

**Supplemental Material:**  
**Macroscopic Thermodynamic Reversibility in Quantum**  
**Many-Body Systems**

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In this Supplemental Material, we present technically precise statements of **Theorem I** and **Theorem II** of the main text. The proof of these theorems will be published elsewhere [62].

**I. Precise statement of Theorem I**

**Theorem S.1.** *Let  $\rho_S$  be any quantum state on a system  $S$  with Hamiltonian  $H_S$ , and let  $\gamma_S = e^{-\beta H_S} / \text{tr}(e^{-\beta H_S})$ . Let  $0 \leq \epsilon < 1/100$ . Suppose that there exists  $S \in \mathbb{R}$  and  $\Delta > 0$  such that*

$$S_{\max}^\epsilon(\rho_S \parallel \gamma_S) \leq S + \Delta ; \quad \text{and} \quad S_{\min}^\epsilon(\rho_S \parallel \gamma_S) \geq S - \Delta . \quad (\text{S.1})$$

Then:

- (a) *There exists a battery system  $W$  with energy eigenstates  $|0\rangle_W, |w\rangle_W$ , a coherence source system  $C$  with Hamiltonian  $H_C$  and two pure states  $|\zeta\rangle_C, |\zeta'\rangle_C$ , and a thermal operation  $SWC \rightarrow SWC$  that maps*

$$\rho_S \otimes |w\rangle\langle w|_W \otimes |\zeta\rangle\langle\zeta|_C \rightarrow \tilde{\rho}_{SWC} , \quad (\text{S.2})$$

where  $\tilde{\rho}_{SWC} \approx_{\bar{\epsilon}} \gamma_S \otimes |0\rangle\langle 0|_W \otimes |\zeta'\rangle\langle\zeta'|_C$  and

$$w = \beta^{-1} \left( -S + 2\Delta + \ln \left( 2m^2 \left( \frac{36}{\epsilon} \right)^3 \right) \right) ; \quad (\text{S.3a})$$

$$\|H_C\|_\infty \leq 3\Delta/\epsilon ; \quad (\text{S.3b})$$

$$\bar{\epsilon} = 13\sqrt{\epsilon} , \quad (\text{S.3c})$$

with  $\rho \approx_\epsilon \rho'$  denoting proximity in the trace distance, i.e.,  $\frac{1}{2} \|\rho - \rho'\|_1 \leq \epsilon$ , and with  $m = \lceil \beta(E_{\max} - E_{\min})/\Delta \rceil$  where  $E_{\max}$  and  $E_{\min}$  are the maximum and minimum eigenvalues of  $H_S$ .

- (b) *There exists a battery system  $W'$  with energy eigenstates  $|0\rangle_{W'}, |w'\rangle_{W'}$ , a coherence source system  $C'$  with Hamiltonian  $H_{C'}$  and two pure states  $|\xi\rangle_{C'}, |\xi'\rangle_{C'}$ ,*

and a thermal operation  $SW'C' \rightarrow SW'C'$  that maps

$$\gamma_S \otimes |w'\rangle\langle w'|_{W'} \otimes |\xi\rangle\langle \xi|_{C'} \rightarrow \tilde{\rho}'_{SW'C'} , \quad (\text{S.4})$$

where  $\tilde{\rho}'_{SW'C'} \approx_{\tilde{\epsilon}'} \rho_S \otimes |0\rangle\langle 0|_{W'} \otimes |\xi'\rangle\langle \xi'|_{C'}$  and

$$w' = \beta^{-1} \left( S + 2\Delta + \ln\left(\frac{2m^3}{\sqrt{\epsilon}}\right) + \frac{16}{\Delta\sqrt{\epsilon}}(2\Delta + \ln(2m))^2 \right) ; \quad (\text{S.5a})$$

$$\|H_{C'}\|_\infty \leq \frac{32}{\beta\epsilon^{3/2}\Delta}(2\Delta + \ln(2m))^2 \quad (\text{S.5b})$$

$$\tilde{\epsilon}' = 14\sqrt{\epsilon} + m^2 e^{-(2\Delta + \ln(m))} , \quad (\text{S.5c})$$

with again  $m = \lceil \beta(E_{\max} - E_{\min})/\Delta \rceil$  where  $E_{\max}$  and  $E_{\min}$  are the maximum and minimum eigenvalues of  $H_S$ .

