate). For unit cells containing multiple plates, additional matrices should be included to account for inter-plate couplings inside the unit cell. The matrices V^H and V^V are obtained by simulation of a two-plate system as described in the Coupling Matrix Extraction part of the Methods section. The horizontal two-plate simulation yields the coupling V^{LR} between horizontally neighboring plates. In addition, the plate on the left experiences a frequency shift V_{LL} due to having beams on the right, and the plate on the right experiences a shift V_{RR} due to having beams on the left. We obtain an analogous result for a system of vertical plates, with local frequency shifts given by V^{DD} and

57 V^{UU} , and an inter-plate coupling given by V^{DU} . The matrices V^H and V^V , which
 58 summarize the effect of all 4 nearest neighbors, are structured as:
 59

$$V^H = \begin{pmatrix} V^{LL} & V^{LR} \\ V^{RL} & V^{RR} \end{pmatrix} \quad V^V = \begin{pmatrix} V^{DD} & V^{DU} \\ V^{UD} & V^{UU} \end{pmatrix}$$

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 61 Where the terms V^{LL} , V^{RR} , V^{UU} and V^{DD} represent local changes in the unit cell
 62 dynamics brought by the beams placed on the right, left, bottom and top of the
 63 plate respectively, and V^{LR} , V^{RL} , V^{UD} , V^{DU} represent the inter-plate couplings from
 64 the beams. The terms V^{LL} , V^{RR} , V^{UU} and V^{DD} are what we correct for with the
 65 introduction of holes in the plate. For a given unit cell number r , the matrix V
 66 describing the whole system in Fig. S1 satisfies:
 67

$$V_{i+(r-1)l, j+(r-1)l} = V_{ij}^{LL} + V_{ij}^{RR} + V_{ij}^{DD} + V_{ij}^{UU} + V_{ij}^{HOLE}$$

68
 69 For a pair of adjacent unit cells r and t , with r being on the left of t , we have
 70 ($1 \leq i, j \leq l$):
 71

$$\begin{aligned} V_{i+(r-1)l, j+(t-1)l} &= V_{ij}^{LR} \\ V_{i+(t-1)l, j+(r-1)l} &= V_{ij}^{RL} \end{aligned}$$

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 73 For a pair of adjacent unit cells r and t , with r below t , we have ($1 \leq i, j \leq l$):
 74

$$\begin{aligned} V_{i+(r-1)l, j+(t-1)l} &= V_{ij}^{DU} \\ V_{i+(t-1)l, j+(r-1)l} &= V_{ij}^{UD} \end{aligned}$$

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 76 The term H_0 is the diagonalized, unperturbed (excluding effects of the beams and
 77 holes) dynamical matrix of the system depicted in Fig. S1, contains as many
 78 diagonal copies of H_0^S as unit cells required for the desired order of
 79 approximation, and has the form:
 80

$$H_0 = \begin{pmatrix} H_0^S & 0 & \dots & 0 \\ 0 & H_0^S & \dots & 0 \\ \dots & \dots & \dots & \dots \\ 0 & 0 & \dots & H_0^S \end{pmatrix}$$

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 82 After assembling the matrices, we proceed to compute the Schrieffer-Wolff
 83 transformation as a series expansion of order $n \leq 5$. The new effective
 84 dynamical matrix will be given by:
 85

$$H_{eff}^R = H_0^R + V^R = \wp^T \left[H_0 + \sum_{r=1}^n H_i \right] \wp$$

86
 87 Where \wp represents a projector into the subspace of relevant modes. As a
 88 consequence of this projection, the resulting system H_{eff}^R involves only the
 89 relevant modes. The first five terms H_i in the series expansion of the Schrieffer-
 90 Wolff transformation are given by¹⁸:

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$$\begin{aligned}
H_1 &= V \\
H_2 &= (1/2)[S_1, \mathcal{O}(V)] \\
H_3 &= (1/2)[S_2, \mathcal{O}(V)] \\
H_4 &= (1/2)[S_3, \mathcal{O}(V)] - (1/24)[S_1, [S_1, \mathcal{O}(V)]] \\
H_5 &= (1/2)[S_4, \mathcal{O}(V)] \\
&\quad - (1/24)([S_2, [S_1, [S_1, \mathcal{O}(V)]]] + [S_1, [S_2, [S_1, \mathcal{O}(V)]]] + [S_1, [S_1, [S_2, \mathcal{O}(V)]]])
\end{aligned}$$

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Where $\mathcal{O}(V)$ is a square matrix with the same size of V , but containing only block-off-diagonal terms, i.e. those that couple a relevant mode to an irrelevant mode, and having all the block-diagonal terms set to zero. The symbol $[A, B]$ represents a commutator: $[A, B] = AB - BA$. The terms S_1 to S_4 are given by:

$$\begin{aligned}
S_1 &= \mathcal{L}(V) \\
S_2 &= -\mathcal{L}([\mathcal{D}(V), S_1]) \\
S_3 &= \mathcal{L}(-[\mathcal{D}(V), S_2] + (1/3)[S_1, [S_1, \mathcal{O}(V)]]) \\
S_4 &= \mathcal{L}(-[\mathcal{D}(V), S_3] + (1/3)([S_1, [S_2, \mathcal{O}(V)]] + [S_2, [S_1, \mathcal{O}(V)]]))
\end{aligned}$$

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Here, $\mathcal{D}(V)$ is a matrix the same size as V but with zeroes replacing all the terms coupling relevant-to-relevant or irrelevant-to-irrelevant modes. The function \mathcal{L} is defined as:

$$[\mathcal{L}(A)]_{ij} = \begin{cases} \frac{A_{ij}}{(H_0)_{ii} - (H_0)_{jj}} & \text{if } (i, j) \text{ is block - off - diagonal} \\ 0 & \text{if } (i, j) \text{ is block - diagonal} \end{cases}$$

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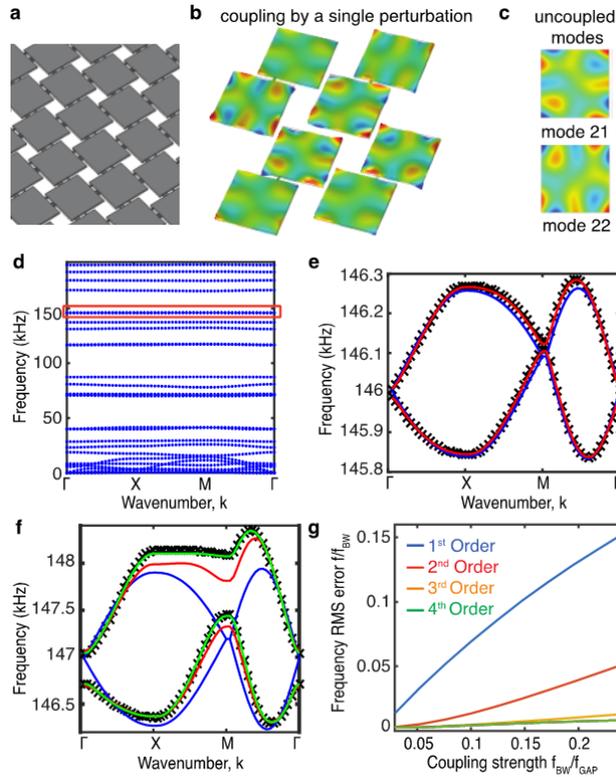
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The series expansion of the Schrieffer-Wolff transformation allows us to combine independently-calculated geometric perturbations into reduced-order models that describe the metamaterial's response. Fig. S2 illustrates the accuracy of this process for the paradigmatic example of a system of steel plates coupled through polymer beams (Fig. S2a). This is accomplished by simulating the effect of each perturbation separately (Fig S2b) on a large space of 40 local modes, and then performing a Schrieffer-Wolff transformation to obtain an effective theory that contains only two degrees of freedom per site, corresponding to the two local plate modes (Fig S2c) in the frequency region of interest (Fig S2d).