The above statement is a slightly specialized version of the full statement in Ref. [62], in which we have chosen  $\delta = \beta^{-1}\Delta$  and  $q = \epsilon^{-1/2}$ .

Furthermore we have expressed all the relative entropies as relative to the Gibbs state  $\gamma = e^{-\beta H} / \text{tr}(e^{-\beta H})$ , rather than the Gibbs weights operator  $e^{-\beta H}$ , to simplify the expression of the work cost and yield of transforming to and from the thermal state of  $S$ . In a more general case however, one might be interested in transforming between systems with different Hamiltonians. For such situations it is more convenient in Theorem S.1 to consider the transformation of a state  $\rho_S$  to and from a trivial thermal state 1 of a trivial one-dimensional system  $\mathbb{C}$  with zero Hamiltonian, which serves as a reference thermal state between different systems and Hamiltonians. In this case, the work cost (work yield) is shifted by the constant  $-\beta^{-1} \ln \text{tr}(e^{-\beta H_S})$ , which is the equilibrium free energy of the thermal state  $\gamma_S$  itself. This can be written more compactly in the relative entropy measure using the unnormalized Gibbs weights, using the property that  $S_*(\rho \| \alpha\sigma) = S_*(\rho \| \sigma) - \ln(\alpha)$  for all the relative entropy measures considered here. The relative entropy measures in (S.1) are then simply replaced by  $S_{\min}^\epsilon(\rho \| e^{-\beta H})$  and  $S_{\max}^\epsilon(\rho \| e^{-\beta H})$ . (See Ref. [62] for a full statement of the corresponding theorem.)

In the informal statement in the main text, Theorem I, the  $O$ -notation refers to a setting where larger and larger system sizes are considered, where the Hamiltonian and the quantity  $S$  are extensive,  $\|H_S\|_\infty \sim n$ ,  $S \sim n$ , and where the parameter  $\Delta$  is at most extensive,  $\Delta/S \rightarrow 0$ , and without loss of generality  $\Delta$  is chosen to grow at least as  $\sqrt{n}$ .

## II. Precise statement of Theorem II

The asymptotic behavior of the min- and max-relative entropies is characterized by considering the hypothesis testing relative entropy, defined between two states  $\rho, \sigma$  and for any  $0 < \eta \leq 1$  as [79]

$$S_H^\eta(\rho \| \sigma) = -\log \min_{\substack{0 \leq Q \leq \mathbf{1} \\ \text{tr}(Q\rho) \geq \eta}} \eta^{-1} \text{tr}(Q\sigma) . \quad (\text{S.6})$$

This relative entropy measure has the property that it is approximately equivalent to the smooth min- and max-relative entropies up to terms that depend only on  $\epsilon$  (and not the system size) [34, 79]: For  $0 < \epsilon < 1/2$ , we have

$$S_{\mathbb{H}}^{1-\epsilon^2/6}(\rho \parallel \sigma) - \ln\left(\frac{1-\epsilon^2/6}{\epsilon^2/6}\right) \leq S_{\min}^{\epsilon}(\rho \parallel \sigma) \leq S_{\mathbb{H}}^{1-\epsilon}(\rho \parallel \sigma) - \ln(1-\epsilon) ; \quad (\text{S.7a})$$

$$S_{\mathbb{H}}^{2\epsilon}(\rho \parallel \sigma) - \ln(2) \leq S_{\max}^{\epsilon}(\rho \parallel \sigma) \leq S_{\mathbb{H}}^{\epsilon^2/2}(\rho \parallel \sigma) . \quad (\text{S.7b})$$

Hence, to show that the min- and max-relative entropies  $S_{\min}^{\epsilon}(\rho_n \parallel \sigma_n)/n$  and  $S_{\max}^{\epsilon}(\rho_n \parallel \sigma_n)/n$  asymptotically collapse to the same value, it suffices to show that for any  $0 < \eta < 1$ , the quantity  $S_{\mathbb{H}}^{\eta}(\rho_n \parallel \sigma_n)/n$  converges to a value that is independent of  $\eta$ . Indeed, the additional terms in (S.7) vanish because of the  $1/n$  prefactor in the  $n \rightarrow \infty$  limit.