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Figure S2 | Method of extracting a reduced-order model. **a.** Periodic perturbative metamaterial consisting of 10 mm x 10 mm x 0.5 mm steel plates coupled through polymer beams. **b.** Simulation of a two plate system containing a single geometric feature (e.g. beam) used to determine the perturbation introduced by the geometric feature under consideration. **c.** Degenerate plate modes in the frequency region of interest (between 145-149 KHz). **d.** Dispersion relation of a periodic metamaterial highlighting the frequency range of interest. **e.** Comparison between the metamaterial's dispersion relation computed by finite element simulation under Bloch boundary conditions (x) and computed from reduced-order models obtained truncating the Schrieffer-Wolff transformation to first and second order (blue and red respectively) for a metamaterial with a beam stiffness of 4 GPa. **f.** Comparison between finite element simulation (x) under Bloch boundary conditions and reduced-order models truncated at first, second, third and fourth orders (Blue, red, yellow and green respectively). **g.** Relative error of the predicted dispersion relation, as a function of the coupling strength, quantified as the ratio between the bandwidth and the spectral gap to the nearest local mode.

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For low perturbation strengths, corresponding to soft beams with a stiffness of 4 GPa, truncating the series expansion to first order produces a satisfactory approximation (Fig S2e). This corresponds to a regime where the perturbations are additive and long-range couplings are negligible, and therefore is optimal for metamaterial design. In contrast, when the perturbation strength is increased by increasing the coupling stiffness to 20 GPa, a fourth-order approximation is required in order to obtain a good agreement between effective theory and metamaterial behavior (Fig S2f), due to nonlinear interactions between geometric elements and due to the increased relative importance of long-range couplings. We observe that the model error (computed as the RMS error between the first order reduced model prediction and the dispersion relation obtained by full finite-element simulation of a periodic system) increases proportionally to the ratio between the coupling strength (measured by the

146 bandwidth) and the gap to the nearest mode (Fig S2g) as predicted by the series
147 expansion of the Schrieffer-Wolff transformation.

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149 The analysis of higher orders of the SW transformation allows us to assess the
150 validity of the weak coupling assumption in the metamaterial design. Large
151 higher-order contributions introduce a dependence between individual design
152 changes, and result in undesired long-range interactions that are hard to remove
153 by altering the material geometry. This indicates that either the coupling V_{ij}
154 introduced by the beams should be reduced, or the spectral gaps $E_i - E_j$ to
155 neighboring local modes should be increased by either modifying the unit cell
156 geometry or selecting different mode(s) (see Supplementary Information).

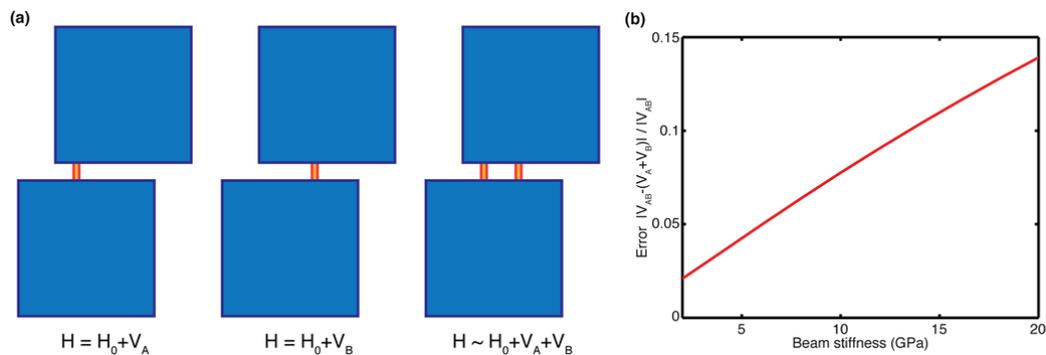
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158 **SI2. Additive Properties of Perturbative Metamaterials**

159 The technique we presented in this paper allows us to design metamaterials
160 based on complex mass-spring models, such as those with nontrivial topological
161 properties. This ability to implement advanced functionality arises from the
162 linear relation between the reduced order model and the metamaterial
163 geometry, which is valid when the Schrieffer-Wolff transformation is evaluated
164 to first order. A linear relation between material and model means that the
165 springs in a mass-spring model corresponding to a system containing multiple
166 inter-plate coupling beams will be the sum of the springs in the mass-spring
167 models corresponding to systems containing each one of the beams (Fig. S3a).

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172 **Figure S3 | Beam width linearity.** **a.** Two-plate system used to test the linear dependence
173 between beam width and coupling matrix. **b.** Error in the coupling matrix of a two-beam system
174 obtained by adding single-beam solutions, as a function of the beam stiffness. Higher beam
175 stiffness result in higher relative errors since the first-order Schrieffer-Wolff transformation
176 becomes inaccurate at high coupling strengths.

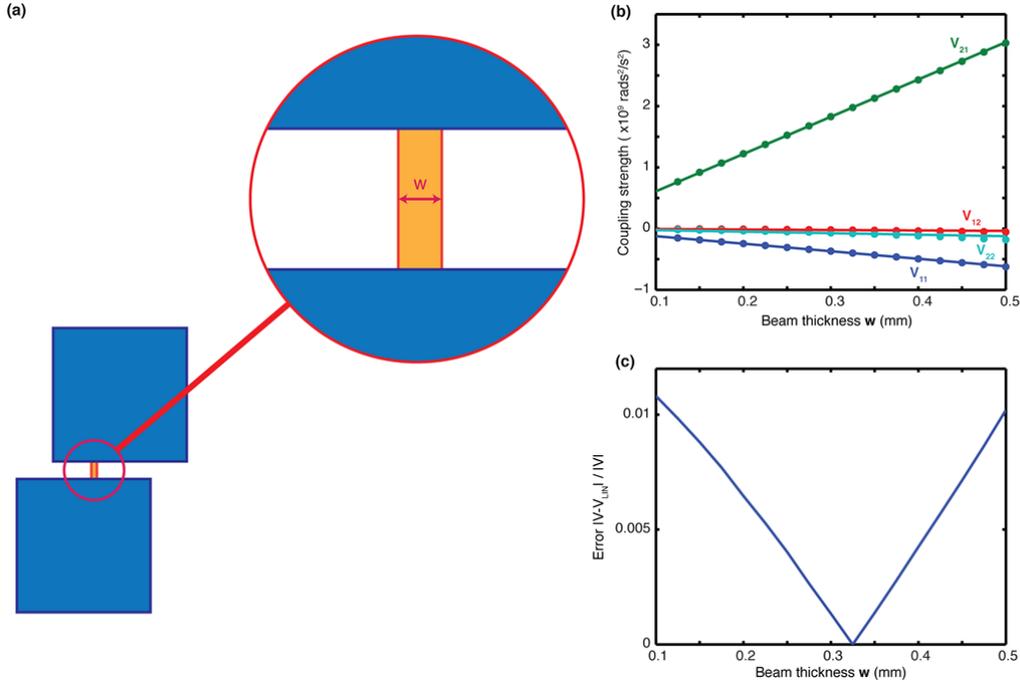
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178 This linear approximation is valid as long as the first-order perturbative
179 Schrieffer-Wolff transformation is accurate (Fig. S3b). For the polymer beams
180 that we use in this work ($E = 4.02$ GPa), the error in the stiffness matrix is below
181 5%. This low error allows us to evaluate vast design spaces (exceeding 10^{40}
182 configurations for the beam locations and widths) without having to perform a
183 full finite-element simulation for each design.