**Theorem S.2.** *Consider a lattice  $\mathbb{Z}^d$  of spatial dimension  $d$  and suppose that  $\rho$  is translation invariant and ergodic. Consider a translation-invariant Hamiltonian  $H = \sum_{z \in \mathbb{Z}^d} h_z$ , where  $h_z$  is the lattice-translated version of a fixed term  $h_0$  with support on a finite number of sites. For any hypercubic subregion of side length  $\ell > 0$ , let  $n = \ell^d$  and let  $H_n$  be the translation-invariant Hamiltonian truncated to contain only those terms supported on the finite region  $\{0, \dots, \ell - 1\}^d$  of the lattice. Let  $\gamma_n = e^{-\beta H_n} / \text{tr}(e^{-\beta H_n})$  be the Gibbs state associated with the Hamiltonian  $H_n$  on the finite subregion. Then, for any  $0 < \eta < 1$ ,*

$$\lim_{\ell \rightarrow \infty} \frac{1}{n} S_{\mathbb{H}}^{\eta}(\rho_n \parallel \gamma_n) = \lim_{\ell \rightarrow \infty} \frac{1}{n} S(\rho_n \parallel \gamma_n) =: s(\rho) , \quad (\text{S.8})$$

and these limits exist.

Theorem S.2 is a version of Stein's lemma for ergodic states and local Gibbs states. It is proven using techniques that are heavily inspired from Refs. [69, 70, 81–84].

The above theorem may be combined with Theorem S.1 to prove the main result of the paper. For an ergodic state  $\rho$  and truncated local Gibbs states  $\gamma_n$ , applying Theorem S.2, we have thanks to (S.7) for  $\epsilon > 0$ ,

$$\lim_{\ell \rightarrow \infty} \frac{1}{n} S_{\min}^{\epsilon}(\rho_n \parallel \gamma_n) = \lim_{\ell \rightarrow \infty} \frac{1}{n} S_{\max}^{\epsilon}(\rho_n \parallel \gamma_n) = s(\rho) . \quad (\text{S.9})$$

We may define

$$S_{n,\epsilon} = \frac{1}{2} [S_{\max}^{\epsilon}(\rho_n \parallel \gamma_n) + S_{\min}^{\epsilon}(\rho_n \parallel \gamma_n)] ; \quad (\text{S.10a})$$

$$\Delta_{n,\epsilon} = \frac{1}{2} [S_{\max}^{\epsilon}(\rho_n \parallel \gamma_n) - S_{\min}^{\epsilon}(\rho_n \parallel \gamma_n)] , \quad (\text{S.10b})$$

which satisfy thanks to (S.9)

$$\frac{1}{n} S_{n,\epsilon} \xrightarrow{n \rightarrow \infty} s(\rho) ; \quad \frac{1}{n} \Delta_{n,\epsilon} \xrightarrow{n \rightarrow \infty} 0 . \quad (\text{S.11})$$

We may apply [Theorem S.1](#) to each  $n, \epsilon$  with the given  $S_{n,\epsilon}, \Delta_{n,\epsilon}$ . This shows that there exist processes to convert  $\rho_n$  to  $\gamma_n$ , and vice versa, with corresponding work cost, coherence cost and accuracy given by [\(S.3\)](#) and [\(S.5\)](#). With [\(S.11\)](#), it can be verified that the magnitude of the work cost per copy is equal to  $\beta^{-1}S_{n,\epsilon}/n \rightarrow \beta^{-1}s(\rho)$  to leading order for both protocols, and the error terms go to zero when taking the limits  $n \rightarrow \infty$  and then  $\epsilon \rightarrow 0$ . Similarly, the coherence cost per copy as well as the inaccuracy both vanish in these limits. This is [Theorem II](#): The transformations  $\rho \rightarrow \gamma$  and  $\gamma \rightarrow \rho$  are possible at a work cost rate (work yield rate) of  $\beta^{-1}s(\rho)$  with sublinear requirement of coherence; the accuracy can furthermore be arbitrarily good. (In fact, the two limits  $n \rightarrow \infty$  and  $\epsilon \rightarrow 0$  can be taken simultaneously if  $\epsilon$  goes to zero slowly enough; see details in Ref. [\[62\]](#).)