184

185 Additionally, in the range of beam widths present in our design, the coupling
186 matrix V (which describes the effect of the polymer beams) increases linearly

187 with each beam's width w : $V \approx V_0 \left(\frac{w}{w_0}\right)$, where V_0 and w_0 are the coupling matrix
 188 and beam width for a reference configuration. This approximation is very
 189 accurate (Fig S4a-c), with an error below 1.2% for the beam widths considered
 190 in this work.
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 194 **Figure S4 | Beam width linearity.** **a.** Two-plate system used to test the linear relation between
 195 beam width and coupling matrix. **b.** Elements of the coupling matrix V_{ij} , describing the coupling
 196 between plate modes 21 and 22. The coupling matrices have been obtained by finite element
 197 simulation (dots) and by linear extrapolation from a single beam width (solid lines). **c.** Relative
 198 error of the coupling matrix as a function of the beam width. The result is exact when the beam
 199 width matches the reference width w_0 .
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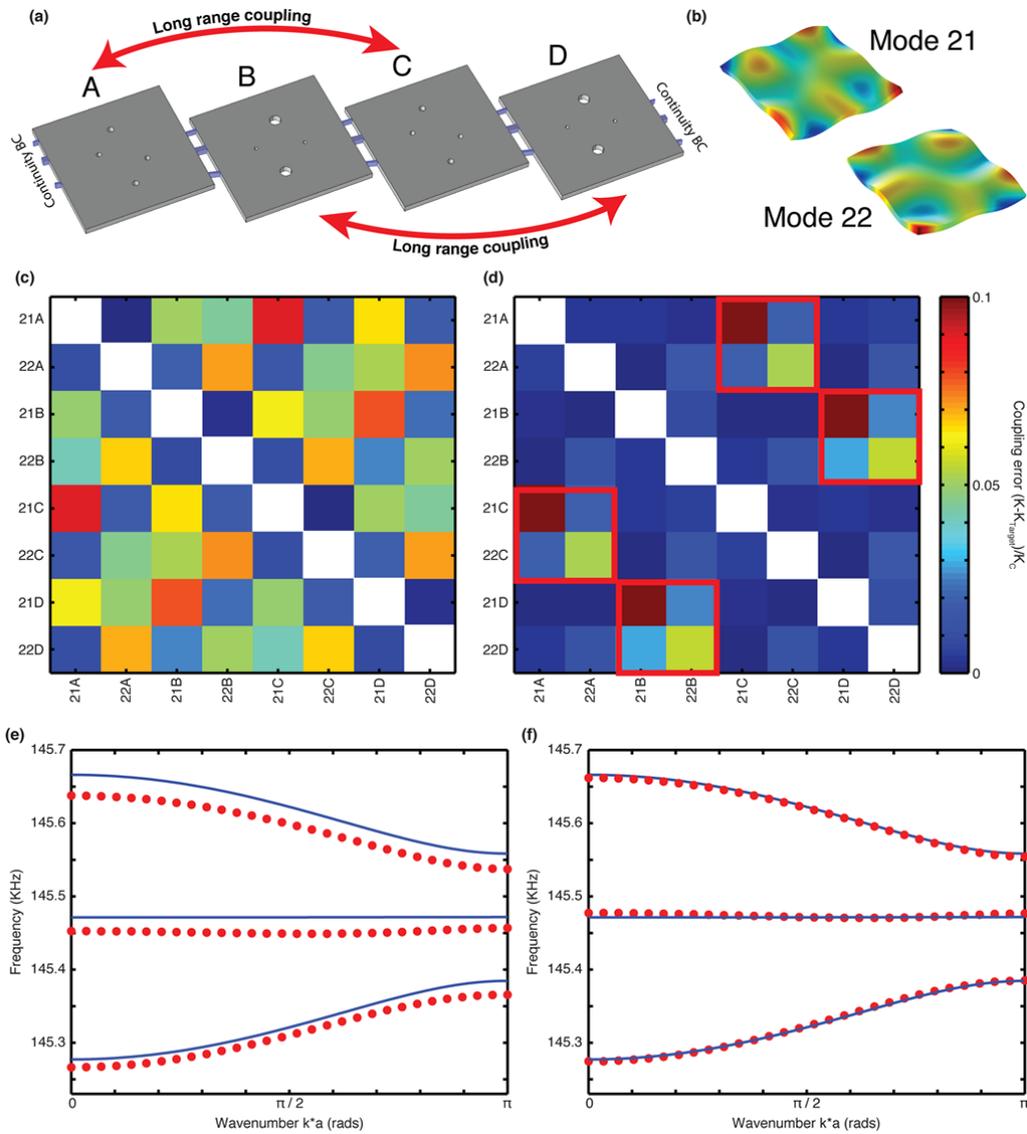
201 The linear relation between beam width and geometry allows us to speed-up the
 202 optimization process by simulating a single beam width at every location, and
 203 extrapolating the coupling strength of different widths from this single finite
 204 element simulation.
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206 **SI3. Coupled optimization in the Zero Group Velocity lattice model**

207 Our method for designing metamaterials by separately tuning the design
 208 parameters considers only the interaction between a unit cell and each neighbor,
 209 and neglects interactions between different perturbations. This treatment is
 210 exact if Schrieffer-Wolff transformation is truncated to the first (linear) term in
 211 its series expansion, but real systems will have an error due to the finite coupling
 212 strength. In this section, we describe how we partially compensate for higher-
 213 order errors by performing an optimization in a larger system consisting of
 214 multiple coupled unit cells (Figure S5a) subject to continuity boundary
 215 conditions, within the context of the zero group velocity material.
 216

217 As an example, we consider a finite element model consisting of two unit cells of
218 the zero group velocity material, where each unit cell is made of two plates (Fig.
219 3c). We use Comsol Multiphysics to determine the system's eigenmodes and
220 eigenfrequencies at our frequency of interest. Since the system consists of four
221 plates, and each plate contains two modes in that frequency range (Fig S5b), the
222 problem requires the computation of eight eigenmodes of the coupled structure.
223 We then determine the coupling matrix between local modes by utilizing the
224 same procedure as in the case with two plates: We first express the coupled
225 eigenmodes in terms of our local basis (Fig S5b), by probing the displacement
226 field over the test area of each plate (Fig. 1c) and identifying the linear
227 combination of the basis modes that provides the best least-square
228 approximation of the displacement field in the test area (using a Moore-Penrose
229 pseudoinverse). Then we combine the eigenfrequencies and eigenmodes in the
230 local basis representation to determine the reduced-order coupling matrix V^R for
231 the system.

232
233 To minimize the error in the system's reduced dynamical matrix (Fig S4c), we
234 utilize a gradient-based method. We parameterize our geometry by allowing the
235 beam locations, thicknesses and angles, as well as the hole locations and radii to
236 change. We then determine the coupling matrix for the original system and for
237 modified systems where we introduce a small change (0.03 mm) in each of the
238 system's parameters. This allows us to assemble a Jacobian matrix J that relates
239 small changes in the geometry to small changes in the coupling matrix. The
240 direction of maximum error descent is given by $\vec{g} = -(\vec{k} - \vec{k}_T)^T J$, where \vec{k} is a
241 64-components column vector containing the elements of the coupling matrix
242 V^R , while \vec{k}_T contains the elements of the target matrix. We then identify the
243 optimal amount of change in the direction of \vec{g} by minimizing $|\vec{k} + J\alpha\vec{g} - \vec{k}_T|$
244 with respect to α . We then apply this change in the model and recompute the
245 error. Since the Jacobian matrix does not change significantly between gradient
246 iterations, we evaluate it only once at the beginning of the optimization process.
247 Due to the presence of long-range interactions, the optimization algorithm is not
248 able to completely match the system's dynamical matrix V^R to the objective
249 mass-spring model K_{Target} (Fig S5d). This additional optimization step greatly
250 improves the agreement between the metamaterial's response and the target
251 model, reducing the root mean square error in the dispersion relation fourfold
252 from 20.4 Hz (Fig S5e) to 5.1 Hz (Fig S5f).



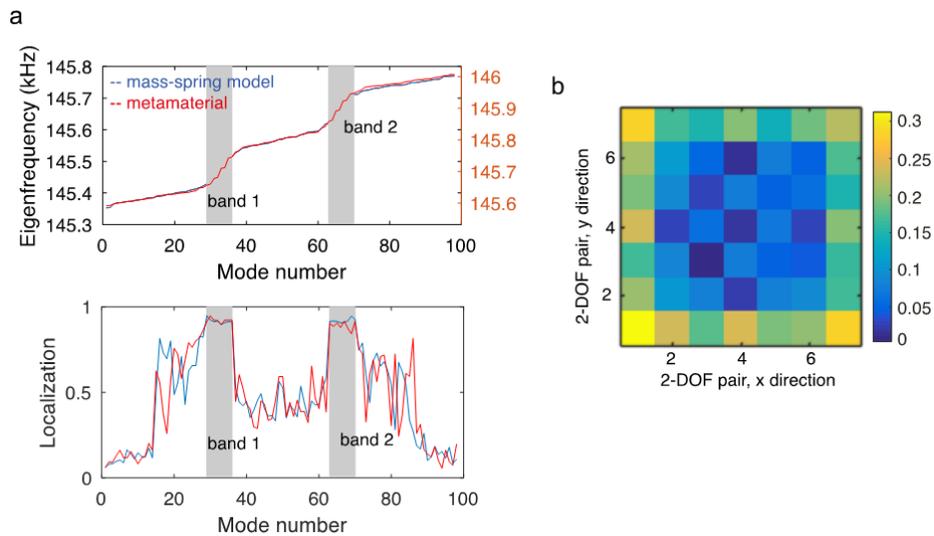
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Figure S5 | Higher-order error compensation. **a.** Finite element model used in the coupled optimization scheme. The model consists of four plates (2 unit cells) subject to continuity boundary conditions. **b.** Eigenmode basis used to describe the displacement of the coupled plates. The eigenmodes correspond to a free plate. **c.** Magnitude of the error between the objective inter-modal coupling stiffnesses and the coupling stiffnesses determined from the finite element model in panel **a.** **d.** Magnitude of the coupling error after the optimization. The red squares indicate long-range interactions. **e.** Band structure of the lattice before the optimization. **f.** Band structure of the lattice after the optimization. In **e** and **f** the blue lines are the analytical predictions from the objective mass-spring model and the red dots correspond to the finite element simulation on the designed physical system.

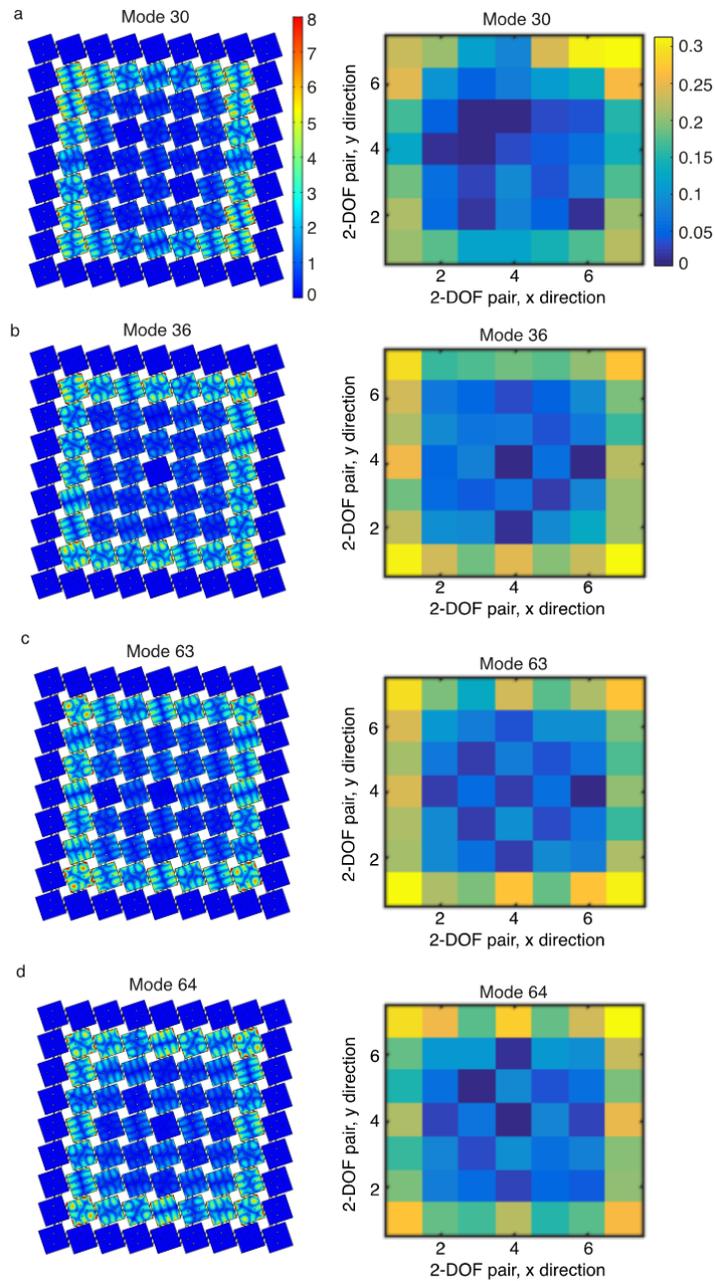
SI4. Topological Insulator Evaluation

To evaluate the behavior of the designed topological insulator metamaterial, we compare its modal properties to those of the mass-spring model. The eigenfrequency analysis of the physical system agrees well with the mass-spring analytical model (Fig. S6a), and shows two bulk band gaps. This is confirmed by calculating the localization of each mode, defined as its strain energy summed over the unit cells on the edge, normalized by the total strain energy of the mode

273 over the entire finite metamaterial. The localization of both the mass-spring
 274 model and designed metamaterial show almost complete localization on the
 275 boundary unit cells within the two bands identified in the eigenfrequency
 276 analysis. An example mode within the first bulk band gap of the mass-spring
 277 model clearly shows the edge mode (Fig. S6b). Figure S7 shows four other
 278 example modes within both bulk band gaps in the physical system. The designed
 279 topological insulator metamaterial overall shows excellent agreement with the
 280 behavior of the corresponding mass-spring model.
 281



282 **Figure S6 | Topological insulator mass-spring model compared to metamaterial. a.**
 283 Eigenfrequency analysis and energy localization of mass-spring model compared to the designed
 284 metamaterial, both showing two bands of topologically protected edge modes. **b.** Topologically
 285 protected edge mode of mass-spring model from Fig. 4a, within band 1. The same mode number
 286 is shown in the metamaterial results in Fig. 4d. Each pixel corresponds to a pair of degenerate
 287 modes.
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 289



290 **Figure S7 | Four examples of topologically protected edge modes of the designed**
 291 **metamaterial (left) and mass-spring model (right).** **a.** Mode 30 and **b.** mode 36 are within the
 292 first topologically protected band, and **c.** mode 63 and **d.** mode 64 are within the second
 293 topologically protected band. The color bars shown in **a** apply to all plots, and are shown in
 294 arbitrary units of modal displacements.
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